



Cheer University Mid-Season All Stars

2015 – 2016 Information Packet

CU's Mid-Season All Star program is a great way to get the experience of All Star Cheerleading. It is perfect for anyone 6 – 18 years old, interested in competitive cheerleading, either for the first time, or current cheerleaders to continue competing in their off season. Our Mid Season program offers the same great All Star training with less of a financial obligation. The teams will compete in 4 quality local competitions with no overnight travel. (Competition schedule is attached).

EVALUATIONS

All athletes 6-14 years old will need to attend a skills evaluation due to the fact that they could be placed on multiple teams based on the USASF age guidelines and their abilities. We will do our best to accommodate groups that register together and scheduling conflicts, but must first consider what is best for the athlete's safety, learning experience, and the effect on the team on which they are placed.

All athletes 15-18 years old will not need to attend a skill evaluation due to the fact that they can only be placed on a Senior level based on the USASF age guidelines.

Skill Evaluations will be held for 6-14 year olds only on Saturday, November 21st & Sunday, November 22nd 3:00 - 6:00pm. All athletes will need to attend only 1 day of the skill evaluations. They may come any time during the time period. Parents should stay during that time. The athletes will be released as soon as they are evaluated

PRACTICES

- ★ All teams will practice 2 nights per week.
- ★ Practices will begin the week of December 14th.

Practice Schedule:

Charmed (Youth)	Monday	5:00pm – 6:30pm
	Friday	5:00pm – 6:30pm
Radiance (Junior)	Wednesday	5:00pm – 6:30pm
	Friday	6:30pm – 8:00pm
Prestige (Senior)	Monday	7:30pm – 9:00pm
	Wednesday	7:30pm – 9:00pm

CHOREOGRAPHY

- ★ Each team will have a scheduled time for choreography. It is very important that all athletes attend all of the times set for their choreography. Please note that everyone must pay the choreography fee whether your child attends the choreography dates or not. You are paying for your child's written spot in the routine.

Choreography Schedule:

Charmed (Youth)	Sunday	January 3 rd	9:00am – 12:00pm
	Saturday	January 10 th	9:00am – 12:00pm
Radiance (Junior)	Sunday	January 10 th	1:00pm – 8:00pm
Prestige (Senior)	Sunday	January 3 rd	1:00pm – 8:00pm



Cheer University

2015 – 2016 Mid-Season Competition Schedule

DATE

COMPETITION

2/21/16

Mardis Gras Nationals

Sun National Bank Center Trenton, NJ

3/13/16

WSF Liberty Bell Championship

Pennsylvania Convention Center Philadelphia, Pa

3/19/16

Wild West Open

Sun National Bank Center Trenton, NJ

4/16/16

Live! Philadelphia

Pennsylvania Convention Center Philadelphia, Pa



Cheer University

2015-2016 Midseason Expense Schedule

Item	Cost	Date Due
Registration/Insurance	\$50	At Sign Up
Monthly Tuition	\$45 December only \$90 Monthly January – April	1 st Practice 1 st of each month
Practice Attire (2 outfits & 1 practice bow)	\$100.00	1 st Practice
Uniform (New)	\$175.00	1 st Practice
Competition Bow (New)	\$20.00	1 st Practice
Choreography & Music	\$160.00	Before 1 st day of choreography
Competition Make Up	\$35.00	2/1/16
Sponsor T-Shirt	\$25.00	2/1/16
Competition Fees	\$291	
Payment 1	\$150.00	1/4/16
Payment 2	\$141.00	2/1/16

IMPORTANT:

- ★ All cheerleaders must wear any all white cheerleading sneakers. For those that do not have them, we will place an order for sneakers through Varsity when we get sized for uniforms. The cost of that sneaker is \$95.00. You may also purchase any cheerleading sneaker on your own. An email will go out to let you know when the order will be placed.
- ★ All payments must be paid by the above dates. Any late competition payments will result in you having to pay a higher price for the competition determined by the event producer.
- ★ Any Items ordered after the due date will be assessed additional shipping charges from the manufacturer since the order is not part of our bulk order.



Cheer University Mid-Season Team

Rules and Regulations

Attendance Policies:

1. **The following are excused absences from practice, as long as we are given prior notification:**
 - ★ Illness (too sick to attend practice and observe)
 - ★ Personal matter (must be discussed with a coach prior to)
 - ★ Class related school functions
 - ★ Religion Classes
2. **The following are considered unexcused absences:**
 - ★ Studying for a test/ homework
 - ★ Punishment
 - ★ Non class related school functions
 - ★ Winter/Spring Sports & Activities
 - ★ School Dances and other Social Activities

A coach must have prior notification of all absences for any reason. Be courteous and notify the coaching staff as soon as you know that you will be missing practice.
3. **Practices may be added when the coaching staff feels the team needs more time to prepare for a competition.**
4. **All competitions are mandatory!**

Miscellaneous Guidelines:

1. All Team members must come to practice in their set practice apparel.
2. If you are injured, it is required that you continue to come to practice in your practice apparel and observe.
3. No cheerleader may use their cell phone during practice time.
4. Inappropriate language will not be tolerated.
5. Posting negative comments on any social media regarding Cheer University, our staff, our athletes or any other all-star program will result in immediate dismissal from the program.
6. Challenging authority or giving any coach a hard time will not be tolerated.
7. The coaches reserve the right to close practices at anytime for any reason.
8. All team and routine decisions are left to the discretion of the coaches. Changing positions and moving a cheerleader to a different team is completely up to the coaching staff.
9. Cheerleaders **must attend all** competitions.
10. All cheerleaders must arrive to a competition at the set time for their team and are not permitted to leave until after their awards ceremony.
11. Unsportsmanlike conduct towards our opponents, fans in the stands or officials will not be tolerated. This rule applies to cheerleaders, parents and spectators. Please remember that you are representing Cheer University and are expected to uphold the highest standards.

Parent Obligations:

1. All registration and insurance forms must be filled out and handed in BEFORE your child's first practice.
2. Parents must make sure they pay their tuition on time. All fees are absolutely non-refundable.
3. For insurance purposes and for the safety of our athletes, no one other than staff members and students are permitted inside the gym area.
4. Any questions or concerns are always welcome and should be directed to the program staff. Ask for a conference with a coach or gym owner and we will be glad to set up a meeting and discuss your issues.
5. Posting negative comments on any social media regarding Cheer University, our staff, our athletes or any other all-star program will result in immediate dismissal from the program.
6. No profanity or abusive language.
7. Negative behavior towards a cheerleader, the gym, our staff, or another gym will not be tolerated.
8. Withholding a child from a practice should never be used as a form of punishment.

*****Any violation of any of these rules will result in disciplinary action and possibly dismissal from the program at the coach's and/or owners' discretion based on the severity of rule violations. *****



Cheer University

2015-16 Mid-Season Registration Evaluation Information Form

Name _____ Age _____ Date of Birth _____

Address _____ City _____ Zip _____

Parents/Guardians Names: _____

Home Phone _____ Parent's Cell Phone _____

Parent's Email Address _____

Cheerleader's Cell # _____ Cheerleader's Email _____

Previous Cheerleading Experience (if any): New to Cheerleading _____

Team _____ Level _____ How Many Years _____

Team _____ Level _____ How Many Years _____

Team _____ Level _____ How Many Years _____

Tumbling Experience (if any): (Check all Skills you can throw on the floor **without a spot**)

____ Forward Roll _____ Standing Multiple Back handsprings

____ Cartwheel or Round off _____ Round off Back handspring

____ Front Walkover _____ Round off Back Tuck

____ Back Walkover _____ Round off Back handspring Back Tuck

____ Standing Back handspring

____ Standing Multiple Back handsprings

Stunting Experience (if any): Position – (Check all that apply)

____ Flyer _____ Base _____ Back Spotter

Is there any day of the week that is ABSOLUTELY NO GOOD & REASON WHY:

Registration Payment \$50.00 Cash _____ Check #: _____ Credit Card: _____

Mid – Season Registration will end when team(s) have reached full capacity according to USASF guidelines. Hurry and get your Registration Form and Payment in by either dropping it off or mailing them ASAP. Registration will be on a first-come, first-serve basis based on receipt of Registration Form and Payment.