



Fun & Fit



Summer Fun & Fitness Camp 2010

Camp Mission Statement

To provide a fun and ideal atmosphere with a unique experience for campers to learn valuable skills and make new friends while enjoying summer activities that will add value to their learning. This experience will be shared through our daily planned activities and field trips. To create a safe and family oriented environment that allows campers to connect to their peers, diversities and backgrounds. To also bring awareness and understanding to enhancing nutrition and the importance of children's activity through our We Can! curriculum and fitness activities.

Summer Fun & Fitness Camp 2010

Summer Fun & Fitness Camp 2010 has a jam-packed schedule with educational, fun, creative summer activities, and field trips. A friendly staff that will always show they know the meaning of fun!



Each session is theme based with a field trip that corresponds with each weekly theme. During each session campers will spend their day enjoying and learning from activities, field trips, and projects that will create a fun experience. Our sessions offer age-appropriate challenges that will build campers independence, self-worth, self-esteem, and confidence. Campers will attend at least one or two field trips per week during a session, and take part in special creative camp activities and events.



FOR YOUR INFORMATION

To ensure quality instruction and care, our Camp program have limited enrollment.

Please register early.

- Children must be of age by the starting date of the camp session for which they are registering. ****limited spots available for 6 year olds****

- A welcome email will be sent to the address provided on the registration form one-week prior to the start of the camp session(s) for which your child is registered.
- All campers have to attend the field trips. There will be no campers or staff left to stay behind at the facility. They do not have to participate on the field.
- Campers **MUST** wear comfortable clothing appropriate for a range of indoor and outdoor camp activities.
- All campers will receive a camp t-shirt and camp drawstring bag. Campers should bring their bags each day to put their personal belongings inside. They will also be used on field trips.
- In addition, we recommend that your child have a hat and sunglasses to wear when outdoors to protect them from the summer sun.
- Campers are required to bring a non-perishable lunch each day. There are not provisions for registration and microwaveable foods. We do have coolers to keep beverages cold for campers.

Remember the 3 r's

Our Summer Fun & Fitness Camp 2010 is committed to ensuring a safe, fun and nurturing environment for our campers. Behavior policies are enforced fairly and consistently with all campers. All campers are expected to:

- Take **RESPONSIBILITY** for their actions.
- **RESPECT** others, staff, property and equipment.
- **READINESS** Always be ready to listen and learn.

We will practice and remind campers daily of the 3 R's:
Responsibility, Respect and Readiness.

Campers will always be reminded they should be respectful of each other, staff, and the equipment in the facility, be courteous, speak appropriately, exhibit self-control, and cooperate with others as asked. Campers can lose the privilege to participate in our summer camp program if these expectations are not met.

REGISTRATION PROCEDURES FOR SUMMER CAMP

Camp Registration procedures are outlined below.

CAMPER REGISTRATION IS AVAILABLE online at www.funfitgym.com. Registration can be done in person at Fun & Fit (Mon. – Thurs. 5pm-9pm). We recommend you do online registration to secure your campers spot (camp will fill up quick). Also, please include all necessary medical and medication data on the registration form.

Current customers of Cheer Connection and Fun & Fit can register online through your Portal. **Select Location: FF; Programs: Summer Camps**

HAVE QUESTIONS? Contact us at 301-856-3770, Monday, Tuesday, Thursday 10:00 a.m. to 3:00 p.m. or email info@funfitgym.com.

COMPLETED REGISTRATION INFORMATION can be submitted anytime via online registration. **Registration starts April 1.** Camper registration will be accepted on an ongoing basis until all slots are filled. At that point, interested persons' names will be placed on a waiting list. Those persons will be contacted in the order in which their names were taken when a slot becomes available.

SELECTING A CAMP SESSION sessions are 2-weeks with the exception of **Session 5** (can select by one-week). To register for multiple sessions, on the registration form under **“Classes”** click **“Select Class #2, Select Class #3, etc. Classes represent sessions.**

A DEPOSIT of \$50.00 per child/per camp session is required at the time of registration. Payment can be made by Cash, Check, Credit Card (VISA, MASTERCARD, and AMEX) Online registration payment is Credit Card **ONLY.**

All DEPOSITS will APPLY towards camp session tuition.

*****DEPOSITS ARE NON-REFUNDABLE AND NON-TRANSFERABLE*****

A REGISTRATION FEE of \$25.00 is **required** at the time of registration.

MEDICATIONS if your child requires ANY medication including over the counter medications during the camp day, **PLEASE INDICATE ON REGISTRATION FORM.** All medication must be in a clear zip lock bag with the child's name on the outside and **ANY SPECIFIC** instructions should be included inside the bag. This includes Inhalers, Epi pens, or Insulin Pumps.

Summer Fun & Fitness Camp 2010
Registration Starts April 1
Camp Sessions, Tuition & Payment Schedule

Session 1 – June 21 – July 2
Fee: \$270.00 (includes Activity Fee & Field Trips)
Payment Due Date:
June 11

Holiday – July 5 – CLOSED
***Session 2 – July 6 – July 16**
Fee: \$243.00 (includes Activity Fee & Field Trips)
Payment Due Date:
June 25

*This session is prorated 10% to account for the July 5th Holiday camp closure.

Session 3 – July 19 – July 30
Fee: \$270.00 (includes Activity Fee & Field Trips)
Payment Due Date:
July 9

Session 4 – August 2 – August 13
Fee: \$270.00 (includes Activity Fee & Field Trips)
Payment Due Date:
July 23

****Session 5 – August 16 – 27**
Fee: \$270.00 (includes Activity Fee & Field Trips)
Payment Due Date:
August 6

****One-week camp available. \$135.00**

EXTENDED CARE OPTION

BEFORE CARE ONLY OPTION:

Before care is an extended-day offering available to campers enrolled in our Summer Fun & Fitness Camp 2010. It is offered from **7:00 a.m. until the beginning of the camp day**, and is lightly structured with morning activities and morning snack.

FEE: \$25.00 per two-week session/per camper

AFTER CARE ONLY OPTION:

After care is an extended-day offering available to campers enrolled in our Summer Fun & Fitness Camp 2010. It is offered from **4:00 p.m. until 6:00 p.m.** and is lightly structured with activities and afternoon snack.

FEE: \$25.00 per two-week session/per camper

LATE PICK-UP FEE: \$3.00 every 15 minutes/per camper

**Before and After Care fees MUST be paid in full with camper's tuition payment(s).
All late pick-up fees MUST be paid on Fridays.**

Summer Fun & Fitness Camp 2010

Theme: Session 1

We Are Family – Building Team Work
Mad Science/Stars & Stripes

Theme: Session 2

Clown Around
Mighty Jungle

Theme: Session 3

Tumble Fun
Sports Extravaganza

Theme: Session 4

Paint The Town Purple
Splish Splash

Theme: Session 5

Time Travelers – Back In Time
All SPIRIT Week

Camp Activities & Field Trips

Tour of the White House
Watkins Park
Port of Discovery
Museum of Natural History
ESPN Zone
Glendale Splash Park
Roller Skating
Ice Skating
Bowling
Allen Pond Park
Putt Putt Golf
Washington Zoo
Cameron Run Splash Park
DC Aquarium
Family Place to Play
National Spy Museum
Tumble Bus
Karaoke
Face Painting and Air Brush Tattoos
Noah's Ark Animal Workshop (Build-A-Bear)
Bella Bee's Workshop (Girls ONLY-Character building, Glamour Girls Makeover)
Healthy Treat Recipe Book
Summer Arts & Crafts

PLEASE RETURN THIS PAGE ON THE FIRST DAY OF YOUR CAMP SESSION.

CAMPER'S RELEASE AUTHORIZATION AGREEMENT

Fun & Fit Summer Fun & Fitness Camp is authorized to release my Child,

Participant's Name

To the following individuals who may pick up my child from camp. I understand that each authorized person must be at least (16) years old, and my child will not be permitted to leave the camp with anyone not listed below. All authorized individuals will be **required** to show identification and sign the child out each day. My child may be released to the following people:

Name	Phone Number	Relationship
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____

Departure Procedure:

Please let us know when your child is drop off in the morning or notify the camp's office when one of the above persons will be picking up your child.

All campers must be signed out daily at the front desk.

ACTIVITY PROGRAM FIELD TRIP LIABILITY RELEASE AUTHORIZATION

I hereby give permission for the applicant to participate in all program activities, including field trips in approved vehicles (school bus, public transportation, and coach buses) and agree to release Fun & Fit and it's directors, employees, and agents from all liability arising from any harm or injury incurred by the participation of my child in the summer camp program.

I hereby represent and warrant that if the participant is a minor, I am his/her parent or guardian and am authorized to provide the releases, authorizations and permissions as stated below.

Unless otherwise indicated by a parent in writing at the time of registration, photographs of participants for use in Fun & Fit's publications may be taken while participating in the summer camp activities. No personal information other than the participant's first name will be released under any circumstances.

X _____
SIGNATURE OF PARENT/GUARDIAN

Print name of parent/guardian

Date

PLEASE RETURN THIS PAGE ON THE FIRST DAY OF YOUR CAMP SESSION.

Camper Profile

For Camp Director, Assistant Camp Director, and Camp Staff

Date: _____

Camper's Name: _____

Camper's Nickname: _____

Age: _____

Child's likes and dislikes (if any) _____

My child enjoys these physical activities _____

My child has difficulty with these activities _____

Things that my child may need help with _____

Fears and concerns of the camper _____

Specific behavior concerns _____

Triggers of the specific behavior concerns _____

What behavior techniques have been successful that we can maintain during our camp program with your child _____

Are there any special accommodations needed to give your child a positive learning experience during our camp program? _____

Is there any other additional information that would help us ensure that your child is successful during the program? _____