

## CHEER AND DANCE EXTREME STAR DIVISIONS & GUIDELINES

### JUMP STAR

Offered at all events

A Jump Star competitor is a participant who must perform three jumps of choice. Three different types of jumps must be demonstrated. No music or any other skills. Participant may take a prep in between each jump.

### TUMBLE STAR

Offered at all events

A Tumble Star competitor is a participant who must perform 1 tumbling run/sequence that showcases their skills, technique and includes a variety of elements. All levels of tumbling are welcome!

### LEAP STAR

Offered at OPENS & NATIONALS

A Leap Star competitor is a participant who must perform three leaps that showcases their skills, technique and overall execution.

### KICK STAR

Offered at OPENS & NATIONALS

A Kick Star competitor is a participant who must perform two (8 counts) of their best kick series that showcases their skills, technique and overall execution.

**Jump & Tumble Star competitors MUST be on time for their division or you will forfeit any monies and competition time. Please pick up performance times at registration/check-in the day of the event.**

JUMP/TUMBLE STAR

**\*NOTE\* CDE HAS THE RIGHT TO COMBINE SCHOLASTIC/RECREATION WITH ALL STAR IN ORDER TO PRODUCE A QUALITY COMPETITION OR IF ONE AGE DIVISION DOES NOT HAVE THE MINIMAL NUMBER OF REGISTRANTS. REGARDLESS ALL PARTICIPANTS WILL BE AWARDED.**

CATEGORY	DIVISION	AGE DAY OF EVENT	GENDER
<b>TUMBLE STAR</b>			
<b>Scholastic/Recreation</b>			
Tumble	Tiny	6 years and younger	M/F
Tumble	Mini	7-9 yrs old (7/8/9)	M/F
Tumble	Youth	10-12 yrs old (10/11/12)	M/F
Tumble	Junior	13-15 yrs old (13/14/15)	M/F
Tumble	Senior	16-19 yrs old (16/17/18/19)	M/F
<b>All Star</b>			
Tumble	Tiny	6 years and younger	M/F
Tumble	Mini	7-9 yrs old (7/8/9)	M/F
Tumble	Youth	10-12 yrs old (10/11/12)	M/F
Tumble	Junior	13-15 yrs old (13/14/15)	M/F
Tumble	Senior	16-19 yrs old (16/17/18/19)	M/F
<b>JUMP STAR</b>			
<b>Scholastic/Recreation</b>			
Jump	Tiny	6 years and younger	M/F
Jump	Mini	7-9 yrs old (7/8/9)	M/F
Jump	Youth	10-12 yrs old (10/11/12)	M/F
Jump	Junior	13-15 yrs old (13/14/15)	M/F
Jump	Senior	16-19 yrs old (16/17/18/19)	M/F
<b>All Star</b>			
Jump	Tiny	6 years and younger	M/F
Jump	Mini	7-9 yrs old (7/8/9)	M/F
Jump	Youth	10-12 yrs old (10/11/12)	M/F
Jump	Junior	13-15 yrs old (13/14/15)	M/F
Jump	Senior	16-19 yrs old (16/17/18/19)	M/F

CATEGORY	DIVISION	AGE DAY OF EVENT	GENDER
<b>LEAP STAR</b>			
<b>All</b>			
Leap	Youth	9 years and younger	M/F
Leap	Junior	10-13 yrs old (10/11/12/13)	M/F
Leap	Youth	14-19 yrs old (14/15/16/17/18/19)	M/F
<b>KICK STAR</b>			
<b>All</b>			
Kick	Youth	9 years and younger	M/F
Kick	Junior	10-13 yrs old (10/11/12/13)	M/F
Kick	Youth	14-19 yrs old (14/15/16/17/18/19)	M/F