



2010-2011 Parent Handbook

"You won't want to miss... Year 6"

South Location:
1235 Camp Hollow Rd
West Mifflin, PA 15122

North Location:
3812 William Flynn Highway
Building 4B
Allison Park, PA 15101

412-466-FIRE

info@fireandiceallstars.com

Welcome to Fire and Ice Allstars

Welcome to Fire and Ice Allstars and Thank You for choosing our program for your family.

Why Choose Fire and Ice?

Too many times, parents are forced to choose between placing their child in a gym that has high family values and teaches good character OR placing their child in a national caliber gym with excellent technical training and elite level choreography. You CAN have BOTH!

Fire and Ice Allstars offers traditional values, positive role models, a family atmosphere, along with incredible training and innovative choreography. We believe in providing a family atmosphere that teaches our students “life lessons” that will remain with them forever. While Fire and Ice Allstars’ professional staff is recognized nationally as providing quality, character based training for their athletes, Fire and Ice athletes are recognized nationally as having high work ethics, great commitment and jaw dropping performances. Don’t settle when choosing an all star program for your child. Give them the best training you can in cheerleading and in life- a cutting edge all star program with a wholesome environment!

We are anticipating our 6th season to continue in the tradition of good sportsmanship, teamwork and excellence both off and on the mat. To date, we have earned countless championships including Bids to Cheerleading AND Dance Worlds, numerous National Championships, and Paid Bids to Final Destination. Our staff is unparalleled in the Pittsburgh area and our 14,000 sq ft training facility is so cutting edge that we have been featured in Cheer Biz News. Our coaches are USASF certified in stunts, tumbling and tosses, so you can ensure your child’s safety is our number 1 priority. Our coaches are also nationally recognized choreographers and judges, so you can expect the most entertaining routine that maximizes the scoresheet.

New for our 6th season we are excited to announce that we are merging with the Legacy All-Star Dance to double our facility, double our ability, and double our success!! Both training facilities will run separately with the cheer program being called Fire and Ice and the dance program being called Legacy All-Star Dance, but at competitions we will be one GIANT family!!

At Fire and Ice Allstars, we have an extreme passion for what we do and we hope to share that passion with you and your family. Welcome to the world of Allstar Cheerleading, we are happy you chose us as your cheer family!

ARE YOU READY TO JOIN THE BEST?

At Fire and Ice Allstars, our goal is to positively affect the lives of cheerleaders and dancers at all ages and ability levels. Our main competitive allstar program offers approximately 10 separate cheer and dance teams for both girls and boys ages 3 through 18, and welcomes all ability levels from beginner to elite. Worried about your tumbling? Don't be! Regardless of your current skill level, we have a team for you at Fire and Ice! We realize that from the outside looking in, it can be very intimidating to try out for a large, successful program like Fire and Ice Allstars. Please don't stress!

	Level 1	Level 2	Level 3	Level 4	Level 5
5 & Under	No Tumbling Requirements	N/A	N/A	N/A	N/A
8 & Under	Cartwheel, Round Off	Standing Backhandspring, Round Off 2 Backhandsprings	Standing 2 Backhandsprings, Round Off Tuck	N/A	N/A
11 & Under	Cartwheel, Round Off	Standing Backhandspring, Round Off 2 Backhandsprings	Standing 2 Backhandsprings, Round Off Backhandspring Tuck	Standing BHS/ Back Tuck, Round Off Backhandspring Layout	Standing Jump/Tuck, Full with Spot
14 & Under	Cartwheel, Round Off	Standing Backhandspring, Round Off 2 Backhandsprings	Standing 2 Backhandsprings, Round Off Backhandspring Tuck	Standing BHS/ Back Tuck, Round Off Backhandspring Layout	Standing Jump/Tuck, Full with Spot
18 & Under (Senior 5 – Minimum Age 12)	N/A	Standing Backhandspring, Round Off 2 Backhandsprings	Standing 2 Backhandsprings, Round Off Tuck	Standing BHS/ Back Tuck, Round Off Backhandspring Layout	Standing Jump/Tuck, Full with Spot

The chart above lists the minimum level of skill that we believe will be necessary to make a team at each division/age level (based on the athlete's age on **8/31/2010**). ***This chart is merely a guideline, not a guarantee. If a candidate demonstrates an exceptional strength in another area besides tumbling, like jumps, dancing, basing, back spotting or flying, they may be placed on a squad that is higher than their individual tumbling skills. On the other hand, simply having the necessary tumbling skills does not mean that a candidate will automatically make that level.***

Our coaches are well-seasoned at putting together strong and successful teams at every level, and will have the final say in placement of athletes. We are looking for well rounded athletes with a strong work ethic and tumbling skills that are clean and consistent, especially at the higher levels. If a candidate demonstrates a weakness in a specific skill area, demonstrates a low work ethic, or has a history of missing classes or practices due to outside conflicts, they may be placed on a team lower than their tumbling skill level.

We cannot guarantee that all ability levels will be available for all ages. The creation of squads at specific skill and age levels will be determined based on the demographics of the candidates.

2010-2011 IMPORTANT DATES

Gym Holidays and Scheduled Events

Below please find a list of important dates for the upcoming season, including holiday closings. This list may not be all inclusive, and any additions will be communicated via the website and email.

May 17, 2010	Team Practice Begins
	Mother's Day – GYM CLOSED
May 28-31, 2010	Memorial Day Weekend – GYM CLOSED
	Father's Day – GYM CLOSED
TBA	Summer Vacation Week – GYM CLOSED
	Labor Day Weekend – GYM CLOSED
	Thanksgiving Day – GYM CLOSED
December 23-January 2, 2011	Christmas Break – GYM CLOSED
	Easter Day – GYM CLOSED

Competition Schedule

We are currently in the process of finalizing our competition schedule and will post it on the member section of our website as soon as it becomes available.

As we have done in the past, we will have a "Parent Preview" event for our cheerleaders to showcase their routines to our Fire and Ice family and friends prior to the first competition, and will release that date as soon as it becomes available.

Choreography Schedule

Choreography for all teams will be July 20-August 1. Exact schedule will be released after teams have been selected for this season. If you have a conflict with choreography dates, please let us know ASAP so we can secure a fill in for your athlete.

Uniforms and Uniform Fitting Day

All cheer and dance athletes will be responsible for purchasing their own uniforms, and all uniforms will remain the property of the athlete. We just purchased new uniforms this past season that will be used through the 2012 season.

We will be holding our uniform fitting day in June, the schedule will be distributed closer to the month of June. We are shooting for a Saturday afternoon in June. In addition to shoes and uniforms, this will be the day when warm-ups, bags, bows, and make-up will be available for ordering and sizing.

ATTENDANCE POLICY

Practice Attendance

Once selected for a Fire and Ice Allstars team, it is your obligation to attend all practices. When one member is absent, it can keep a whole team from achieving their goals for that practice. The definition of a team is a number of people that are associated together in work or activity; a cooperatively functioning group. We cannot function cooperatively without your attendance and commitment. Please realize this before entering into this contract.

Team practices **will begin the week following tryouts**. Each team will practice one or two days during the week for the remainder of the season. During competition season, Fire and Ice Allstars reserves the right to schedule extra practices or extend practices if necessary. There is no cost to the athlete. It is mandatory for Fire and Ice Allstars team members to attend practice. Athletes may not have more than four absences before Choreography Week. If this occurs, removal from the program will be necessary. After choreography, attendance is required. Excused absences will be the only form of absence tolerated. **All absences, excused or unexcused, can potentially alter the athlete's role in the routine, based on the coach's decisions. More than one unexcused absence can result in the removal of the athlete from the team.**

Our summer vacation policy balances the importance of family time and the needs of the team. We will allow a maximum of three weeks for summer vacations. We must receive prior notice of the vacations in writing or by e-mail by June 1st. We ask that you try to schedule your vacations to minimize the amount of practice time missed and, when possible, to take advantage of the summer break. When you are in town, you need to be at practice!

Examples of Excused Absences	Examples of Unexcused Absences
Graded School Events	Birthdays / Family Celebrations
Contagious Illness, Illness with Vomiting	Homework / Studying
Family Emergency / Family Death	School Activities (dances, pep rally, etc.)
	Non-Contagious Illness
	Child's Punishment (Please do not punish your child by taking away cheer practice, that punishes the team.)

Competition Attendance

As a Fire and Ice Allstars member you are obligated to attend ALL competitions both in Pittsburgh and out of town, no exceptions. It is the team member's responsibility to adhere to the competition schedule. Furthermore, it is the responsibility of the athlete and parents to have their athletes at the designated meeting locations on time and properly dressed. Please remember, it is not fair for the team to suffer due to one person's tardiness. We understand sometimes the meeting times are early, but we do our best to compensate that during the dismissal times.

The 2010-2011 competition schedule is currently in the works, and will be handed out once finalized, which weighs heavily on the competition producers. We are again planning on attending 5 regional/blast competitions, along with 2 -3 national competitions. Once the competition schedule is handed out, it is your responsibility to notify an owner IMMEDIATELY if you have any potential conflicts with the dates. Please submit any conflicts in writing.

When traveling, all Fire and Ice parents are responsible for making their own travel arrangements. All athletes will be rooming with their parents when traveling. For trips that require an overnight stay, we will obtain a block of rooms in the Fire and Ice name at a promotional rate; however, you are not required to stay in this hotel. Parents will then be responsible for booking their room before the block expires in order to take advantage of the special rate.

COMPETITION / PRACTICE POLICIES

Practice

In order to get the most out of practice and have it run efficiently, the following rules have been established:

- Proper practice wear will be required and will be communicated to teams following team placements. Hair must be pulled back into a ponytail at the start of practice, and remain pulled away from the face for the duration of the practice.
- Jewelry is not allowed for safety purposes. Fire and Ice is not responsible for jewelry left at the gym.
- Gum chewing is **not allowed** inside the gym. Food and drink will be allowed in specified areas, and should not ever be near the equipment or floors. All athletes are responsible for cleaning up after themselves, and teams will not be dismissed from practice until the athlete area is clean and free of food and drink containers.
- **INSUBORDINATION IS UNACCEPTABLE!** The following actions can result in gym community service, suspension, and possible removal from a Fire and Ice Allstars team:
 - Temper tantrums, outbursts, or other signs of poor attitude including lewd language.
 - Showing disrespect to the instructors by talking back, eye rolling, etc.
 - Showing disrespect to a fellow team member.
 - Unnecessary and excessive talking.
 - Use of cell phones for non-emergency calls (cell phones should be turned off during practice).

Competition

It is objective of Fire and Ice Allstars to have all competitions run efficiently. We strive to provide as much information as possible. **WE ARE VERY PROUD OF OUR NAME!** The manner in which we conduct ourselves is a direct reflection of the name Fire and Ice Allstars. Below is a list of rules required at each competition:

- Each Fire and Ice Allstars member is required to purchase and wear the full uniform to competition (shoes, briefs, make-up, etc.). When traveling out of town, you must have your uniform with you in a carry-on bag.
- Team members **must be prompt** to competition locations as per competition information email.
- Upon arriving at the competition location, please be competition ready and **fully dressed**. Team member's hair should be worn according to the standard set by Fire and Ice Allstars to be determined at a later date. Make-up should be applied according to standard procedures set by Fire and Ice Allstars.
- Jewelry is not allowed during warm-up or competition, which includes piercings. This is for safety reasons enforced by Fire and Ice Allstars and the competition companies. During competitions, penalties can be assessed to our team for wearing jewelry. No special exceptions will be made, and no bandages will be allowed over jewelry. It is not the responsibility of the Fire and Ice Staff or team parents to care for your personal jewelry items.
- Team members are to be in full uniform at the awards ceremonies (no sandals, slippers, or bags). Do **NOT** go to awards in anything other than what you competed in! Hair and makeup should still be competition style.
- Parents are required to set an example to not only their own athletes, but to all of our team members. Please make sure that your actions do not interfere with the responsibilities that you have as a representative of Fire and Ice Allstars. We would not want any athlete to be removed from the program because of the actions of their parents.
- Parents should not have any contact with a competition official for any reason. Please speak with a Fire and Ice Allstars representative if you have any concerns.
- Fire and Ice **ATHLETES AND PARENTS** are a reflection of our family and should conduct themselves in a manner that is in line with our beliefs.
 - Insubordination as stated above will not be tolerated.
 - Inappropriate behavior, profanity, or lewd conduct is unacceptable.
 - Tobacco, Alcohol and Illegal substance consumption is not tolerated.
 - Unsportsmanlike behavior or disrespect to another team is inappropriate and **WILL NOT** be tolerated and could result in immediate removal of Fire and Ice Allstars.
 - Full respect for the Fire and Ice Allstars coaching staff and team parents is expected of each team member. Team parents are volunteers and should be highly praised for their dedication to the job. They will provide all information and updates. Please treat them with courtesy and consideration for their efforts. Please refrain from relying on them to relay your concerns that can be handled by the staff on a later date. This can take away from the duties that are carried out by them.

FINANCIAL GUIDELINES

- All candidates must show a \$0 balance on their Fire and Ice account from any previous commitments to be eligible to try out for the 2010-2011 Season.
- Tuition will be due on the first day of the month (with the exception of May) ending in April of the following year. All payments should be placed in the payment envelopes available at the gym with the athlete's name on the front and the appropriate payment box checked. Payments may also be mailed to Fire and Ice Allstars. Cash and checks will be accepted at the gym for payment, or you can access our PayPal account via the Fire and Ice website.
- Fire and Ice Allstars monthly tuition is a reflection on yearly costs. Therefore there will be **NO REFUNDS** or **PARTIAL MONTHLY CREDITS** if you choose to not continue to participate, are removed from a Fire and Ice Allstars team, or join mid-month. Furthermore, there will be no credits given for short months (i.e. Winter Break, competitions, etc).
- If you choose to pay quarterly, you will receive a 3% discount. If you pay in half-year, you will receive a 5% discount. If you pay the whole year up front, you will receive a 10% discount. These discounts apply to **TUITION ONLY**. If you are interested in paying in a lump sum, please contact fireandicebilling@yahoo.com.
- Monthly invoices are distributed through email and will be sent out by the 10th of every month. A parent email address must be provided at registration. If you are not receiving your monthly invoice, please contact fireandicebilling@yahoo.com to double check the email on file. Also, double check your email spam folder to be sure that invoices have not been incorrectly directed.
- New for the 2010-2011 season, the Booster association will be holding 2-3 mandatory fundraisers that all gym parents must participate in. They will be such things as our competition we host, and our annual cash bash. This is to help off-set costs throughout your season such as tuition and competition fees. If you chose not to participate there will be a \$100 buyout charge. Additional information will be distributed.
- Family discount: The oldest child pays full tuition; a \$10 discount will be given for each additional sibling. (This does not apply to open team members.)
- If an athlete is unable to finish their year due to injury (must turn in a doctor's note) or relocation, they may do so without penalty. If an athlete quits for any other reason, they will be responsible for paying any uncovered expenses, including the cost of competition fees for the balance of the season. All resignations must be received in writing.
- A \$25 late fee will be assessed for any invoices not paid in full by the 1st of the month. Also, new for the 2010-2011 any fees that become (60) Days past due will be charged to your credit card on file.
- A \$35 fee will be applied to any transaction that is returned unpaid, in addition to associated late fees that will be assessed.
- Any student with any unpaid customer balance on the 1st of each month will not be permitted to participate in any Fire and Ice activities until all debts are paid in full. This includes tuition, uniform, competition fees, and late fees. No discounts will be given to students for time missed due to unpaid balance.

FINANCIAL OBLIGATIONS

EXPENSE	AMOUNT	DUE DATE
Registration Fee	\$30 Per Athlete \$50 Per Family	Registration fee is due by at tryouts. No athlete will be placed on a team without paying the registration fee.
Monthly Tuition	\$45 Local Teams \$40 Firestarters \$75 Level 1 Teams \$90 Level 2 -4 Teams \$100 Level 5 Teams \$25 All Crossovers (Cheer to Cheer). \$130 Cheer & Dance Combo (Total tuition cost for cheer and dance \$65 each! Sr5 Athletes will have a \$140 cheer and dance crossover tuition.)	Tuition will be due on the 1 st of the month. Any invoice not paid in full by the 5 th of the month will be assessed a \$30 late fee.
Competition Uniform	\$315.00 if paid by 7/1 \$340.00 if paid after 7/1 PLEASE NOTE – Uniform prices includes Top, Skirt, ATTACHED Spankies AND Hairbow. This will be your ENTIRE uniform minus shoes.	Uniforms will not be ordered until they are paid in full. Athletes may make partial payments on uniforms, but all uniforms must be paid for in FULL by August 15 th .
Make Up Kits	\$35 Per Kit (Approximate)	Payments for make-up will be due on uniform order day.
Practice Clothes	\$60 Per Athlete – Athletes will receive 2 practice shirts shorts and a sports bra.	June 1 st
Shoes	All youth, junior and senior teams will be wearing Nfinity shoes. We will have a representative at uniform fittings to fit and take orders for shoes, or they can be ordered online. All tiny and mini athletes are welcome to order Nfinity shoes, but are not required to. These athletes may wear any ALL WHITE cheerleading shoes, EXCEPT Kaepas.	All Nfinity shoes MUST be paid for on fitting day, and will not be ordered without payment. Those athletes not ordering Nfinity shoes will be responsible for purchasing shoes on their own. We recommend www.teamcheer.com or www.eastbay.com .
Choreography and Music	All cheer participants will be assessed a choreography fee to include routine development (camp) and music. Travel team members fees will range from \$150-200. Local team members will pay between \$75-100 for music and partial choreography.	First ½ of choreography payment is due by June 15 th , and the remainder will be due by July 15 th . Any unpaid balances will prevent your child from participating in choreography.
Competition Fees	Competition fees are direct billed and due 2 months prior to the competition date.	Competition fees must be paid 2 months prior to the competition date in order to take advantage of early bird discounts. Late payments will result in a \$10 per week late fee, and may result in your child being removed from the routine.
Coaches Fees	\$50 Per Athlete (\$25 per Tiny/\$75 per Family)	\$25 Due – September 1 (\$50 Family) \$25 Due – January 1 (\$25 Family)
Booster Association	\$30 Per Athlete (\$40 per Family)	Fees are due with first full month tuition payment. Fees help cover legal, accounting, and administrative fees for the association.

FINANCIAL CALENDAR

May 2010	1 st day of Tryouts - \$20 Tryout Fee and \$30 Registration Fee
June 2010	June 1 st – Tuition, Practice Clothes Money and Order Form and \$30 Booster Association Fee Due. June 15 th – 1 st half of Choreography Due.
July 2010	July 1 st – Tuition Due (Last Day to get discounted price on Uniform!) July 15 th – 2 nd half of Choreography Due.
August 2010	August 1 st – Tuition Due August 15 th – Uniforms must be paid in Full by this Date!
September 2010	September 1 st – Tuition and \$25 Coaches Fees Due. *Competition Fees will begin to be deducted this month*
October 2010	October 1 st – Tuition Due
November 2010	November 1 st – Tuition Due
December 2010	December 1 st – Tuition Due
January 2011	January 1 st – Tuition and \$25 Coaches Fee Due
February 2011	February 1 st – Tuition Due February 15 th – Worlds Teams Money Due
March 2011	March 1 st – Tuition Due
April 2011	April 1 st – Tuition Due

COMMUNICATION

We, at Fire and Ice Allstars, feel that communication between the staff, parents and athletes is very important in maintaining a great relationship. We will do our best to keep you informed in a timely manner. Information that is important to your athlete may be found on our website www.fireandiceallstars.com. Please take the time to check the website daily. **It is the responsibility of the parent and athlete to check for important information and updates on the member section of the website and email. The internet and email are our primary means of communication, and you should contact us if you are not receiving an email from the gym at least twice a month.**

We want to hear from you. In order to maintain an open line of communication, we will give you many avenues to contact us with your concerns and suggestions. Please keep in mind that, before, during, and after practice are **not** the best times to communicate with coaches. The gym gets very hectic, and there is always a lot to do. Please, only contact the owners during the day via e-mail, or you may schedule an appointment to meet in person if necessary. All current contact information can be found at www.fireandiceallstars.com under the contact menu.

Each team will have a team parent that can assist you with information that pertains to your athlete's team. You will be able to contact your team parent through email or their cell phones during appropriate hours. Team parents will be listed on the members section of our website. Any competition day questions **MUST** be directed to the team parents and **NOT** the coaching staff. If they are unable to answer your questions, they will contact the coaches.

Loyalty to Fire and Ice Allstars is what will make us great. Our staff is loyal both to the athlete and to the cause. In return we see a dedication from our parents also. Our support in the past has been phenomenal. It is evident in all that we do. Loyalty is just one factor that helps us achieve our goals. If at any time you feel that your loyalty to our company diminishes for any reason, please come to **THE FIRE AND ICE ALLSTARS STAFF**, before you go to other parents or those outside of Fire and Ice Allstars. This can lead to false information being circulated and does not represent Fire and Ice Allstars in the manner that we would like. Aristotle once said "The least initial deviation from the truth is multiplied later a thousand fold." Please don't find yourself a part of that.

The greater the loyalty of a group toward the group, the greater is the motivation among the members to achieve the goals of the group, and the greater the probability that the group will achieve its goals.
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Billing Email Account

All questions regarding athlete accounts can be directed to fireandicebilling@yahoo.com. Please do not ask coaches about accounts, as they are unable to access, and are totally unfamiliar with athletes' accounts.

ATHLETE CODE OF CONDUCT

Fire and Ice athletes are held to a high standard of moral character. Our goal is to surround ourselves with positive athletes who strive to reach both the team's goals and their own personal goals. Parents, please read through the following obligations with your athlete explaining each one. Both a parent and the athlete need to initial each requirement.

1) I will not use inappropriate language or participate in inappropriate, immoral behavior. I will not participate in the illegal consumption of tobacco, alcohol or drugs. I understand that all of my actions both inside and outside of the gym are a reflection of Fire and Ice Allstars and should demonstrate strong character.

_____ Athlete Initials _____ Parent Initials

2) I understand that this is a full, one year commitment and that a team is depending on me to fulfill my responsibilities as a team member. I will be committed to my coaches, my teammates and myself striving to reach both the team's goals and my personal goals.

_____ Athlete Initials _____ Parent Initials

3) I will come to practice with a positive attitude, and I will work hard to achieve the goals set by my coaches. I realize that a positive attitude is contagious, and I will do my best to influence my teammates in a positive manner.

_____ Athlete Initials _____ Parent Initials

4) I will not disrespect any team member, coach, parent or competitor from Fire and Ice Allstars or any other gym for any reason at any time.

_____ Athlete Initials _____ Parent Initials

5) I will demonstrate good sportsmanship striving to be a humble winner and a gracious loser.

_____ Athlete Initials _____ Parent Initials

6) I will learn and obey the rules and regulations of Fire and Ice Allstars.

_____ Athlete Initials _____ Parent Initials

7) I will wear the scheduled practice clothes to each practice. I understand that it is my responsibility to help my parents keep up with the schedule and the outfits.

_____ Athlete Initials _____ Parent Initials

8) I will arrive at all competitions on time with my uniform, hair and makeup completed to Fire and Ice standards.

_____ Athlete Initials _____ Parent Initials

9) I understand that all material, music and routines are the property of Fire and Ice Allstars and are not to be used for any other purpose including school squads and talent shows.

_____ Athlete Initials _____ Parent Initials

10) I understand that breaking any of the codes of conduct above may result in suspension or dismissal from Fire and Ice Allstars.

_____ Athlete Initials _____ Parent Initials

Student Signature: _____ **Date:** _____

Parent Signature: _____ **Date:** _____

PARENT CODE OF CONDUCT

Parents are vital in helping their children maintain high moral character, fulfill their commitment and keep a positive attitude. Fire and Ice Allstars want to serve as a partner to the parents helping each child achieve these goals, but the primary job must lie with the parents. Please read this carefully and understand that you are making a commitment of time and financial resources. You are also committing to support our program's philosophies and goals. Please initial each obligation.

I give permission for my son/daughter, _____ to participate in the Fire and Ice Allstars, Inc. cheer program. _____ Parent Initials

I understand that my actions in the viewing area and at competitions are a reflection of Fire and Ice Allstars and should be of strong moral character. I will be a positive role model for my child and will encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all athletes, coaches, and spectators at every practice and competition. _____ Parent Initials

I will maintain a positive attitude by remembering that children participate in cheerleading to have fun and that the sport is for children, not adults. _____ Parent Initials

I will teach my child that doing one's best is more important than winning, so that my child will not feel defeated by the outcome of a competition or his/her performance. I will encourage my child to be a humble winner and a gracious loser. _____ Parent Initials

I will respect the coaches and their authority during practices and competitions and will not question, discuss or confront the coaches during a practice or a competition, nor will I pull my child out of practice without communicating with the coach. I will take the time to speak with the coaches at an agreed upon time and place. _____ Parent Initials

I fully understand that money paid is non refundable if my child quits or is dismissed from the team for any reason. Any money that is in my child's fundraising account will be deposited into the Fire and Ice Booster Association general fund. There will be no refund of funds. _____ Parent Initials

I agree to pay all fees associated with my child cheering/dancing for Fire and Ice Allstars including monthly practice fees, uniform fees, choreography & music fees and competition fees. _____ Parent Initials

I understand that summer practices are essential and excused misses must be limited to vacation and special events. I understand that all misses must be cleared with the teams' head coach, and not communicated to the coaching staff through another team member. I understand that practices after September 1 are MANDATORY, and missing practices after this point will result in dismissal from the team. _____ Parent Initials

If my child is involved in any matter of disrespect towards any Fire and Ice staff member or student, I will resolve this problem with my child immediately. _____ Parent Initials

I understand that my child may be removed from a team due to but not limited to excessive absence, attitude and behavior problems, disrespecting other team members or coaches, inappropriate behavior at a team function, or non payment of fees. _____ Parent Initials

I will attend parent meetings, read e-mails and check the website to retrieve information that Fire and Ice has prepared. _____ Parent Initials

I have read over the athlete's code of conduct with my child, understand what is expected of my child and will help to ensure my child's adherence to these matters.

Parent Signature: _____ **Date:** _____

FIRE AND ICE ALLSTARS, INC.

All Star Athlete Information and Release Form

Please fill out all information that applies. Please print clearly.

Athlete Name: _____	Current School: _____
Athlete Birthdate: _____	Athlete Email: _____
Parent Name(s): _____	2010 – 2011 Grade: _____
Address: _____	Parent Email: _____
Main Phone: (_____) _____	2010 – 2011 Age (as of 08/31/10): _____
City, State Zip _____	Parent Daytime Phone: (_____) _____
Cell Phone: (_____) _____	

Fire and Ice Allstars attempts to keep its business "in the family" when possible. Is your family involved in a business that could do business with Fire and Ice Allstars, Inc.? (ex. gymnastics supplies, t-shirts, office supplies, printing, etc...)

Please list any physical/psychological limitations, injury, or weakness that may affect the athlete:

Authorization and Release

I authorize Fire and Ice Allstars, Inc. and its representatives to consent to medical treatment for my child when I cannot be reached to so consent. I also give Fire and Ice Allstars, Inc. permission to administer the necessary emergency care to my child to stabilize and/or improve the current injury or condition that my child may have sustained during activities related to Fire and Ice Allstars instruction, practices, or performances. No prior determination to life threatening emergency or danger of serious or permanent injury resulting from treatment need be made under this authorization. Exceptions to this authorization are as follows:

I am fully aware that any activity involving motion, height, or athletic activity creates the possibility of serious injury, and I further agree to hold Fire and Ice Allstars, Inc. and its staff and officers harmless for any injury or resulting expense(s). I release and discharge all rights and claims against Fire and Ice Allstars, Inc. Fire and Ice Allstars, Inc. strives to provide the maximum in safety procedures and guidelines, and therefore assume no responsibility for any accidents or injuries that may occur.

Finally, I authorize Fire and Ice Allstars, Inc. to use my child's name and/or picture in any media/press release, and gym related promotions or information, including but not limited to, Fire and Ice Allstars website, promotional material, and other such items.

Parent/Legal Guardian Signature: _____ Date: _____

Any medicines allergic to: _____

Doctor: _____ Phone: (_____) _____

Insurance Carrier: _____ Policy Number: _____

Emergency Contact: _____ Phone: (_____) _____

MEDICAL TREATMENT FORM

Athlete Name: _____ Date of Birth: _____

Mothers Name: _____ Mothers Cell: _____

Fathers Name: _____ Fathers Cell: _____

Home Address: _____

Insurance Information

Insurance Carrier: _____ Policy #: _____

Doctor: _____ Phone: _____

Are there any conditions (medical information, allergies, injuries) that Fire and Ice Allstars should be made aware of?

Asthma	Yes	No	Allergic to Medication	Yes	No
Diabetes	Yes	No	Food Allergies	Yes	No
Heart Condition	Yes	No	Allergic to Insect Stings	Yes	No

Please list any allergies:

Please list any other medical conditions or information that may be helpful:

Emergency Contact Information

Name: _____ Relationship: _____ Phone # _____
Name: _____ Relationship: _____ Phone # _____

In the event of an emergency occurring while my son/daughter is at a Fire and Ice Allstars sponsored practice, performance, competition, event or trip, I hereby consent to allow my child to receive medical treatment which may be deemed advisable in the event of injury, accident and/or illness resulting from or arising out of my child's participation. In the event that I cannot be reached, I hereby authorize Fire and Ice and/or its employees to give consent for my child, _____, to receive medical treatment.

Parental signature: _____ Date: _____

If you do not grant permission or authorization for consent to medical treatment, what procedure should be followed?

Parental signature: _____ Date: _____

COMMITMENT FORM

I have read the above contract in its entirety and understand its contents. I understand the responsibility my child is undertaking by becoming a Fire and Ice member. I agree to fully support my child and will encourage them to fulfill their commitment. I also understand that by signing this contract I am bound to not use my child's participation in this program as a form of punishment as I realize that it also punishes their team and the entire Fire and Ice Program. Furthermore, I understand that being a Fire and Ice member is a commitment on the part of the parent as well. I realize that when representing Fire and Ice I must always conduct myself with class and responsibility. I understand that any athlete or parent that does not abide by the rules and regulations fore mentioned in this contract, or that is consistently negative, or acts in a manner that jeopardizes the name and reputation of Fire and Ice, will be subject to removal from the program. In addition, I agree to give Fire and Ice full permission to seek medical attention and/or take any actions deemed necessary.

I hereby release the Fire and Ice organization, including its officers, shareholders, agents, coaches and employees from any liability to the above named participant, or any person claiming through him/her, arising from injury to the person or property of the above-named participant. This release includes any claims of negligence, and is intended to be as broad as permissible under Pennsylvania law. In the event of any activities that are locally or nationally televised, I give the Fire and Ice organization the right and permission to film, photograph, or videotape my son/daughter for any reproductions associated or in any way connected with said televised events, in particular, for use in any promotional purpose.

I, the undersigned Parent/Guardian do hereby give consent for my son/daughter to participate in the training and activities provided by Fire and Ice Allstars Inc. I am fully aware of the nature of the activities involved and the possibility of injuries and/or death which may arise from such activities. In case of illness, injury and/or death that may arise directly or indirectly as a result of participation and/or travel to or from the activity or training (i.e. clinic/camp/out of town activities or events), I do hereby grant my permission to the Fire and Ice organization to seek immediate treatment for my child should he/she be injured.

I, the undersigned Parent/Guardian understand that this contract is for a full 12 months and I have 30 days from the date I sign my contract to see if I like the program. If I don't like it my contract is canceled. After the 30 days I am committed to the contract or may buy out the tuition end of my contract at \$200. I am still responsible for any monies spent on my behalf (uniform, competition fees, etc).

I assume full responsibility for all costs incurred as a member of Fire and Ice including but not limited to: gym registration, monthly tuition, practice outfits, uniforms, competition and travel expenses, or any other item(s), reservations, or services purchased or rendered to me and the payment in full of those items regardless of any circumstances that may arise such as dismissal from the team, or disbandment of the team.

Athlete Signature: _____ **Date:** _____
Parent/Guardian Signature: _____ **Date:** _____

Notary's Signature

Date

Official Notary Seal

CREDIT CARD AUTHORIZATION FORM

Child's Name: _____

INFORMATION FOR CREDIT CARD HOLDER

Name: _____

Billing Address: _____

City: _____ State: _____ Zip: _____

Phone Number: _____

I hereby authorize Fire and Ice Allstars Inc to charge my credit card when fees have become outstanding for a period of more than 60 days. Fire and Ice Allstars Inc will notify you in your monthly statement before your card is deducted. If for any reason you have to withdraw your child from Fire and Ice, your account must be brought to a \$0.00 balance before exiting the program. In the event that my card is declined, I agree to the additional charge of \$35.00 for a declined card service fee.

I hereby authorize charges to my credit card as specified above:

Signature: _____ Date: _____

Credit Card Information (Please Print)

Name (as it appears on card) _____

Account #: _____

Expiration Date: _____ 3-Digit Code on Back: _____

Card Type: VISA MASTERCARD