

## 2009-2010 Cheer and Dance Extreme Registration Policies

### To register an individual, stunt group, small group cheer/dance or star divisions

1. Complete Registration Packet for division you are entering

### To register a team for a Cheer and Dance Extreme competition event you must submit:

1. Completed Registration Form (One per organization/gym or studio)
2. Team Roster (One for EACH Team for cheer and performance number for dance)
3. Medical Waiver/Media Release (One for EACH participant and EACH coach - valid 09/01/08-08/31/09)
4. Payment in Full (If paying by credit card you must include CDE's credit card authorization form)

Please Print, Complete, and Submit these forms along with payment for the event(s) you are interested in to:

**CHEER AND DANCE EXTREME**  
**6717 LOWES LANE**  
**ELKRIDGE, MD 21075**  
**FAX: 410-799-8569**

### Registration Forms

Forms are available on-line at [www.cheeranddanceextreme.com](http://www.cheeranddanceextreme.com) or call our office 1-888-482-4337 or email [info@cheeranddanceextreme.com](mailto:info@cheeranddanceextreme.com) to have them faxed to you.

#### 1. Waiver Form

All participants and coaches must sign a Participant Waiver/Agreement form in order to compete/perform at any CDE event/competition. Forms must be turned in to the office (10) ten days prior to the competition to insure that all forms are properly filled out. Waivers are valid from September 1, 2009-August 31, 2010.

#### 2. Team Roster Form

A Team Roster must accompany EVERY competition registration form regardless if changes have been made. If a team adds a participant, a new add to roster form must be turned in for that new participant or coach. Crossovers must have an X next to their name in the CROSS Box. Crossovers pay FULL Price for the First Performance and Crossover price for Each Additional Performance. In case of an injury on site the day of the competition, a last minute substitute must be cleared in writing with the Event Director in order to compete with that said team. All substitutes must have a completed medical waiver form on file.

#### 3. Registration Form

An organization may have one registration form for all its team. However, each Team of that organization must have its own Team Roster Form. Any division changed made to the registration form will incur charges as set in our Division Changes.

#### 4. Credit Card Authorization Form

A Credit Card authorization form must be returned with all credit card payments. This form must be COMPLETELY filled out and legible. Forms that are not appropriately filled out will not be accepted.

### Registration Payment Policies

1. The first to register is the last to compete. If you are the first to register you can waive the right to compete first.
2. Full payment must be received the day of the registration deadline prior to any CDE competition. If CDE grants permission to pay the day of the event, CASH payment is the only method of payment accepted.
3. CDE accepts Money Order, certified checks, AMEX, Visa and Master Card and organization checks. Checks will only be accepted from Gyms, School, Organizations or Sponsors made out to: Cheer and Dance Extreme two weeks prior to the event. Personal Checks will NOT be accepted. Payment made after the deadline will need to be made by Money Order, Certified Check, or by Credit Card.
4. A convenience fee will be charged to teams or individuals paying by credit card for any transaction with CDE. A 3% fee on the total due will be charged including all registration fees.
5. Returned Check Policy: Checks that are return for any reason or credit cards that are denied after the event will be charged a \$50.00 return fee in addition to the principle amount. Checks will no longer be accepted as a method of payment from the team/individual/issuer in the future. Payment will only be accepted in the form of cashiers check, certified bank checks or CASH. Credit Card payment from the issuer is subject to approval. If collection activities require any attorney or collections fees, all fees will be the responsibility of the indebted party. Interest will be accrued on all balances outstanding for more than 30 days at the State of Maryland legal law rate.
6. Coaches Fees: Coaches listed on the registration form that are pre-paid or noted as FREE will be allowed to enter with the team. Dance teams will be allowed 2 Dance Coaches per Team not per division. Additional coaches that are NOT pre-paid prior to the day of the event must enter through the spectator door paying the spectator fee when the spectator entrance opens. Names of coaches may not be substituted the day of the event.
7. Deadlines: All registration forms and rosters must be received prior to the date of the competition registration deadline accompanied by payment. Team and/or Individual Registration form and Team Roster may be faxed to 410-799-8569 with Credit Card Payment. Cheer and Dance Extreme does not accept Medical Waiver/Media Release forms via Fax. We must have original waiver forms in our office (10) days prior to the competition to insure that all forms are properly filled out. Payment must be received in office by the registration deadline to insure performance placement and to not add late fees. If a payment is received AFTER the deadline, late charges will apply and there is NO GUARANTEE of registration unless confirmed by CDE.

### **Extended/Late Registrations**

1. If space is available, extended/late registrations will be accepted on a first come, first served basis. Extended Registrations, paying after the Final Deadline must register the Tuesday prior to any Championship event or within 10 days prior to Nationals. If Extended Registration is accepted, team/participant will ONLY be accepted with FULL PAYMENT in the form of a cashiers check, certified bank check or credit card payment. No team checks or personal checks will be accepted for these REGISTRATIONS. A Late Registration fee of \$100.00 per team or \$25.00 per registration for any other division will be applied on top of the standard final registration payment.
2. Cancellation policies will apply to all registrations including Extended/Late Registrations.

### **Refunds/Cancellations**

1. No Refunds will be offered for a No-Show or Scratch at a competition regardless of the circumstance. Any payment made by you will be retained by Cheer and Dance Extreme as damages to pay for the costs and expenses that Cheer and Dance Extreme incurs in such cancellation. No refund will be made if your team withdraws within (6 days) of the competition regardless of the issue. Trophies and awards have already been ordered.
2. Any hotel reservations made through CDE or its affiliates are non-refundable and non-transferable.

### **3. INCLEMENT WEATHER POLICY -- VERY IMPORTANT!**

It is rare that CDE cancels an event. However, if CDE cancels an event and it is not rescheduled, your team will receive a FULL Refund. In case of inclement weather you can check our website at [www.cheeranddanceextreme.com](http://www.cheeranddanceextreme.com) for Weather Updates. If the facility is open, the event will go on. Please make any necessary travel arrangements so that you will not have any problems making it to the event on time. No special favors or performance times will be granted to those who arrive late for any reason (weather or otherwise). Furthermore, no refunds will be given on any Cheer and Dance Extreme expenses. Please keep an eye on the local and national weather forecasts so that you are prepared for any inclement weather. In the event of poor conditions, Cheer and Dance Extreme will put an announcement on our phone line at 410-799-1390 with an update in the EXTREME case of cancellations.

### **Entries/Participant Information**

1. All participants competing in the competition must represent a studio, school, all star or recreation team. An individual performer, small group performer, star participant and/or stunt group participant does not need to be competing with a team the day of the event. These divisions are open to all to participate.
2. An official registration form must be completed for each entry submitted. All participants must have a medical waiver on file with Cheer and Dance Extreme for the current season. Forms can be mailed, faxed or downloaded on our website [www.cheeranddanceextreme.com](http://www.cheeranddanceextreme.com)
3. Early registration is encouraged – it will save you money. Cheer and Dance Extreme has the right to “close” registration at any time to insure a quality competition. Completed registration forms, rosters and medical waivers must be received no later than the deadline date for each competition. **NO ENTRIES ARE ACCEPTED ON THE DAY OF THE EVENT.**
4. There is no limit on the amount of entries a school, recreation, or all star team can submit. All entries are accepted on a first come-first serve basis.
5. Male and female individuals/stars compete in a combined division for all events, however, if 3 or more male and 3 or more female entries are received for said divisions it can be separated at Nationals. This is up to the discretion of Cheer and Dance Extreme.
6. Age/Grade is determined as follows: All Star, Dance, Recreation, Individual, Stunt Group – August 31, 2009. Scholastic Divisions - Grade as of current school year. Jump/Tumble star are participant's age the day of the registered event.
7. SUBSTITUTIONS may NOT be made the day of the event for a pre-registered individual. If the individual is a no-show or elects NOT to compete or complete a routine – No monies will be refunded. Prizes have already been ordered and judges' time allotted into our master schedule.
8. Any participant competing in a Cheer and Dance Extreme competition takes certain incumbent risks. These include, but are not limited to, sprains, pulled muscles and broken bones. Participation in this competition indicates acceptance of such risks by performers. Therefore, Cheer and Dance Extreme assumes no responsibility for personal injury or property loss.
9. By entering a Cheer and Dance Extreme competition, participants (i.e. dancers, cheerleaders, coaches, teachers, and choreographers) give their permission to Cheer and Dance Extreme to use their photographs, videos and/or likeness in any Cheer and Dance Extreme promotional effort without compensation.
10. Cheer and Dance Extreme does not discriminate, nor tolerates discrimination of any kind. We believe that every individual should have an equal opportunity to compete within the framework of our rules and guidelines published above.

### **Team Size**

1. A minimum of 5 participants constitutes a team. Those with fewer can elect to participate in small group or individual events.
2. All Star divisions have a maximum of thirty six (36) members
3. Recreation, School and Dance may have an unlimited amount of members.

### **CDE Rights**

CDE reserves the right to add, split, combine or delete divisions as well as move teams to appropriate divisions if necessary. This includes combining Small and Large size divisions with three or less teams to ensure a balanced and competitive event. Coed Division based on number of males will NOT be combined. No team member may be older than 19 years of age unless they are competing in an Open/College division. CDE reserves the right to cut off registration before the registration deadline due to overcrowding. CDE reserves the right to disqualify competitors that do not adhere to the division rules as well as those who break any other CDE rule/guideline.

### **Divisions & Division Changes**

1. Any team/individual choosing to switch divisions, once the order of appearance has been released or within 7 days or less prior to the event, will be charged an administrative fee of \$100.00. Any team/individual choosing to switch divisions after the order of appearance is released will be charged an administrative fee of \$300.00. We need to instill this charge to insure that our competitions stay fair and to uphold the integrity of the competition levels. If CDE makes the division change based on appropriate registration/legality, there will be no fee charged. CDE has the right to waive the division change fee as deemed necessary.

2. CDE will honor the 90% rule in the Recreation/Dance Divisions only.

### **3. Crossovers**

There is no limit to the number of crossovers a program can have, nor is there a limit teams that dual competitors can compete on, pending the crossover meets the age/grade requirement of the enrolled division. Team Rosters for all teams that the crossover competes on must be notated on the team roster. Crossovers are responsible for payment of the crossover fee for all additional performances.

### **DISCLAIMERS**

1. Any participant, coach or spectator competing or attending a Cheer and Dance Extreme competition takes certain incumbent risks. These include, but are not limited to, sprains, pulled muscles and broken bones. Participation in this competition indicates acceptance of such risks by performers. Therefore, Cheer and Dance Extreme assumes no responsibility for personal injury or property loss.

2. By entering a Cheer and Dance Extreme competition, participants (i.e. cheerleaders, dancers, coaches, teachers, and choreographers) give their permission to Cheer and Dance Extreme to use their photographs, videos and/or likeness in any Cheer and Dance Extreme promotional effort without compensation.

3. Cheer and Dance Extreme does not discriminate, nor tolerates discrimination of any kind. We believe that every individual should have an equal opportunity to compete within the framework of our Cheer and Dance Extreme's published rules and guidelines.

### **FORCE MAJEURE CLAUSE**

Neither party shall be liable in damages or have the right to terminate this Agreement for any delay or default in performing hereunder if such delay or default is caused by conditions beyond its control including, but not limited to, Acts of God, Government restrictions (including the denial or cancellation of any export or other necessary license), wars, insurrections, acts of terrorism and/or any other cause beyond the reasonable control of the party whose performance is affected.

## 2009-2010 Cheer and Dance Extreme General Event Policies

### **TEAM INFORMATION - BEFORE THE EVENT SCHEDULES & CONFIRMATION**

1. Once registration is received for a competition coaches will receive a confirmation email of receipt of the registration.
2. Cheer and Dance Extreme will release schedules for Classic and Open Championship Events at 5:00 pm EST the Wednesday prior to the event. Once the event list has been released, CDE will not allow level/division changes without penalty payment. The Grand – National Championship By The Sea will be released as a preliminary listing 10 days prior to the event and final 7 days prior to the event on our website. At all events an updated list will be provided to coaches at check in the day of the event. CDE will not give the order of performance information over the telephone.

### **RULE INTERPRETATION**

All official rule interpretation requests must be received at CDE's office 14 days prior to the event you are attending. Please keep a copy of what you send us as well as any correspondence received. It is the policy of CDE NOT to give specific rulings over the telephone. You can submit the video clip via email or Snail Mail. Please submit the "rule or skill in question" to the CDE office by submitting a full size VHS videotape or DVD or video clip. The clip must contain:

- 1.) A front, side and back view of the skill or section of routine in question.
- 2.) A written statement of the question/request concerning the ruling.
- 3.) Division, Team Name and Coaches Name.
- 4.) Complete mailing address, fax number, telephone number and email address of contact person for the ruling.

Mail to: Cheer and Dance Extreme Rule Interpretations  
6717 Lowes Lane  
Elkridge, Maryland 21075

Email to: [info@cheeranddanceextreme.com](mailto:info@cheeranddanceextreme.com)

Subject Line: Rule Interpretations /Name of Event Attending

### **TEAM INFORMATION - DAY OF THE EVENT**

#### **TEAM ENTRANCE INTO VENUE**

1. Teams and coaches will enter through a designated Team Entrance ONLY area. This will be marked with a CDE Participant Sign. Please note: Parents of younger children will NOT be permitted to enter with their child. Please speak with your parents prior to arriving at the competition. We will NOT accept any parent/spectator admittances through the team door. This will allow our staff to move the teams inside in a timely fashion especially in the case of inclement weather.

#### **CHECK IN – ON SITE REGISTRATION**

1. All teams are required to check-in upon entering the venue. Only pre-paid / designated coaches will be permitted to enter with the team participants. All participants will be counted and all coaches counted. Coaches will receive the day's schedule, other pertinent information and giveaways. Registration/Check In times will be listed on the Order of Performance.
2. CDE recommends teams arriving at venue at least one hour prior to your scheduled warm-up time. CDE will not stop an event to "Catch up" to the schedule. We will continue on with the competition.

#### **COACHES MEETING/QUESTIONS – Some events will offer a coaches briefing – some will not. Check each event.**

1. There will be one coach's meeting/briefing per session. We ask that **ONE Coach per team/Gym** to attend. At this meeting we will provide you with last minute schedule changes. You will also have the opportunity to meet the safety/deduction judges, CDE's Director of Judges or Head Judge and review warm-up rotations. Coaches Meeting times will be listed on the itinerary/order of performance on our website. The location of the coaches meeting will be listed on the order of performance or available at the CHECK-IN Table.
2. Cheer and Dance Extreme's Head Judge and/or Director of Judges will attend coaches meetings. This is NOT the time to go over level and/or technical stunting questions. CDE's Head Judge will address basic safety violations, out of bounds and answer questions.
3. Our goal at CDE is to offer excellent customer care and be there for our coaches. You can always ask an Extreme Staff Member. We have communication equipment in our KEY area of our events. If they do not know the answer they will seek out an Executive Team Member to help you. You can always visit Cheer and Dance Extreme's Check-in and Information Booth. During the competition, you are not to approach the judges table but channel your questions through an Event Director. The Event Directors will be introduced at the Coaches Meeting. Please do not approach the judges table.

#### **WARM-UP SCHEDULE/EQUIPMENT/LOCATION**

1. CDE will follow a **very specific and strict schedule** of team warm up rotations for our events. We schedule warm-up time to allow the competitor to adequately stretch and run through routines. Please refer to the order of performance schedule for your warm-up times. Please see each event to verify what equipment will be in our warm-up area for that event.
2. Teams must provide their own spotters in the warm-up area. Tumbling and Stunting is not permitted on concrete and other hard surfaces. This is a safety hazard. Penalty points will occur.
3. If your team will have Crossovers, your team will have to bear the burden of overlapping practice times, close performance orders and payment. We will make every attempt to accommodate crossovers but cannot guarantee time schedules. If you miss your warm-up time at any rotation station – you forfeit your time for that station. We cannot hold up the competition for crossovers, though, we do our best to accommodate our teams. Each team with crossovers should fill out the Crossover area of our registration form. This will assist us with scheduling warm-up time.

## PERFORMANCE FLOOR

1. At many of our event both Cheer Teams and Dance Teams will compete on a 9 panel Spring Floor. The Spring Floor will have a red slopped vinyl border completely around it. Please confirm performance area on each competition page.
2. Entrances and exits to the performance area before, during and after the course of a routine may be done only from the designated area unless prior approval is given by Event Director or Director of Judges/Head Judge. This will be reviewed at the coaches meeting.

## SPOTTERS

1. Cheer and Dance Extreme will not be providing Spotters at this event. We feel that programs know their routines best and it is safer to allow programs to provide their own spotters, though it is not required. The spotter should not be uniformed members of the competing teams. A spotter is there to catch a fall, however, not to assist or "save" a skill. Spotters should not count builds or cheer along with the performing team. Any type of this behavior (coaching) will not be permitted and penalty points will be assessed. We suggest that spotters are at least 18 years of age. If you will have spotters for your routines the **head coach must sign a spotter waiver** at check in.

## SCORE SHEET PICK UP

1. Scores Sheets will be given out at the awards ceremony with your awards. Score sheets that are not picked up will NOT be mailed. You are responsible for picking up score sheets – this includes Star Divisions, Small group competition and individual events.
2. If you have a question about a score or comment on your judging sheets, you may approach the HEAD JUDGE ONLY after the event to get clarification.

## TIE BREAKER RULES

1. In the event of a tie, the highest score in perfection of routine will determine the winner. Should the tie still remain, a judge's ballot will break the tie.

## AWARDS/GIVEAWAYS

1. Please refer to each individual event for the list of awards for participants and coaches/participant giveaways at events.

## EVENT PERSONNEL

### EVENT DIRECTOR

1. Each event will have at least one Event Director on hand to field all questions from coaches and to ensure that your team is taken care of.

### EXTREME STAFF

1. Extreme Staff will be able to be located in all areas of the competition. You can approach a staff person at any time. Most staff personnel are in an area equipped with a radio/communication device. The Extreme Staff will have a designated STAFF Shirt on so they can be easily seen.

## JUDGES

1. Cheer and Dance Extreme hires qualified, non-partisan judges that are fair. They are experienced in judging all level of competitions and represent all "styles" of competitions not favoring one particular type. CDE stands behind our judges and no matter the circumstance, the word of the judges are final! All Judges Bios are printed in our Nationals Program Book and available/read at each event.

## MEDICAL PERSONNEL – First Aid and Safety Issues

1. Cheer and Dance Extreme hires medical personnel to be on-staff at ALL of our events. Medical Staff will not wrap any injuries or tape participant's wrist/ankles for the sake of participation. Medical Staff and EMT's are there for the sole purpose to administer and handle emergency situations.

2. An injury during a competition that requires emergency medical attention should be reported immediately to one of the EMT/First Responders of the venue. Please call 911 for life and death emergencies. **In the interest of safety, no parents or spectators are permitted in the practice areas. Please keep this in mind when ordering extra coaches passes.**

3. Hotel Related Injuries - An injury at a hotel that requires emergency medical attention should be reported immediately to the hotel front desk. If an emergency occurs in a hotel AND it is **severe** enough to warrant transportation to the hospital, you should notify the front desk and they will call the emergency squad. Please be aware if you use hotel transportation to get to the hospital, you will be charged for this service on your hotel bill.

## GLITTER, HAIRSPRAY and FIRE ALARMS

CDE and the venues that host our events strictly prohibit indoor spraying of glitter and other aerosol sprays (hairspray). If you choose to use these products, they must be used outdoors or in designated area's Aerosol sprays are a health hazard and interfere with fire alarm systems. If a cheerleader, dancer and/or spectator of any team plays/pulls a fire alarm – the team will automatically be disqualified and necessary fines/lawful penalties WILL BE ENFORCED with no refund.

## CELLULAR PHONES

1. Cellular phones should be turned to the off or placed on vibrate mode while seated in the competition/performance area during competition and award ceremonies. Cellular phone use should be limited to the lobby area of the venue.

## **VENUE INFORMATION**

1. The competition address, link to venue and directions are listed on each competition's designated page.
2. There will be no smoking in competition or dressing areas. Smoking is limited to those areas designated by the facility. Please check facility guidelines on smoking upon arrival at the event.
3. Food and drink are prohibited in the competition area, warm-up areas, and backstage/dressing area of all facilities. Food and drink may be allowed inside buildings as permitted by individual venues.
4. For the safety of all, keep aisles and stairwells clear and do not block emergency exits.
5. Misconduct of any kind will not be tolerated as determined by onsite director or venue management. Any person(s) who damages venue property either inside or outside, by either misuse or abuse will disqualify the entire organization with which he or she is affiliated will be held responsible. This person(s) who causes damage as mentioned assumes full financial responsibility for repair, replacement and/or restitution. Infractions/Misconduct of team's spectators may result in immediate disqualification of team regardless of who is causing the misconduct and can also result in disqualification or score deductions.
6. Dressing area space must be shared by all competitors. No dressing space will be assigned to individual organizations unless designated by Cheer and Dance Extreme.

## **TEAM INFORMATION - AFTER THE EVENT**

### **CHALLENGES – PROOF OF AGE / GRADE CHALLENGE (Before, During and After the Event)**

1. Challenges of eligibility concerning age must be presented to the Cheer and Dance Extreme Event Director the day of the event and no later than 30 minutes following the awards ceremony of the team in question. If a coach would like to challenge a team registered prior to the event, the coach should contact our main office at 410-799-1390. There is an one hundred dollar (\$100.00) Challenge fee. This fee eliminates unnecessary challenges. If it is found that a member of a competing routine is ineligible, the entire routine will be disqualified or will be moved by CDE into the correct division in accordance with age. The \$100.00 Challenge fee will be returned to the Challenger.
2. Competitors will be responsible for producing proof of age/grade should a challenge or question concerning age arises. Cheer and Dance Extreme reserves the right to move a routine to the correct age division in accordance with the above rulings.
3. Proof of age accepted are a birth certificate, state issued I.D., Passport, or Child Find Card. Proof of age accepted for grade is a report card, student id or yearbook.
4. Registration Fee's and other fees will not be refunded if a team is disqualified due to illegal participant.

### **CHALLENGE ON A TEAM THAT APPEARS TO BE OUT OF LEVEL**

1. If you feel that a team is performing a skill that is above level guidelines and you wish to CHALLENGE their routine you may do so. Please take necessary measures to handle the Challenge in a non-conflicting way. First, you must see the Director of Judges or Event Director of the event. There is an one hundred dollar (\$100.00) Challenge fee. This fee eliminates unnecessary challenges. If it is found that the skill is out of level guidelines, the entire routine will be disqualified or will be moved by CDE into the correct division in accordance to skill level. If CDE elects to move the routine to the appropriate skill level – penalty points will still be assessed for out of level and illegal stunt/tumble skill. The \$100.00 Challenge fee will be returned to the Challenger.
2. Registration Fee's and other fees will not be refunded if a team is disqualified.

## **JUDGING QUESTIONS**

1. If you have a question about your score sheet or need clarification we want to speak with you. Please see the Event Director or Director of Judges immediately after the award ceremony.

## **SCORES/RESULTS**

1. Scores and placements will be made available on our website by 5:00 pm the Monday following the competition.

## **FEEDBACK**

1. Cheer and Dance Extreme depends on valuable feedback (good and bad) from our coaches. Please drop us an email after the event and let us know how we did. We want to hear from you. Email us [info@cheeranddanceextreme.com](mailto:info@cheeranddanceextreme.com)

## **CONTACT INFORMATION**

### **MAILING ADDRESS**

Cheer and Dance Extreme  
6717 Lowes Lane  
Elkridge, MD 21075

**FAX:** 410-799-8569  
**TELEPHONE:** 410-799-1390  
**TOLL FREE:** 1-888-482-4337

### **WEBSITE**

[www.cheeranddanceextreme.com](http://www.cheeranddanceextreme.com)

### **EMAIL:**

[info@cheeranddanceextreme.com](mailto:info@cheeranddanceextreme.com)

## **PARENT/SPECTATOR INFORMATION BEFORE THE EVENT**

1. Spectator Packets & Directions will be displayed on our website two weeks prior to the event if not sooner. This should help answer many parent questions and should be used as the competition guide. You may find this listed on our website on our Calendar page. Find your event and click on "Event Guide".

## **DURING THE EVENT**

### **SPECTATORS & SPECTATOR ENTRANCE**

1. We will have a separate Spectator Entrance. Spectators of teams performing displaying unruly or rude behavior will not be admitted in and teams can suffer penalty points. We need to make the atmosphere POSITIVE for all, especially the competitors. CDE will be awarding The Most Spirited Fans – so please encourage your fans to wear their colors proud! **Also, please encourage your FANS to participate in the EXTREME FUN prior to the Awards Ceremony! We are here to have FUN!**

### **ADMISSION**

1. Can I pre-purchase admission tickets? No. Tickets must be purchased on site at the venue.

2. How much do spectator tickets cost? Below are GENERAL Prices. Please refer to the specific EVENT GUIDE for any changes.

An adult pass is anyone ages 11 and older. A child pass is anyone 5-11.

Classics	\$10.00/\$8.00	Adults	\$8.00/\$6.00	Child	Ages 4 and under are FREE
Opens	\$12.00-\$14.00	Adults	\$8.00	Child	Ages 4 and under are FREE
Nationals	\$16.00-\$18.00	Adults	\$10.00/\$12.00	Child	Ages 4 and under are FREE

**\*\*TWO DAY DISCOUNTED PASSES ARE AVAILABLE at NATIONALS\*\***

**\*\*Some events may offer other discounts – please see each event\*\***

3. Cash is the only acceptable method of payment at Classic and Open Events. Most venues have ATM Machines. Credit Cards and Cash will be accepted at Nationals.

### **PARKING**

Please refer to the individual competition page for Parking Information. CDE does not retain any profits if there is a parking charge. Most if not all of our venues have FREE Parking. It is FREE to park at Nationals.

### **PARENT CONCERNS/BEHAVIOR**

1. CDE strives to put on quality, fun competitions that are affordable, well-run and on-time. If for any reason you are less than satisfied, CDE wants to hear from you on how we can reach a positive outcome and improve for the future. If you have a concern, we want to know, we will listen. Please take the correct avenues in voicing your concern. If a parent or spectator of a team approaches a judge your team will be penalized. If a parent or spectator of a team approaches a staff member or any other spectator, coach or participant from another team in a negative fashion, penalty points can be assessed. Please remember this is a family event and children are involved.

### **SEATING/FAN AREA**

1. Seating is first come first served; however, we ask that you be courteous. Cheer and Dance Extreme does not permit "saving seats" for parents or fans arriving later. Event Staff and Venue Personnel may remove and items placed on the "saved seats". All items will be taken to the security station where you may claim them. At most Championship Level and National Level events CDE will have a RESERVED FAN SECTION for those fans of the team competing. We ask that spectators enter this section in an orderly fashion and exit the area IMMEDIATELY following their team's performance. Please refer to each individual competition EVENT GUIDE for further details about specific venue seating charts.

### **EXCESSIVE NOISE/NOISE MAKERS**

1. We appreciate your enthusiasm; however, while the athletes are performing, please refrain from excessive noise and movement in the performance areas, including the stadium seating. AIR HORNS and WHISTLES are not permitted at CDE events!

### **PHOTOS AND VIDEOTAPING – IS ALLOWED!**

1. Flash photography is allowed at all Cheer and Dance Extreme events, however, it is only permitted from your seat. No Tripods are allowed. You will not be able to stand in front of or behind the judges table to take photographs. You must stay in your seats to take photographs. Press Passes are NOT issued the day of the event. Press Passes can be requested 10 days prior to the event by contacting our office. Credentials will need to be verified in order to be accepted into our event. We take serious measures in protecting our participants/children. Please understand our reasoning for this.

2. Video Taping is allowed at all Cheer and Dance Extreme events with the exception of Nationals. We ask that you ONLY videotape your team. Violations will result in disqualification of the affiliated organization. This rule will be strictly enforced to protect the integrity of team's routine choreography. Instant DVD's and Video tapes may be purchased in Vendor Row.

### **VENDORS**

Cheer and Dance Extreme has a variety of vendors available at each event. Please refer to the individual competition to see who will be attending.

**Is there Event Specific merchandise sold at the event?** Yes. Fine Designs is the exclusive Event Merchandiser for all of Cheer and Dance Extreme Events. Coaches, please email your team rosters to [ohfinedesign@yahoo.com](mailto:ohfinedesign@yahoo.com) In the subject line put – Cheer and Dance Extreme and name of the event. Cheer and Dance Extreme and Fine Designs are not responsible for participants individual names spelled incorrectly or those that are missing from Official Event Merchandise.

### **HOTELS**

Travel for our teams is through The Global Housing Bureau at discounted rates – visit [www.globaljbs.com](http://www.globaljbs.com)

## 2009-2010 Cheer and Dance Extreme Performance Rules/Guidelines

### GENERAL PERFORMANCE

#### INJURIES

1. Only a legality judge, head judge or Cheer and Dance Extreme Event Director, has the right to stop a routine due to an obvious injury. If the injury causes the team's performance to be interrupted, the team will have 15 minutes to regroup before performing their routine again. The scoring will take place from the point of the injury.
2. Teams must be prepared to take the floor during their rotation time, even if an injury occurred during their warm up. If an emergency/ambulatory situation occurs the Head Judge, and/or Event Directors can make a decision otherwise.
3. If a participant is observed to be bleeding (from scratch, nose, etc.) the routines MUST BE STOPPED. The team will be allowed to perform later in its divisions if at all possible. The person bleeding will be allowed to perform at the discretion of the Head Judge and/or Executive Directors of Cheer and Dance Extreme. CDE reserves the right to stop any performance if deemed necessary to injury.

#### MUSIC/CD's & TAPE GUIDELINES

1. Music is preferred on a CD, as the sound quality is greater than that of a tape. CD's are recommended, NOT CDRW's as some will not play on all sound systems. We suggest that you bring two copies of your music and bring both copies to the sound station. Coaches should keep with them a quality back-up cassette or CD readily available in the event of a malfunction of the original. **\* Please be aware that burned CD's may not always play in our sound system. We recommend that if you do burn copies to do so in a WAV format not a MP3 version.**
2. All tapes and CD's must be labeled with the name of the school/team, participant and the coach/director's name.
3. The coach/director (designated music player) must remain at the sound station throughout the entire musical portion of the routine. It is their responsibility to press "PLAY" and "STOP" at the appropriate times. Our sound technician/MC will not do this! PERIOD! Extreme Staff and sound technicians, and/or venue staff assume no responsibility for any labeling mistakes or for poorly recorded music CDE does not assume responsibility for CD's or tapes left at the sound station and assumes no responsibility for misplaced tapes or CD's.
4. Cheer and Dance Extreme suggests that great consideration be given to music selection when choosing accompaniment for competition choreography. Please keep music appropriate for "family viewing". Songs which include overt profanity, vulgar language and/or innuendo are deemed unacceptable. Infractions of this consideration will result in point reduction as reflected in Judges Scores and may deem a routine to be disqualified with no refund.
5. In the event a routine is interrupted because of failure of Cheer and Dance Extreme's equipment, facilities, etc., then the participant(s) affected will be permitted to restart the routine from the beginning. In the event a routine is interrupted because of failure of the participants' equipment, music or supplies, then the participant(s) may either continue or withdraw from the competition. NOTE: FAILURE OF EQUIPMENT PLAY DUE TO USE OF RECORDABLE CD's OR CDRW – WILL NOT BE ACCEPTED AS A REDO. WE ENCOURAGE TEAMS NOT TO USE CDRW's!
6. All music recorded for competition must be edited to accommodate the routine. Cheer and Dance Extreme does not accept requests for fast forwarding, pitch control/speed, fade outs, etc.

#### GENERAL ROUTINE SAFETY RULES

1. All team members must start within the competition boundary area and the pre-building of partner stunts or pyramids will not be allowed before timing starts. Participants must be supporting their own weight on the floor. Timing will begin with the first motion, word, movement, or sound of music and end with the last beat of music or word.
2. Organized/Formal entrances and exits are not permitted. Teams will have twenty (20) seconds to take the competition floor once their name is announced and twenty (20) seconds to clear the floor. If a team takes longer, a penalty will occur. We strive for on-time events please be ready at your time to compete.
3. Cheer teams must wear soft-soled tennis shoes while competing; no boots, jazz shoes or bare feet will be permitted.

#### SAFETY RULES – What does CDE follow?

##### CHEER

##### ALL STAR

Cheer and Dance Extreme is a Tier 3 Member of the USASF and will follow the guidelines of the USASF. Visit [www.usasf.net](http://www.usasf.net) for details. Please review these rules prior to the competition as USASF updates/changes may be made throughout the year.

##### RECREATION/SCHOOL - CHEER

Cheer and Dance Extreme will be following the rules established by the National Federation of State High School Associations for scholastic divisions and scholastic/recreation individuals and stunt groups. Recreation teams will follow [www.theusfinals.com](http://www.theusfinals.com) rules for recreation teams. For School Team go to [www.nfhs.org](http://www.nfhs.org) for details. NFHS Rule books can be purchased through their website or by contacting our main office at 1-888-482-4337 Please read through rules carefully. **\*\*Exception – Recreation will compete on Spring Floors. School teams have option at some events. \*\***

##### DANCE

Cheer and Dance Extreme follows the USASF rules for dance with a few additional division exceptions such as ACRO. Please refer to our Dance Rules on our Guidelines page of our website.

## **GENERAL PENALTY RULES & DEDUCTIONS**

Penalties may be given in the following areas and at the discretion of the safety judge, deduction judge, director of Judges and/or the Executive Director of the event.

### **Out of Bounds Deductions**

1. Any element (tumbling, toss, stunting, and jumps) must be performed on the competition floor/mat. Performing these or landing a tumbling pass off of the performance surface is illegal and will be subject to a boundary penalty. If you touch the red border this is a WARNING area. If you completely step off of the border and touch the arena floor – this is out of bounds and will result in a deduction.
2. DANCE – There is no penalty for stepping out of the performance area, however, technical skills must be performed within bounds.

### **Props/Hair Pieces**

Deductions will be assessed for props or fallen hair pieces that are stepped on during the routine. Participants may however push/gently kick them aside to avoid members from stepping on them during the routine.

### **Jewelry**

Jewelry of any kind including but not limited to ear, nose, tongue, belly button and facial rings, bracelets, etc., must be removed and may NOT be taped over. The only exceptions: Medical ID tags/bracelets that must be taped to the body with no surfaces present. Exception: Dance Teams can wear routine/costume related jewelry. Factory made uniform rhinestones are allowed. **Please take note that hair elastics on the arm or neck will be considered jewelry and a deduction will be warranted.**

### **Family Viewing**

1. All entries must be suitable for family viewing. Displays of violence, social prejudice, or those which are sexually suggestive are deemed inappropriate. In addition, age inappropriate choreography, uniforms, costumes and/or music will result in point reduction or disqualification as deemed by the judges. The decision of the judges is final.

### **Sportsmanship**

1. Just a friendly reminder: Cheer and Dance Extreme **strictly enforces** positive sportsmanship! Team Participants and or Spectators of the Team will be penalized and asked to leave the event if you display poor sportsmanship. We, at CDE, are for the ATHLETES. We want an environment that allows the ATHLETES to excel to their highest achievement. Competition is healthy and gives cheerleaders a goal to strive for. If you lose on the floor be a winner when you walk away and congratulate your competition.

**Please view our safety / deduction form for penalty values and further information.**

## **STUNTING DEDUCTIONS**

### **Bobble**

1. Unstable flyer; flyers leg is not locked out and there is movement of the torso/body.
2. Incomplete Cradle.

### **Fall**

1. Element is not performed that is clearly evident within the choreography of the routine.
2. Complete pyramid falls to ground, or flyer is not caught in a cradle and hits the ground.

## **GYMNASTICS DEDUCTIONS**

### **Hands Down/Touch Down**

1. Touch down of the hands, head, knees, butt and/or back.
2. Incomplete skill or complete fall to the floor.

## **DANCE DEDUCTIONS**

1. Use of illegal prop – No fire or Glass is allowed. No LIVE Animals.
2. Incomplete turn/trick or skill which causes the performer to step out of the turn will result in a minor deduction
3. A dance fall to floor where performer's head, knees, back or butt hit the ground is a major deduction.

## HOTEL AND TRAVEL ARRANGEMENTS

Cheer and Dance Extreme has teamed up with The Global Housing Bureau for our National Events and many of our Open Championship Level Events. Please contact Jeana Colby for more information. You can access the link on our website at [www.cheeranddanceextreme.com](http://www.cheeranddanceextreme.com)



**Cheer & Dance Extreme**  
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