

# UTAH XTREME C H E E R

## August 2010 Newsletter

August 1, 2010

### UXC Sleepover & Pool Party!!!

This year, Utah Xtreme Cheer will continue its tradition of having a team sleepover the last night of choreography!!! On Friday, August 13<sup>th</sup>, plan on staying the night at UXC for games, movies and lots of fun! This sleepover is for the Senior 2/3 team as well as Senior 4/5! If your team already had choreography earlier in the week, then just plan on arriving to UXC at about 7:30 p.m. on August 13<sup>th</sup>. We will play games, watch movies and have a great time! The UXC "Open" Team has choreography the next morning, so please have rides pick you up no later than 9:00 a.m. Saturday (14<sup>th</sup>) morning.

In addition to a UXC All-Team sleepover, Kayla and Marissa Moulder have planned a pool party for Saturday, August 14<sup>th</sup> at their house! The party will go from 5:00 p.m.- 12:00 a.m. All athletes on the senior 2/3 and senior 4/5 are encouraged to come! This will be a great night filled with lots of fun!

### USASF Reminder!!!

This is just a reminder about USASF athlete membership money. If you are interested in becoming a USASF Member Athlete, please send your \$25 to UXC no later than the 5<sup>th</sup> of August. Also, in addition to the \$25, please provide UXC with a copy of your child's birth certificate. UXC will need a copy in case we are asked to verify someone's age at any competition. Thank you! Please refer back to the July Newsletter for more information about the USASF or visit

[www.usasf.net](http://www.usasf.net).

### UXC August Cheerleader of the Month



**Kasie Wilkinson**

Hi my name is Kasie!

I am 9 years old and have been cheering since I was 7 years old with UXC. My Auntie Sarah is the one who got me into cheerleading; she was a cheerleader & told me about UXC.

In just the short time I have been cheering I have learned to do, Toe Touch Back Handspring, Round Off Back Handspring, Cartwheel Back Handspring & 7 Back Handspring in a row. I am working on my Round Off Handspring Tuck, I should have it by before our 1<sup>st</sup> competition!

My favorite colors are the UXC colors & I like pink. I go to Blessed Sacrament School, I will be in the 4<sup>th</sup> grade this year and my favorite subjects are; art, science and reading!

I want to get a cheer scholarship to the University of Hawaii, where I can cheer & learn to become a Life Flight Nurse!

The things I love most about cheer are, my coaches Morgan, Kory & Beacon (Brian)! Working hard & learning new things. I love my team and how we are always encouraging each other to work hard & do better, as a team!

pg. 1

[www.utahxtremecheer.com](http://www.utahxtremecheer.com)

# UXC August 2010 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 YOUTH TRIO - 4:00-5:30 P.M.  SENIOR 4/5 - 5:30-8:00 P.M.	3 SENIOR 2/3 - 7:00-9:00 P.M.	4 YOUTH TRIO - 4:00-5:30 P.M.  SENIOR 4/5 - 5:30-8:00 P.M.	5 SENIOR 2/3 - 7:00-9:00 P.M.	6	7 ALL TEAM PRACTICE 8:00- 9:30 AM  OPEN TEAM PRACTICE 9:30-11:30 A.M.
8	9 YOUTH TRIO CHOREOGRAPHY 9:30 A.M.-12:00 P.M.  INDIVIDUALS/DUOS AND TRIOS - CHOREOGRAPHY THIS DAY	10 SENIOR 2/3 CHOREOGRAPHY 9 A.M.-5 P.M.	11 SENIOR 2/3 CHOREOGRAPHY 9 A.M.-5 P.M.	12 SENIOR 4/5 CHOREOGRAPHY 9 A.M.-5 P.M.	13 SENIOR 4/5 CHOREOGRAPHY 9 A.M.-5 P.M.  SENIOR 2/3 & SENIOR 4/5 SLEEPOVER!!!!	14 OPEN TEAM CHOREOGRAPHY 9 A.M. - 5 P.M.  SENIOR 2/3 & SENIOR 4/5 - POOL PARTY AT MOULDER'S!!!
15	16 NO TEAM PRACTICE	17 NO TEAM PRACTICE	18 NO TEAM PRACTICE	19 NO TEAM PRACTICE	20 NO TEAM PRACTICE	21 NO COMBINED PRACTICE  OPEN TEAM PRACTICE 9:30-11:30 A.M.
22	23 YOUTH TRIO - 4:00-5:30 P.M.  SENIOR 4/5 - 5:30-8:00 P.M.	24 SENIOR 2/3 - 7:00-9:00 P.M.	25 YOUTH TRIO - 4:00-5:30 P.M.  SENIOR 4/5 - 5:30-8:00 P.M.	26 SENIOR 2/3 - 7:00-9:00 P.M.	27	28
29	30 YOUTH TRIO - 4:00-5:30 P.M.  SENIOR 4/5 - 5:30-8:00 P.M.	31 SENIOR 2/3 - 7:00-9:00 P.M.	SEPT. 1 YOUTH TRIO - 4:00-5:30 P.M.  SENIOR 4/5 - 5:30-8:00 P.M.	SEPT. 2 SENIOR 2/3 - 7:00-9:00 P.M.	SEPT. 3	SEPT. 4 ALL TEAM PRACTICE 8:00- 9:30 A.M.  OPEN TEAM PRACTICE 9:30-11:30 A.M.

## UXC Nationals!!!

Nationals will be here before we all know it! With Vegas coming up in December and then Florida in April 2011, it's never too early to start planning your travel arrangements now! Remember, UXC will take care of competition fees and hotel for all athletes (included in your monthly dues), but it is the responsibility of parents to plan travel to and from Las Vegas, NV and Orlando, FL.

## Past UXC Newsletters

UXC posts all past newsletters online at [www.utahxtremecheer.com](http://www.utahxtremecheer.com), under "Gym News." If you need any information from a past article, please visit our website!

## UXC Team Picture Day

Utah Xtreme Cheer is going to have an official Team Picture Day either at the end of September or the beginning of October. We have not set an exact time yet, as we are uncertain as to when the "Open" Team uniforms will be arriving. We will send out the exact dates and times once we know what they will be. Please watch your e-mail for an update on the date and times.

The picture day will be held at *Faces Photography* in Draper, Utah! This awesome studio is working with us to plan different packages that would best accommodate our needs. Faces Photography is also happy to customize packages for you if the set packages do not fulfill your needs. More information about our team picture day will also be sent out via e-mail!