



ICE® Athletic Center
2010-2011
Cheerleading Information Packet

ICE® Gym
6393 Cross Creek Blvd.
Fort Wayne, IN 46818
Phone: 260-489-1423
Fax: 260-489-1423

Administrative Staff:

Darlene Fanning – Owner
Dexter Crawford – Fort Wayne Cheerleading Program Director
Haley Wood – Dance Program Director
Lisa Filbert – Mishawaka Cheerleading Program Director
Andrew Weiss – Communications Director
Liz Baatz – Fort Wayne Front Desk

Coaching Staff:

Dexter Crawford: Senior 5 Head Coach , Senior 3 Head Coach and Youth 3 Assistant Coach
Derek Johnson: Senior 3 Assistant Coach
Dan Haggenjos: Youth 2 Assistant Coach
Kaley Collier: Senior 4 Head Coach and Youth 2 Head Coach
Jess Kuhn: Youth 2 Head Coach and Youth 3 Head Coach
Amy Yoder: Senior 5 Assistant Coach
Jerrell Owens-Robinson: Tumbling instructor

Parent Club:

Terri Reed
Heather White
Kim Horner
Lenee Kruger

Section I: Expenses

All payments should be made out to ICE® Athletic Center
Please collect and keep all receipts given to you from the front desk.

Annual Membership Fee = \$30.00

Monthly All-Star Team Tuition = \$100.00 (\$50.00 each additional child)

Monthly Tuition is managed through ABC Financial and will be automatically deducted from a bank account or charged to a credit card on the 1st of each month. An authorization Agreement must be filled out to begin this process. A written 30 day notice must be given to the Cheerleading Program Director if you wish to cancel the membership for any reason. If the member is injured, monthly tuition will be discounted 50% if and when a doctor's note is turned in to the Cheerleading Program Director. A medical release will be required to return to practice from an injury.

Try-Out Fee = \$0.00

Competition Fees = Approximately \$800.00

Competition Fees will be divided into four (4) payments of \$200.00. Payments will be collected on or before September 1st, November 1st, January 1st, and March 1st.

The March 1st payment may be more or less than \$200.00 depending on the competition attended. In March, you may be asked for additional payment, or issued a credit to your account.

Level 5 teams should expect larger competition fees as they will be traveling to additional competitions.

These payments WILL NOT be automatically deducted from your ABC Financial agreement and MUST be paid at the front desk. A \$25.00 late fee will be charged if the payment is not received on or before the outlined due dates.

Worlds Team Deposit = \$200.00

All Elite Level 5 World's team members will be required to pay a \$200.00 deposit that is NON-REFUNDABLE for any reason. This will be credited into the members competition account to help pay for Dallas and World's.

Choreography = \$285.00

Each team will be required to attend choreography to learn the routine that they will be performed this season. Renowned choreographers will be creating the routines this year. This fee will cover the cost of music and any additional changes needed to be made throughout the year. If you join the team after choreography has been taught you are still required to pay this fee. This fee is NON-REFUNDABLE for any reason.

Level 1 thru 4 Uniforms = \$265.00

We will be wearing the same uniform as 2009-2010. If you do not have a uniform from last year or need a new size, you will need to be sized and order a new uniform. Payment is due before the order is placed.

Level 5 Uniforms = \$320.00

We will be wearing the same uniform as 2009-2010. These uniforms will be worn for 2 years. If you do not have a uniform from last year or need a new size, you will need to be sized and order a new uniform. Payment is due before the order is placed.

Shoes = \$65.00

We are ordering the same No Limit shoes as 2009-2010. All orders will be taken through the front desk at ICE®. Payment is due before the order will be placed. (Multiple orders will be placed throughout the season)

Navy Warm Up = \$75.00

Gold Spirit Innovations Warm Up = \$215.00

An ICE Warm Up is required for all levels 1 thru 5 at competitions. These are considered to be a part of your ICE uniform and must be respected like one. Levels 1 thru 4 members may choose between either of the two Warm Up choices. Level 5 team members are required to purchase the Gold Spirit Innovations Warm Up. Warm Up fittings will be at the same time as Uniform fittings. Payment is due before the order is placed.

Team Practice Outfit = Approx. \$50.00

The Team Practice Outfit consists of a tank top and shorts. This is required for all team members' levels 1 thru 5. Payment is due before the order is placed.

Bow = \$20.00

This is required to be purchased and worn with your uniform. Payment is due before the order is placed.

Make Up = \$50.00

All cheerleaders will be required to wear the same make up. This is Janee P make up from last year. This will need to be ordered if you do not have one from last year or need a new set. Payment is due before the order is placed.

Back Pack = \$45.00

All cheerleaders will be required to purchase an ICE Back Pack. This will need to be ordered if you do not have one from last year or need a new one. Payment is due before the order is placed. ICE will be embroidered down one strap of the Back Pack. It is optional to have the team members name embroidered down the other strap. ICE will not be responsible for having the name embroidered; this can be done on your own through Sports Center.

Additional Information:

- If you join the team after the try out date, you will still be required to pay all the fees listed.
- All ICE apparel must be ordered through either ICE gym. All logos are a registered trademark. Individual or team shirts must be approved by Darlene Fanning prior to printing. Sports Center in Fort Wayne has been designated as our local embroidery and screen printing shop and is the ONLY place authorized to print or use the ICE name/logo.

Section 2 : Dress Code

In the Gym:

- No jewelry including: ear, nose, tongue, eye brow, or belly button. Wearing these items could result in serious injury to yourself or another member.
- Members are not allowed to wear only a sports bra as a top. Tanks or T-shirts must be covering sports bras during practice.
- No blue jean cut offs or baggy shorts allowed.
- Teams may be required to wear their practice uniforms on scheduled days. They are part of the team uniform and should be treated as such.

- Hair must be all the way up and kept out of your face during practice.
- Fingernails must be kept short. NO FAKE FINGERNAILS ALLOWED. Having these could result in serious injury to yourself or another member.
- All cell phones must be left outside of the practice area. It is recommended that it is kept in a locker with a secure lock on it. ICE is not responsible for lost or stolen items.

At Competitions:

- No nail polish.
- No jewelry is to be worn at ANYTIME during a competition. This can result in penalty points for your team.
- ICE Warm Ups can be worn at anytime. Warm Ups are considered part of your uniform.
- ICE Practice Uniforms should be worn at the appropriate time as designated by your coach.
- ICE T-shirts are the only article of clothing that can be worn over your ICE Uniform.
- At NO time is it allowed to mix and match parts of your uniform with other pants, shorts, flip flops, or Ugg type boots.
- Good sportsmanship, polite manners and a kind disposition are required from all ICE team members at any ICE event and/or competition.

Section 3 : Attendance

- Attendance is kept at all practices. If you know of a school function or something important that may make you late or absent for a practice, please let your coach know well in advance by filling out an absence request form.
- Most teams will be able to work around school sports as long as the other coach is also willing to work around ICE. Please give your ICE coach your school schedule so we know when to expect tardiness due to school sports.
- Excessive absences before a competition due to sickness or other sports may result in being removed from the competition with no refund.
- World's team members will NOT be allowed to go on Spring Break vacation or participate in sports that will inhibit important team practices. Please notify Darlene of all extracurricular activities you plan on participating in and any family vacations.
- All absences require an absence request form to be filled out and turned in so that it can be recorded on the calendar and the coaches are aware. If there is a sickness please call the gym to report an absence.

Section 4 : Injuries

Cheerleading is a highly strenuous and dangerous sport. Stunts and tumbling can lead to injuries. These may include BUT ARE NOT LIMITED TO: bruises, pulled and strained muscles, torn or strained ligaments, broken bones and dislocations. ICE will take every precaution to limit these. All of the ICE staff is highly trained and certified to teach safety and prevent such injuries. However, we cannot prevent them all. In the event of an injury, ICE will take every necessary step to ensure your child's well-being.

Expenses and Attendance during injuries:

- Team members will continue to attend regular squad practices.
- They will only be responsible for half the monthly fees (\$50.00).
- If you do not attend practices or continue paying dues, your spot on the team will be forfeited.
- In the event of a competition, the injured team member will be expected to pay the competition fee. The replacement team member will be doing the team a favor.

Section 5 : Conditioning

- All Star Cheerleading is a very competitive sport. Therefore, all ICE athletes are expected to be in top physical shape. This includes flexibility, strength, and endurance.
- Cheerleaders are expected to participate in all of the conditioning exercises required of the team. This includes all levels 1 thru 4. Although Level 5 team members may condition harder and differently, all members will condition.
- If a cheerleader cannot participate in the required conditioning, then he or she probably should not participate in the sport.
- All conditioning is related to the sport and will ensure better performance by the team members.

Section 6 : General Gym Information

Parents:

- If there are problems or concerns contact your coaches, the Program Director at the gym, or Darlene Fanning.
- If there are financial issues contact the Program Director at the gym and/or participate in the ICE Parent Club fundraisers.
- Please DO NOT gossip about other team members, teams, schools or parents.
- During practice the parental opinion will not be taken into consideration. All teams and routine decisions are made by the choreographer and coaches.
- NO arguing or question of the coaching staff's decisions is permitted EVER.
- Parents are never allowed to represent ICE under any circumstances concerning accommodations, competitions and/or in any other situation.
- Parents, friends and relatives are to remain in the lobby at all times and are not permitted in the gym. Practices are CLOSED PRACTICES to insure the most productivity as possible.
- It is the parent's responsibility to be aware of information regarding the squad at all times. Paper work is available at the gym and information will be posted on the bulletin boards as well as on the website www.ice-cheer.com

Team Members:

- The addition and/or dismissal of any team member are SOLELY up to the discretion of the coaches, Program Director, and/or Darlene.
- All team members and ICE family will show good sportsmanship at all times. Please remember every team member in this gym is a asset to our program. Always try to acknowledge anyone wearing ICE.
- Practices may be changed and or added throughout the season. As we get closer to competition it is likely that extra practices will be required.
- Practices are CLOSED PRACTICES to insure the most productivity as possible.

Competitions:

- Competition information will be sent out and posted on the website as soon as the information is available. All competition information is subject to change.
- Each team will be assigned another team to watch at competitions; however, you are encouraged to watch and cheer on all the other ICE teams.

**If you have any questions, concerns, comments or problems please contact the Program Director:
Dexter@ice-cheer.com**

ICE® Try Outs 2010-2011 Season

Please bring this form with you along with a current picture of your son/daughter and a copy of their Birth Certificate to try outs.

We do hereby conclude that I have read and understood all information provided in the try out packet. I understand that dates, teams, rules, and schedules are at the discretion of the ICE® coaching staff. By initialing the following I do hereby constitute that I agree to abide by the specifics outlined in the try out packet.

Section 1: Expenses-I agree to pay all of the expenses outlined in the try out packet. I also understand that there are absolutely NO REFUNDS!

_____ Parent Initials
_____ Cheerleader Initials

Section 2: Dress Code-I agree to abide by all of the dress code rules.

_____ Parent Initials
_____ Cheerleader Initials

Section 3: Attendance-I agree to abide by all of the attendance rules.

_____ Parent Initials
_____ Cheerleader Initials

Section 4: Injuries and Procedures

_____ Parent Initials
_____ Cheerleader Initials

Section 5: Conditioning

_____ Parent Initials
_____ Cheerleader Initials

Section 6: General Information

_____ Parent Initials
_____ Cheerleader Initials

Parent Signature/Date

Cheerleader Signature/Date

Try Out Check List

- ___ Completed new ICE® Member Registration Form
- ___ Read ICE® 2010-2011 Try Out packet
- ___ Initialed ICE® 2010-2011 Information Packet
- ___ Attached current photo of my cheerleader to Initial Form
- ___ Signed Medical Release Form (On the back of Member Registration Form)
- ___ Paid \$30.00 Annual Registration Fee