



ECE TUMBLE SCHEDULE

BEGINNER THROUGH ELITE TUMBLE! TRAIN WITH THE BEST!

MONDAY

	CLASS	TIME
	Stretch & Jump	4:00-5:00pm
	Strength & Conditioning	5:00-6:00pm
	Basic/Beginner Tumble	5:30-6:30pm
	Open Stunt & Tumble Gym	6:00-7:30pm

TUESDAY

	CLASS	TIME
	Stand Tuck/Full	4:00-5:00pm
	Stand HS	5:00-6:00pm
	Beg /Pink	5:00-6:00pm
	Run Tucks/ Red	4:45-6:00pm
	Boys Power Tumble	6:00-7:00pm
	Running Handsprings / Blue	6:45-8:00pm

WEDNESDAY

	CLASS	TIME
	Beg / Pink	4:00-5:00pm

THURSDAY

	TEAM	TIME
	Fulls & Doubles/Gold	5:45-7:00pm
	Run Handspring/Blue	6:45-8:00pm
	Layout/Silver	7:45-9:00pm



TUMBLE CLASSES AT ECE
\$60: 1 class a week/ per month
\$85: 2 classes a week/ per month

Team/Group Discounts Available
10 or more: \$80 for 8 weeks

INDIVIDUAL PRIVATE LESSONS
Non Team Members- \$40 for ½ hr.
\$30 per tumbler for 2 or more

Gain confidence, stay physically fit and have fun!