

CHEER AND DANCE EXTREME – CHEER INDIVIDUAL & PARTNER STUNT GROUP REGISTRATION

How to Register for an Individual Event

- 1.) Complete Individual Participant Registration Form.
- 2.) Complete Medical Waiver. If you have submitted one with your TEAM you do not have to submit a new one.
- 3.) Mail Registration Form, Waiver and Payment to us. If you are paying by credit card you can fax the credit card authorization form along with your registration form, however, we must have the original waiver.

How to Register for a Partner Stunt Group Event

- 1.) Complete Individual Participant Registration Form.
- 2.) Complete Stunt Group Roster Form.
- 3.) Complete Medical Waiver form for each participant. If you have submitted one with your TEAM you do not have to submit one.
- 3.) Mail Registration Form, Roster, Waiver and Payment to us. If you are paying by credit card you can fax the credit card authorization form along with your registration form and roster, however, we must have the original waiver.

REGISTRATION POLICIES FOR INDIVIDUAL and STUNT GROUP ENTRIES

1. All participants competing in the competition must represent a studio, school, all star or recreation team. The member does not need to be competing with a team the day of the event. **Our individual and small group competition is open to all.**
2. Cheer and Dance Extreme will release FINAL On-Line Schedules for Classic and Open Championship Events at 5:00 pm EST the Thursday prior to the event. A preliminary may be released as early as the Monday prior to the event. The Grand National Championship By The Sea will be release 7 days prior to the event on our website. The contact person/coach may pick up the Final Version at Check-In the day of the event.
3. An official entry form must be completed for each entry submitted. All participants must have a medical waiver on file with Cheer and Dance Extreme for the current season. Forms can be downloaded on our website at www.cheeranddanceextreme.com and click on FORMS or you may contact our office at 410-799-1390 to have a form faxed to you.
4. Early entry submission is encouraged. Completed entry blanks and rosters must be received no later than the deadline date for each competition. **NO ENTRIES ARE ACCEPTED ON THE DAY OF THE EVENT.**
5. There is no limit on the amount of entries a school, recreation, or all star team can submit. All entries are accepted on a first come-first serve basis. Cheer and Dance Extreme has the right to "cut-off" divisions for the event to insure a quality competition.
6. Cheer and Dance Extreme is aware of adequate warm-up time needed for each routine/entry. We do our best to accommodate multiple entries from a given organization, but, cannot guarantee time between entries for those entered in multiple individual divisions. Please plan accordingly.
7. Male and female entries compete in a combined division for all events, however, if more than 3 male and 3 female entries are received for said divisions it may be separated at National Finals. This is up to the discretion of the Cheer and Dance Extreme Dance Executive Staff.
9. Challenges of eligibility concerning age or professional status must be presented in writing to Cheer and Dance Extreme office within 48 hours of the competition in question. You will be contacted by the office regarding decisions of eligibility within 30 days. If it is found that a member of a competing routine is ineligible, the entire routine will be disqualified.
10. Age/Grade is determined as follows: August 31, 2009.
11. Competitors will be responsible for producing birth certificates or school form should a challenge or question concerning age arises. Cheer and Dance Extreme reserves the right to move a routine to the correct age division in accordance with the above rulings.
12. SUBSTITUTIONS may NOT be made for a pre-registered individual. If the individual is a no-show or elects NOT to compete or complete a routine – No monies will be refunded. Prizes have already been ordered and judges' time allotted into our master schedule.

DIVISIONS & ROUTINE CLASSIFICATIONS

SPECIAL NOTE: An individual may be a member of a specific team/group. At all events cheerleaders will be placed in two overall divisions – Scholastic & All Star. In the event in which less than 5 entries are received it will be combined (unless specified below – i.e. partner stunt) Cheer and Dance Extreme wants a quality competition and does not like to see individuals competing against a score!

ALL STAR

All Star Team

An All Star Team is a team that does not cheer for any sport and is formed for the primary purpose of competing. The team works out in a private gym or similar and/or is coached by a paid professional.

To be considered an All Star or Open/Collegiate Team one or all must apply:

- 1.) The sole purpose is practicing to compete at competitions – local, regional, state and national.
- 2.) The team/organization is governed by an organized gym for profit and/or is organized by a gym/board of directors as non-profit.
- 3.) The organized “open” team and/or school governed collegiate team’s purpose is to compete in events in Level 6. If we have enough teams to separate college and open we will. However, our purpose is to deliver the best competition experience and be competitive at this level.

SCHOLASTIC

A scholastic division member is a member of a school, studio or recreation/youth league team.

School

A school division team is a team made up of official school team members or official school competition team members. All members MUST attend that school or cheer for that said school and be in grades Pre-K through 12th per each grade designated division.

To be entered as a school team one or all must apply:

- 1.) Team is governed by their associated school’s administration.
- 2.) The team’s main purpose is to cheer for the said school’s sports (example: football) or be a school spirit “pep rally” club team.
- 3.) Must be currently an enrolled in school system (grade Pre- K-12) in 2008-2009.
- 4.) Home Schooled Students are eligible to participate on the associated school boundary team.

Recreation/Youth League

A recreation/youth league team is a community team that provides support for a sport or performs in recitals or parades. Coaches are non-paid, non-professionals.

To be entered as a Recreation/Youth Organization one or all must apply to the team:

- 1.) Governed by a Recreation Council or Recreation Board of Directors. You must be able to furnish proof.
- 2.) Are affiliated with a YMCA, County Recreation and Parks Program, or Boys and Girls Club.
- 3.) Cheers for the associated recreation sports club (football, soccer, basketball, wrestling, etc.)

CATEGORY DEFINITIONS

Participants must pre-register for the following divisions. We will NOT take ANY on-site registrations for individual or partner stunt divisions.

Individual Cheerleader - An individual competitor is a participant who performs a “routine” by themselves. The total routine maximum: one minute and thirty seconds/ no minimum. Music may be used for the entire routine or just a portion of it. Pre-recorder music should be low during the cheer portion so that judges can hear the participant’s voice. Cheer and Dance Extreme’s Sound Staff are NOT allowed to “turn” down or fix levels of any recorder music. Routines should incorporate a variety of jumps, cheer/motions and dance. Non-Tumbling divisions should not include ANY tumbling at all. A roll is considered tumbling. No tumble passes are allowed during entrances and exits of a non-tumbling division. Tumbling divisions MUST include tumbling.

Cheer Duet/Trio – A routine in which two (duet) or three (trio) cheerleaders compete as a unit and performs a “routine” together. The total routine maximum is one minute and thirty seconds with NO minimum. Music may be used for the entire routine or just a portion of it. Routines should incorporate a variety of jumps, cheer/motions and dance. This is a TUMBLE division so some form of gymnastic (i.e. forward roll, back handspring) must be incorporated. **NO STUNTING.**

Partner Stunt/Group Stunt Competition - Partner Stunt “Couples” may be male/female or female/female plus one spotter. Partner Stunt Group is five members or a Coed Couple is 2 members and 1 incorporated spotter for a total of 3 in the stunt group. Time limit is a maximum of one minute and thirty seconds with no minimum.

All Star Partner Stunt Groups follow USASF Rules. Partner Stunt Groups can utilize stunt skill through and including Level 3 for Mini, through and including Level 5 for Youth, Junior and Senior; and Level 6 for Open All Star Stunt Groups. You can access a link through our website or go to www.usasf.net

Scholastic/Recreation Partner Stunt Groups follow NFHS Rules. You can access a link through our website or go to www.nfhs.org

DIVISIONS OFFERED

Category	Name of Division	Age	Gender	Size
CHEER INDIVIDUAL				
Scholastic/Recreation		age on 8/31/2009		
Tumble	Tiny	5 yrs and younger	M/F	Individual
Tumble	Mini	6 - 8 yrs old	M/F	Individual
Tumble	Youth	9 – 11 yrs old	M/F	Individual
Tumble	Junior	12 – 14 yrs old	M/F	Individual
Tumble	Senior	15 – 18 yrs old	M/F	Individual
NON TUMBLE	Tiny	5 yrs and younger	M/F	Individual
NON TUMBLE	Mini	6-8 yrs old	M/F	Individual
NON TUMBLE	Youth	9 – 11 yrs old	M/F	Individual
NON TUMBLE	Junior	12 – 14 yrs old	M/F	Individual
NON TUMBLE	Senior	15 – 18 yrs old	M/F	Individual
CHEER INDIVIDUAL				
All Star		age on 8/31/2009		
Tumble	Tiny	5 yrs and younger	M/F	Individual
Tumble	Mini	6 - 8 yrs old	M/F	Individual
Tumble	Youth	9 – 11 yrs old	M/F	Individual
Tumble	Junior	12 – 14 yrs old	M/F	Individual
Tumble	Senior	15 – 18 yrs old	M/F	Individual
NON TUMBLE	Tiny	5 yrs and younger	M/F	Individual
NON TUMBLE	Mini	6-8 yrs old	M/F	Individual
NON TUMBLE	Youth	9 – 11 yrs old	M/F	Individual
NON TUMBLE	Junior	12 – 14 yrs old	M/F	Individual
NON TUMBLE	Senior	15 – 18 yrs old	M/F	Individual
Category	Name of Division	Age	Gender	Size
STUNT GROUP				
Scholastic/Recreation		age on 8/31/2009		
	Mini	8 yrs and younger	M/F	5 members
*follows NFHS Rules	Youth	10 yrs and younger	M/F	5 members
	Junior Prep	12 yrs and younger	M/F	5 members
	Junior	14 yrs and younger	M/F	5 members
	Senior	18 yrs and younger	M/F	5 members
STUNT GROUP				
All Star		age on 8/31/2009		
Up to Level 3 – USASF	Mini	8 yrs and younger	M/F	5 members
Up to Level 5 – USASF	Youth	11 yrs and younger	M/F	5 members
Up to Level 5 – USASF	Junior	14 yrs and younger	M/F	5 members
Up to Level 5 - USASF	Senior	18 yrs and younger	M/F	5 members
Coed/Couples	Junior Couples	14 yrs and younger	M/F	2 + 1 spotter
Coed/Couples	Senior Couples	18 yrs and younger	M/F	2 + 1 spotter
**All Star Stunt groups can perform skills up to Level Notated!				
Category	Name of Division	Age	Gender	Size
CHEER DUO/TRIO				
Scholastic/Recreation		age on 8/31/2009		
	Mini	8 yrs and younger	M/F	2-3 members
*follows NFHS Rules	Youth	11 yrs and younger	M/F	2-3 members
	Junior	14 yrs and younger	M/F	2-3 members
	Senior	18 yrs and younger	M/F	2-3 members
All Star		age on 8/31/2009		
	Mini	8 yrs and younger	M/F	2-3 members
*follows USASF Level 5 rules	Youth	11 yrs and younger	M/F	2-3 members
	Junior	14 yrs and younger	M/F	2-3 members
	Senior	18 yrs and younger	M/F	2-3 members

INDIVIDUAL REGISTRATION FORM



Cheer and Dance Extreme
6717 Lowes Lane
Elkridge, MD 21075
FAX: 410-799-8569

*For Overnight Packages
please note package: No Signature Required
Questions? Call 1-888-482-4337 or Email
info@cheeranddanceextreme.com

TEAM / ORGANIZATION INFORMATION

TEAM/ORGANIZATION

MAILING ADDRESS

CITY STATE ZIP CODE

EMAIL ADDRESS #1 (Required)

CONTACT PERSON INFORMATION

CONTACT PERSON'S NAME

DAYTIME PHONE# EVENING PHONE#

FAX# CELL / PAGER#

EMAIL ADDRESS #2 (Required)

TINY INDIVIDUAL – (AGES 5 and UNDER)

TUMBLE

	Participant's Name	Birth date	Age
1			1
2			2

NON-TUMBLE

	Participant's Name	Birth date	Age

MINI INDIVIDUAL – (AGES 6/ 7/8)

TUMBLE

	Participant's Name	Birth date	Age
1			1
2			2
3			3

NON-TUMBLE

	Participant's Name	Birth date	Age

YOUTH INDIVIDUAL (AGES 9/10/11)

TUMBLE

	Participant's Name	Birth date	Age
1			1
2			2
3			3

NON-TUMBLE

	Participant's Name	Birth date	Age

JUNIOR INDIVIDUAL (AGES 12/13/14)

TUMBLE

	Participant's Name	Birth date	Age
1			1
2			2
3			3

NON-TUMBLE

	Participant's Name	Birth date	Age

SENIOR INDIVIDUAL (AGES 15/16/17/18)

TUMBLE

	Participant's Name	Birth date	Age
1			1
2			2
3			3

NON-TUMBLE

	Participant's Name	Birth date	Age

PAYMENT CALCULATOR

CLASSICS and OPEN CHAMPIONSHIPS

#of Individuals _____ x \$30.00 = _____

NATIONALS

of Individuals _____ x \$50.00 = _____

Total PAYMENT Due: \$ _____

Method of Payment

___ Money Order/Certified Check

___ Credit Card Payment and Authorization Form

(Include 3% convenience fee)

___ Team/Company Check (14 days prior to event)

CDE NOTES:

Date Received _____ Received By _____

Date Processed _____ Processed By _____

Pymt Method _____ Amt _____ Due _____

Notes _____

EVENT: _____

EVENT DATE: _____

REGISTRATION IS DUE 10 DAYS PRIOR TO CLASSIC & CHAMPIONSHIP EVENTS
REGISTRATION IS DUE March 1, 2010 FOR NATIONAL FINALS

STUNT GROUP ROSTER FORM



This form must be attached with all Stunt Group Registrations. Please use age as of 08/31/2009.

TEAM NAME _____
CONTACT PERSON _____

Group Name: _____ Division Entered: _____

Participant's Names	Birthdate	Age/Grade	Gender
1.) _____	_____	_____	_____
2.) _____	_____	_____	_____
3.) _____	_____	_____	_____
4.) _____	_____	_____	_____
5.) _____	_____	_____	_____

Group Name: _____ Division Entered: _____

Participant's Names	Birthdate	Age/Grade	Gender
1.) _____	_____	_____	_____
2.) _____	_____	_____	_____
3.) _____	_____	_____	_____
4.) _____	_____	_____	_____
5.) _____	_____	_____	_____

Group Name: _____ Division Entered: _____

Participant's Names	Birthdate	Age/Grade	Gender
1.) _____	_____	_____	_____
2.) _____	_____	_____	_____
3.) _____	_____	_____	_____
4.) _____	_____	_____	_____
5.) _____	_____	_____	_____

Group Name: _____ Division Entered: _____

Participant's Names	Birthdate	Age/Grade	Gender
1.) _____	_____	_____	_____
2.) _____	_____	_____	_____
3.) _____	_____	_____	_____
4.) _____	_____	_____	_____
5.) _____	_____	_____	_____

Group Name: _____ Division Entered: _____

Participant's Names	Birthdate	Age/Grade	Gender
1.) _____	_____	_____	_____
2.) _____	_____	_____	_____
3.) _____	_____	_____	_____
4.) _____	_____	_____	_____
5.) _____	_____	_____	_____

Group Name: _____ Division Entered: _____

Participant's Names	Birthdate	Age/Grade	Gender
1.) _____	_____	_____	_____
2.) _____	_____	_____	_____
3.) _____	_____	_____	_____
4.) _____	_____	_____	_____
5.) _____	_____	_____	_____

CHEER DUET/TRIO REGISTRATION FORM



Cheer and Dance Extreme
6717 Lowes Lane
Elkridge, MD 21075
FAX: 410-799-8569

*For Overnight Packages
please note package: No Signature Required
Questions? Call 1-888-482-4337 or Email
info@cheeranddanceextreme.com

PLEASE FILL OUT ONE FORM PER EVENT

TEAM / ORGANIZATION INFORMATION	CONTACT PERSON INFORMATION
TEAM/ORGANIZATION	CONTACT PERSON'S NAME
MAILING ADDRESS	DAYTIME PHONE# EVENING PHONE#
CITY STATE ZIP CODE	FAX # CELL / PAGER#
EMAIL ADDRESS #1 (Required)	EMAIL ADDRESS #2 (Required)

DUET/TRIO GROUP INFORMATION

Group Name	Division (Circle)	Category (Circle)	Routine Name
	Mini Youth Junior Senior	All Star Recreation/Scholastic	

	Participant's Name	Birth date	Age
1			
2			
3			

DUET/TRIO GROUP INFORMATION

Group Name	Division (Circle)	Category (Circle)	Routine Name
	Mini Youth Junior Senior	All Star Recreation/Scholastic	

	Participant's Name	Birth date	Age
1			
2			
3			

DUET/TRIO GROUP INFORMATION

Group Name	Division (Circle)	Category (Circle)	Routine Name
	Mini Youth Junior Senior	All Star Recreation/Scholastic	

	Participant's Name	Birth date	Age
1			
2			
3			
3			

PAYMENT CALCULATOR

CLASSICS/CHAMPIONSHIPS

of Duet/Trios _____ x \$ 50.00 = _____

NATIONALS

of Duet/Trios _____ x \$ 75.00 = _____

Total PAYMENT Due: \$ _____

Method of Payment

- Money Order/Certified Check
- Credit Card Payment and Authorization Form
(Include 3% convenience fee)
- Team/Company Check (14 days prior to event)

CDE NOTES:

Date Received _____ Received By _____

Date Processed _____ Processed By _____

Pymt Method _____ Amt _____ Due _____

Waivers _____ Notes _____

Registration is due 10 days prior to any Classic and Championship Event and March 1, 2010 for Nationals

EVENT: _____

EVENT DATE: _____