

2010 APRIL INVASION OPEN WORKOUTS!

CONNECT All-Stars provides the unique opportunity to experiment with the sport of cheerleading April! Males and females of all ages, levels and experience are welcome! Take the opportunity to learn tumbling, stunting and dance skills while meeting and getting to know the current CONNECT All-Stars Coaches!



April Workouts (Monday April 5th - Friday April 30th):

- ◆ **Beginner—Intermediate Athletes (All star levels 1-3)**, Mondays and Thursdays 6:00-9:00pm
- ◆ **Intermediate/Advanced Athletes (All star level 4)**: Sundays 2:00-5:00, Wednesdays 6:00-9:00pm
- ◆ **Advanced Level 5 Athletes (must have KC's approval to attend)**: Sundays and Tuesdays 6:00-9:00pm

TUMBLING and TOP GIRL CLASS SCHEDULE:

Sundays

12:00-1:00pm: Tumbling 3/4
1:00-2:00pm: Tumbling 1/2
1:00-2:00pm: Top Girl
2:30-3:30pm: Tumbling 3/4/5
4:30-5:30pm: Tumbling 4/5

Mondays

4:30-5:30pm: Tumbling 1/2
4:30-5:30pm: Tumbling 3/4/5

Tuesdays

5:00-6:00pm: Tumbling 3/4/5
5:00-6:00pm: Top Girl
6:00-7:00pm: Tumbling 1/2

Wednesdays

5:00-6:00pm: Tumbling 3/4/5
6:00-7:00pm: Tumbling 1/2

Thursdays

4:30-5:30pm: Tumbling 1/2/3



Pricing:

*2009-2010 CONNECT athletes pay monthly tuition only.

New Athletes as follows:

Females:

\$145 - 3-4 week session
\$135 - 1-2 week session

Males:

\$100 - 3-4 week session
\$75 - 1-2 week session

Private lessons available upon request. Contact KC for scheduling.

Tumbling classes are \$50/month for unlimited classes
\$15 for 1 drop-in class

Checks made payable to: **Connect All Stars**

TEAM PLACEMENT DAY: SATURDAY MAY 8th

10:00AM-1:00PM AGES 14 AND YOUNGER

1:30PM-4:30PM AGES 15 AND UP

5:00PM-7:00PM SENIOR LEVEL 5 (by invite only)

Contact Kristen "KC" Couch
for more information!
coachkc@connectallstars.com
www.connectallstars.com

****MS Walk Community
Service Performance****

**Sunday, April 11th @ 7:45
AM, Husky Stadium**

Everyone is welcome!





