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Suburban News

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Cranford-based Central Jersey Allstar Cheerleading team places first and second in Nationals

By Suburban News
March 09, 2010, 10:16AM



WE'VE GOT SPIRIT, YES WE DO — CJA Small Senior 5 Team won first place at the 2010 CHEERSPORT National Champions in Atlanta, GA.

Cranford — The Central Jersey Allstar Cheerleading Small Senior 5 Team announced they took first place, naming them National Champions at the CHEERSPORT 2010 National Cheerleading and Dance Championship in Atlanta, Georgia in February.

Central Jersey Allstars (CJA) Large Senior 4 and Small Junior 3 teams came back to New Jersey as second place winners and Small Junior 2 placed seventh. CHEERSPORT hosts the worlds largest National Cheerleading and Dance Championships featuring Cheerleading World's Bid opportunities with over 900 teams competing.

Central Jersey Allstars (CJA) is a 14-year-old non-profit, award-winning competitive cheerleading organization for boys and girls of all ages and skill levels. Headed by Patty Ann Romero and her staff of talented, experienced, and dedicated coaches, CJA is focused on providing the necessary training for young athletes, between the ages of 5 and 19, to compete in the competitive cheer arena. Located at 1 Commerce Dr. in Cranford, athletes come to CJA from all over the New York metro area, but mainly from northern and central New Jersey.

The young athletes have a wealth of experiences as a result of their participation in the CJA program. They learn how to condition their bodies, which helps to ensure a life-long desire for physical fitness; they learn how to persevere and be poised when demands are high and the pressure is intense; they learn teamwork; and they learn to balance school work with other priorities. Above all, each athlete gains a sense of self-respect and

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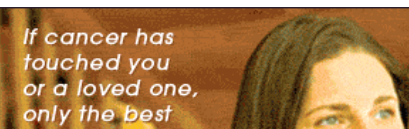
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determination that can be otherwise very difficult for young people to attain today.

To learn more about the nationally renowned, highly competitive all-star cheerleading program for girls and boys of all age and ability levels, visit centraljerseyallstars.net.

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