

Rumors and Frequently asked Questions

Rumor: I've heard the Coppell location is closing because of air conditioning problems?

Answer: NO! We are not closing this location. The Coppell location has surpassed our expectations with enrollment. We have Spot Coolers in the summer to help with the heat. If you don't like to sweat, Spirit of Texas is NOT for you!!! Several area gyms claim to have air conditioning, but their facilities are not cool in the summer.

Question: Will the staff be the same at both locations?

Answer: YES, you will receive the same training with the same instructors at both locations. Our staff is comprised of Spirit of Texas Alumni. The staff is extremely talented, responsible and motivating. The owners will remain active at both locations.

Rumor: Spirit of Texas lost their lease in Arlington and they are closing?

Answer: NO! Spirit of Texas has never "lost" their lease. We will be in Arlington and Coppell for many years.

Question: Will the North gym location have level 5 teams?

Answer: YES, we have every level at each of our locations. We will not know specific divisions within those levels until we host our tryouts.

Rumor: I've heard that Spirit only cares about the Level 5 athletes?

Answer: NO! We coached 9 Youth Level 1 athletes to an almost perfect record this past season. They were Level Grand Champs at several events. Our Levels 2, 3, and 4 also won Level high point and National Champions throughout the season. We care about every athlete regardless of his or her level.

Rumor: Spirit of Texas is so strict! And we could never make it there!

Answer: We allow for many days off throughout the year including holidays. Anything related to a school grade is also excused. Over 95% of the athletes that have attempted a tryout at Spirit of Texas have made one of our teams. Our rules are enforced to protect the integrity of our organization.

Questions: Can I tryout at either location?

Answer: YES! Tryout dates, locations and times are posted on our website and available at both locations. You can tryout more than once if you would like.

Question: Can I visit Spirit of Texas and meet the staff and watch a practice?

Answer: YES, we invite everyone to give us a call for practice times and information regarding open practices. 817-465-2988 or 972-304-6888. We would love to meet you and your families.

Question: Will you have a team for "minis"?

Answer: If we have enough interest in a "Mini" team, we would certainly love to add that team to our growing family.

Rumor: I've heard Spirit of Texas will kick you off if you get sick or lose your skills?

Answer: NO! We have never kicked anyone off for being sick. However, if you are diagnosed with a lengthy illness that limits your participation, you could be moved to an alternate position. Anyone that loses their skills because of sickness or mental block is subject to be replaced at the staff's discretion.

Question: Will athletes be required to attend both gyms for practices?

Answer: This is a very good question. Unfortunately, we cannot answer that question until we hold the tryouts and assemble our teams. Each location may have teams that practice at one location, however, it may be necessary to combine the athletes from both locations to create the most competitive teams. In which case, traveling to different gym would be kept to a minimum of 4 times a month.

Rumor: We heard Brad and Brett are retiring?

Answer: NO! Brad Vaughan and Brett Hansen have spent over 18 years at making and keeping Spirit of Texas a success. It is without a doubt their life's work. They have no intentions of retiring.

Rumor: I heard athletes spend hours a week in the gym and they have to be home schooled?

Answer: NO! Spirit of Texas practices twice a week for 2-2.5 hours at each practice. We make very good use of our practices by staying focused, prepared and organized. Athletes are not home schooled because of their involvement with Spirit of Texas.

Question: Why does Spirit of Texas want to expand their business? We thought they cared more about quality than quantity?

Answer: Many people want to experience what we have to offer. There are several organizations that have more than one location. Some of these reputable gyms include Cheer Extreme, Ace, Top Gun, and Empire Elite. It is possible to have more than one location and remain successful and competitive. We will never sacrifice our reputation for numbers.

Rumor: I heard it cost thousands of dollars to cheer at Spirit of Texas?

Answer: NO! Our program costs are less expensive than most in the area. We have several payment options.

Question: I'm really nervous and intimidated to tryout at Spirit of Texas?

Answer: DON'T BE! Our tryouts are very relaxed. We want you to feel good about yourself. Tryouts are in groups or you may schedule a private tryout if you do not want others to watch. Please take the time to meet our friendly staff prior to tryouts. We sincerely want you to be comfortable at Spirit of Texas. Our current athletes are very welcoming and eager to make new friends.

Rumor: Is Spirit of Texas merging with another gym in North Texas?

Answer: NO! Spirit of Texas has never discussed or considered a merger with any other gym.

Question: We merged with several other gyms this year and it wasn't a good experience. Do you think the new gym will be anything like that?

Answer: NO! Spirit of Texas has a rich tradition of excellence. We are a family! We have amazing parent committees for each team. Our athletes will be coached the same at both locations by the same instructors.

Question: Are there "hidden" expenses that we will be hit with throughout the year?

Answer: NO! We have no hidden fees!

Question: Our old gym held us back a level and we never got to work on new skills. We only worked on what was in our routine. Do you allow your athletes to train new skills?

Answer: An additional gymnastics class each week is included in your monthly tuition. Students are allowed to learn new skills if they have mastered team requirements.

