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News &amp; Information

## Cranford Based Central Jersey Allstar Cheerleading Teams Place First and Second in the Athletic Championships World Bid Platinum Event in Providence, Rhode Island

By Central Jersey Allstar Cheerleading  
3/9/2010



The Central Jersey Allstar Cheerleading Large Senior 4 Team took 1st Place in their division and was awarded the Grand Champion title of Level 4 at the Athletic Championships in Providence, Rhode Island which took place in January.

It was an award winning weekend competition for the Cranford based, Central Jersey Allstar teams also known as "CJA." Their Youth Level 1, Small Junior Level 2 and Small Junior Level 3 all took 2nd Place in the Athletic Championship Series. This is the largest competition in the Northeast and featured the Northeast's largest World's Bid opportunity with close to 250 teams and 2 fully paid and 6 at large bids to the Cheerleading Worlds. The Athletic Championships Providence is the largest cheer and dance event in New England with an attendance of close to 5,000 athletes.

Central Jersey Allstars (CJA) is a 14 year-old non-profit, award-winning competitive cheerleading organization for boys and girls of all ages and skill levels. Headed by Patty Ann Romero and her staff of talented, experienced, and dedicated coaches, CJA is focused on providing the necessary training for young athletes, between the ages of 5 and 19, to compete in the competitive cheer arena. Located at 1 Commerce Drive, in Cranford, New Jersey, athletes come to CJA from all over the New York metro area, but mainly from northern and central New Jersey.

The young athletes have a wealth of experiences as a result of their participation in the CJA program. They learn how to condition their bodies, which helps to ensure a life-long desire for physical fitness; they learn how to persevere and be poised when demands are high and the pressure is intense; they learn teamwork; and they learn to balance school work with other priorities. Above all, each athlete gains a sense of self-respect and determination that can be otherwise very difficult for young people to attain today.

To learn more about the nationally renowned, highly competitive allstar cheerleading program for girls and boys of all age and ability levels, visit [www.centraljersevalstars.net](http://www.centraljersevalstars.net)

**Photo above:** *CJA Large Senior 4 Team and 1st and GRAND CHAMPIONS of Level 4 at The Athletic Championships in Providence, Rhode Island.*

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