

CHEER AND DANCE EXTREME – Dance Solo & Small Group - REGISTRATION

How to Register for an Solo Event

- 1.) Complete Soloist Participant Registration Form.
- 2.) Complete Medical Waiver. If you have submitted one with your TEAM you do not have to submit a new one.
- 3.) Mail Registration Form, Waiver and Payment to us. If you are paying by credit card you can fax the credit card authorization form along with your registration form, however, we must have the original waiver.

How to Register for a Small Group Event

- 1.) Complete Small Group Registration Form.
- 2.) Complete Medical Waiver form for each participant. If you have submitted one with your TEAM you do not have to submit one.
- 3.) Mail Registration Form, Roster, Waiver and Payment to us. If you are paying by credit card you can fax the credit card authorization form along with your registration form and roster, however, we must have the original waiver.

REGISTRATION POLICIES FOR INDIVIDUAL and STUNT GROUP ENTRIES

1. All participants competing in the competition must represent a studio, school, all star or recreation team. The member does not need to be competing with a team the day of the event. **Our individual and small group competition is open to all.**
2. Cheer and Dance Extreme will release FINAL On-Line Schedules for Classic and Open Championship Events at 5:00 pm EST the Thursday prior to the event. A preliminary may be released as early as the Monday prior to the event. The Grand National Championship By The Sea will be release 7 days prior to the event on our website. The contact person/coach may pick up the Final Version at Check-In the day of the event.
3. An official entry form must be completed for each entry submitted. All participants must have a medical waiver on file with Cheer and Dance Extreme for the current season. Forms can be downloaded on our website at www.cheeranddanceextreme.com and click on FORMS or you may contact our office at 410-799-1390 to have a form faxed to you.
4. Early entry submission is encouraged. Completed entry blanks and rosters must be received no later than the deadline date for each competition. **NO ENTRIES ARE ACCEPTED ON THE DAY OF THE EVENT.**
5. There is no limit on the amount of entries a school, recreation, or all star team can submit. All entries are accepted on a first come-first serve basis. Cheer and Dance Extreme has the right to "cut-off" divisions for the event to insure a quality competition.
6. Cheer and Dance Extreme is aware of adequate warm-up time needed for each routine/entry. We do our best to accommodate multiple entries from a given organization, but, cannot guarantee time between entries for those entered in multiple individual divisions. Please plan accordingly.
7. Male and female entries compete in a combined division for all events, however, if more than 3 male and 3 female entries are received for said divisions it may be separated at National Finals. This is up to the discretion of the Cheer and Dance Extreme Dance Executive Staff.
9. Challenges of eligibility concerning age or professional status must be presented in writing to Cheer and Dance Extreme office within 48 hours of the competition in question. You will be contacted by the office regarding decisions of eligibility within 30 days. If it is found that a member of a competing routine is ineligible, the entire routine will be disqualified.
10. Age/Grade is determined as follows: August 31, 2009.
11. Competitors will be responsible for producing birth certificates or school form should a challenge or question concerning age arises. Cheer and Dance Extreme reserves the right to move a routine to the correct age division in accordance with the above rulings.
12. SUBSTITUTIONS may NOT be made for a pre-registered individual. If the individual is a no-show or elects NOT to compete or complete a routine – No monies will be refunded. Prizes have already been ordered and judges' time allotted into our master schedule.

TYPES OF DANCE TEAMS

All-Star Dance Team

An All Star Dance Team is a team that does not cheer/dance for any sport and is formed for the primary purpose of competing. The team works out in a private gym/studio and/or is coached by a paid professional.

Dance Studio

A team that is trained by paid, professional dance instructors in a dance studio and are not affiliated with a cheer and/or gymnastics team.

Varsity

A Varsity division team is a team made up of official school team members or official school competition team members. All members MUST attend that school and be in grades 7th-12th.

Recreation/Youth League

A recreation/youth league team is a community team that provides support for a sport or performs in recitals or parades. Coaches are non-paid, non-professionals.

CATEGORY DEFINITIONS

Acrobatic/Gymnastic Dance

A routine consisting of controlled acrobatic or rhythmic gymnastic movements involving balance and flexibility. Choreography should be used to blend gymnastics and dance together and include choreographed movement; bridging tricks and/or passes in a fluid style. Routines MUST be performed on the performance floor/area as designated by Cheer and Dance Extreme.

Hip-Hop

A routine where dancers replicate the style of street dance popularized in the 1980's. Choreography should consist of the latest of street dance style as seen in current dance videos. Movement may include the elements of popping, locking, footwork and freezes performed to aggressive and hard driving rhythmic music. Break dancing and some replications choreography may be included in this category.

Jazz

A routine where all dancers execute free form movement and styling characteristic of American jazz dance, whether in jazz or character shoes of any kind, half-soles or bare feet. Choreography should include technique with such moves as kicks, leaps, splits, and isolations emphasizing extension, control, body placement, style, uniformity and precision.

Lyrical

A routine where all dancers interpret the lyrics or mood (intent) of a song (with or without words) using a combination of ballet and/or jazz and/or modern technique. This form includes the use of legwork, balance, flexibility, facial and body emotion. Choreography should be fluid in movement and focus on emotion that compliments the musical selection. Dancers may wear character shoes, lyrical shoes, half-soles or be barefoot. Routine can incorporate any form of dance or gymnastics/acrobatics

Pom

Routine which must include such elements as marching, clean, strong and sharp arm movements with poms, arm placement, kicks, uniformity, jumps and splits. Choreography should include incorporating the above skills while utilizing visual effects through levels, formations and ground work. Any type of music is permissible and pom poms should be used for at least 75% of the music. Hand Held props and costuming (i.e. gloves) may be used in the category.

Variety Open

Any routine combining two dance styles, i.e. jazz and ballet or a routine utilizing but not limited to ballroom, swing and/or vintage or contemporary dance styles. Also, any routine, which does not fit in any category previously listed. Use of a prop or pantomime does not automatically place a routine in the OPEN category.

SOLO GROUP/AGE DIVISIONS

Offered at All Events

Tiny Solo	Ages	5 and under
Mini Solo	Ages	6-8
Youth Solo	Ages	9-11
Junior Solo	Ages	12-14
Senior Solo	Ages	15-18
Adult/Open	Ages	18 and above (out of school)

DUET/TRIO and EMSEMBLE GROUP/AGE DIVISIONS

Duet/Trio (2-3 members) is offered at All Events. Small Group Ensemble (5 members) is offered at National Dance Finals Only

Mini Stars	Ages	8 and under
Youth Stars	Ages	11 and under
Junior Stars	Ages	14 and under
Senior Stars	Ages	18 and under
Adult/Open	Ages	18 and above (out of school)

A dancer's age is determined by age on August 31, 2009. Solo and Duo/Trio must fall in the appropriate age divisions.

CATEGORY DIVISIONS

DIVISION/AGE AS OF 08/31/2009	ACRO/GYM	HIP-HOP	JAZZ	LYRICAL	POM	VARIETY OPEN
TINY STARS 5 and under						
All Star/Studio						
Recreation/School						
MINI STARS 8 and under						
All Star/Studio						
Recreation/School						
YOUTH STARS 11 and under						
All Star/Studio						
Recreation/School						
JUNIOR STARS 14 and under						
All Star/Studio						
Recreation/School						
SENIOR STARS 18 and under						
All Star/Studio						
Recreation/School						
ADULT STARS 18+						
Adult/College						

COMBINED DIVISIONS POLICY

Recreation/Youth League will be separated from All-Star and Dance Studio at National Competitions and specified events. If there are less than 5 entries then both Recreation/Scholastic Soloists will be combined with Studio/All Star Soloist.

SPECIAL NOTE: An individual may be a member of a specific team/group. At all events cheerleaders will be placed in two overall divisions – Scholastic (Recreation/School) & All Star (Studio/All Star). In the event in which less than 5 entries are received it will be combined (unless specified below – i.e. partner stunt) Cheer and Dance Extreme wants a quality competition and does not like to see individuals competing against a score!

All Star/Studio

An All Star Soloist/Studio Member is part of a team that does not cheer for any sport and is formed for the primary purpose of competing. The team works out in a private gym, studio or similar and/or is coached by a paid professional.

To be considered an All Star or Open/Collegiate Team one or all must apply:

- 1.) The sole purpose is practicing to compete at competitions – local, regional, state and national.
- 2.) The team/organization is governed by an organized gym for profit and/or is organized by a gym/board of directors as non-profit.
- 3.) The organized “open” team and/or school governed collegiate team’s purpose is to compete in events in Level 6. If we have enough teams to separate college and open we will. However, our purpose is to deliver the best competition experience and be competitive at this level.

SCHOLASTIC

A scholastic division member is a member of a school, studio or recreation/youth league team.

School

A school division team is a team made up of official school team members or official school competition team members. All members MUST attend that school or cheer for that said school and be in grades Pre-K through 12th per each grade designated division.

To be entered as a school team one or all must apply:

- 1.) Team is governed by their associated school’s administration.
- 2.) The team’s main purpose is to cheer for the said school’s sports (example: football) or be a school spirit “pep rally” club team.
- 3.) Must be currently an enrolled in school system (grade Pre- K-12) in 2008-2009.
- 4.) Home Schooled Students are eligible to participate on the associated school boundary team.

Recreation/Youth League

A recreation/youth league team is a community team that provides support for a sport or performs in recitals or parades. Coaches are non-paid, non-professionals.

To be entered as a Recreation/Youth Organization one or all must apply to the team:

- 1.) Governed by a Recreation Council or Recreation Board of Directors. You must be able to furnish proof.
- 2.) Are affiliated with a YMCA, County Recreation and Parks Program, or Boys and Girls Club.
- 3.) Cheers for the associated recreation sports club (football, soccer, basketball, wrestling, etc.)

SOLO REGISTRATION FORM



Cheer and Dance Extreme *For Overnight Packages
 6717 Lowes Lane please note package: No Signature Required
 Elkridge, MD 21075 Questions? Call 1-888-482-4337 or Email
 FAX: 410-799-8569 info@cheeranddanceextreme.com

TEAM / ORGANIZATION INFORMATION	CONTACT PERSON INFORMATION
_____ TEAM/ORGANIZATION	_____ CONTACT PERSON'S NAME
_____ MAILING ADDRESS	_____ DAYTIME PHONE#
_____ CITY STATE ZIP CODE	_____ EVENING PHONE#
_____ EMAIL ADDRESS #1 (Required)	_____ FAX #
	_____ CELL / PAGER#
	_____ EMAIL ADDRESS #2 (Required)

SOLO ENTRIES

	Participant's Name	Birth Date	Age	Division Entered (Circle)	Category	Routine Number
EX	Jane Doe	09/01/1997	11	Tiny Mini Youth Junior Senior Open	JAZZ	Under the Moonlight
1				Tiny Mini Youth Junior Senior Open		
2				Tiny Mini Youth Junior Senior Open		
3				Tiny Mini Youth Junior Senior Open		
4				Tiny Mini Youth Junior Senior Open		
5				Tiny Mini Youth Junior Senior Open		
6				Tiny Mini Youth Junior Senior Open		
7				Tiny Mini Youth Junior Senior Open		
8				Tiny Mini Youth Junior Senior Open		
9				Tiny Mini Youth Junior Senior Open		
10				Tiny Mini Youth Junior Senior Open		

PAYMENT CALCULATOR
CLASSICS/CHAMPIONSHIPS
 #of Solos _____ x \$30.00 = _____

NATIONALS
 #of Solos _____ x \$50.00 = _____

Total PAYMENT Due: \$ _____

Method of Payment
 Money Order/Certified Check
 Credit Card Payment and Authorization Form
 (Include 3% convenience fee)
 Team/Company Check (14 days prior to event)

CDE NOTES:
 Date Received _____ Received By _____
 Date Processed _____ Processed By _____
 Pymt Method _____ Amt _____ Due _____
 Notes _____

Registration is due 10 days prior to Classic and Championship Event and March 1, 2010 for Nationals.

EVENT: _____

EVENT DATE: _____

DUET/TRIO REGISTRATION FORM



Cheer and Dance Extreme *For Overnight Packages
 6717 Lowes Lane please note package: No Signature Required
 Elkridge, MD 21075 Questions? Call 1-888-482-4337 or Email
 FAX: 410-799-8569 info@cheeranddanceextreme.com

PLEASE FILL OUT ONE FORM PER EVENT

TEAM / ORGANIZATION INFORMATION	CONTACT PERSON INFORMATION
TEAM/ORGANIZATION	CONTACT PERSON'S NAME
MAILING ADDRESS	DAYTIME PHONE# EVENING PHONE#
CITY STATE ZIP CODE	FAX # CELL / PAGER#
EMAIL ADDRESS #1 (Required)	EMAIL ADDRESS #2 (Required)

DUET/TRIO GROUP INFORMATION

Group Name	Division (Circle)	Category (Circle)	Routine Name
	Tiny Mini Youth Junior Senior Open	Acro/Gym Jazz Pom Hip-Hop Lyrical Open	

	Participant's Name	Birth date	Age
1			
2			
3			

DUET/TRIO GROUP INFORMATION

Group Name	Division (Circle)	Category (Circle)	Routine Name
	Tiny Mini Youth Junior Senior Open	Acro/Gym Jazz Pom Hip-Hop Lyrical Open	

	Participant's Name	Birth date	Age
1			
2			
3			

DUET/TRIO GROUP INFORMATION

Group Name	Division (Circle)	Category (Circle)	Routine Name
	Tiny Mini Youth Junior Senior Open	Acro/Gym Jazz Pom Hip-Hop Lyrical Open	

	Participant's Name	Birth date	Age
1			
2			
3			

PAYMENT CALCULATOR

CLASSICS/CHAMPIONSHIPS

#of Duet/Trios _____ x \$ 50.00 = _____

NATIONALS

of Duet/Trios _____ x \$ 75.00 = _____

Total PAYMENT Due: \$ _____

Method of Payment

- ____ Money Order/Certified Check
- ____ Credit Card Payment and Authorization Form
(Include 3% convenience fee)
- ____ Team/Company Check (14 days prior to event)

CDE NOTES:

Date Received _____ Received By _____

Date Processed _____ Processed By _____

Pymt Method _____ Amt _____ Due _____

Waivers _____ Notes _____

Registration is due 10 days prior to any Classic and Championship Events and March 1, 2010 for Nationals.

EVENT: _____

EVENT DATE: _____

ENSEMBLE REGISTRATION FORM



www.cheeranddanceextreme.com
1-888-48-CHEER

Cheer and Dance Extreme *For Overnight Packages
6717 Lowes Lane please note package: No Signature Required
Elkridge, MD 21075 Questions? Call 1-888-482-4337 or Email
FAX: 410-799-8569 info@cheeranddanceextreme.com

ONLY OFFERED AT NATIONAL DANCE FINALS

TEAM / ORGANIZATION INFORMATION	CONTACT PERSON INFORMATION
_____	_____
TEAM/ORGANIZATION	CONTACT PERSON'S NAME
_____	_____
MAILING ADDRESS	DAYTIME PHONE#
_____	EVENING PHONE#
CITY STATE ZIP CODE	FAX #
_____	CELL / PAGER#
EMAIL ADDRESS #1 (Required)	EMAIL ADDRESS #2 (Required)

NATIONAL SMALL GROUP ENSEMBLE INFORMATION

Group Name	Division (Circle)	Category (Circle)	Routine Name
	Tiny Mini Youth Junior Senior Open	Acro/Gym Jazz Lyrical Hip-Hop Pom Open	

	Participant's Name	Birth date	Age		Participant's Name	Birth date	Age
1			4				
2			5				
3							

NATIONAL SMALL GROUP ENSEMBLE INFORMATION

Group Name	Division (Circle)	Category (Circle)	Routine Name
	Tiny Mini Youth Junior Senior Open	Acro/Gym Jazz Lyrical Hip-Hop Pom Open	

	Participant's Name	Birth date	Age		Participant's Name	Birth date	Age
1			4				
2			5				
3							

NATIONAL SMALL GROUP ENSEMBLE INFORMATION

Group Name	Division (Circle)	Category (Circle)	Routine Name
	Tiny Mini Youth Junior Senior Open	Acro/Gym Jazz Lyrical Hip-Hop Pom Open	

	Participant's Name	Birth date	Age		Participant's Name	Birth date	Age
1			4				
2			5				
3							

PAYMENT CALCULATOR

NATIONALS

of Ensembles _____ x \$125.00 = _____

Total PAYMENT Due: \$ _____

Method of Payment

- Money Order/Certified Check
- Credit Card Payment and Authorization Form
(Include 3% convenience fee)
- Team/Company Check (14 days prior to event)

CDE NOTES:

Date Received _____ Received By _____

Date Processed _____ Processed By _____

Pymt Method _____ Amt _____ Due _____

Waivers _____ Notes _____

REGISTRATION IS DUE March 1, 2010 for Nationals.

Cheer and Dance Extreme offers Leap Star and Kick Star at ALL of our events. Below is a description of the categories and age breakdown. To compete in these divisions please fill out our star packet and/or you can register the day of the event. The packet is online at www.cheeranddanceextreme.com

LEAP STAR

Offered at all events

A Leap Star competitor is a participant who must perform three leaps that showcases their skills, technique and overall execution.

KICK STAR

Offered at all events

A Kick Star competitor is a participant who must perform two (8 counts) of their best kick series that showcases their skills, technique and overall execution.

CATEGORY	DIVISION	<u>AGE DAY OF EVENT</u>	GENDER
LEAP STAR			
All			
Leap	Youth	9 years and younger	M/F
Leap	Junior	10-13 yrs old (10/11/12/13)	M/F
Leap	Youth	14-19 yrs old (14/15/16/17/18/19)	M/F
KICK STAR			
All			
Kick	Youth	9 years and younger	M/F
Kick	Junior	10-13 yrs old (10/11/12/13)	M/F
Kick	Youth	14-19 yrs old (14/15/16/17/18/19)	M/F