

SPIRIT XTREME

Building Champions...



One HEART At A Time!

2010 – 2011

All-Star Team Information Packet

www.spirit-xtreme.com

What It Means To Be XTREME!

Are you looking for a special gym for your athlete where they can stand apart from the crowd and be special? The goal of Spirit Xtreme is to develop a gym that touches the heart of each cheerleader, coach, and parent in an uplifting and positive environment. Walter and Melissa Meriwether have trained their coaching staff as a family and are models for their athletes, as well as the athletes they compete against. Each child is special to Spirit Xtreme and everyone works to build a relationship with them that will last a lifetime. We have a team for each child, and we treat each child as your most precious possession. Our athletes stand apart from the crowd everywhere they go.

Spirit Xtreme is a highly competitive cheer gym with a twist. Our girls have fun while working hard and winning competitions. We hope to stand out in the competitive cheer arena by providing a character building approach to competitive cheerleading that we all live each day. We set a standard of excellence that we will maintain throughout the year which is followed through with the names of our teams: Joy, Believe, Promise, Trust, Courage, Honor, Xcellence, Passion, Love and Respect.

Spirit Xtreme wants YOU to come and LET YOUR LIGHT SHINE. We are looking for athletes that are willing to commit a full year to competitive cheer, to work hard to improve individual skills and to be a loyal teammate. We are blessed to have the finest athletes and parents of any gym, and we are excited to continue our mission to become the best cheerleading program in the nation. We have had unbelievable success in our first five years and look forward to what the future holds!

Walter and Melissa

Spirit Xtreme is UNIQUE!

We pride ourselves in being different than any other cheer program. Here are a few of the things that make Spirit Xtreme unique!

Choreography Camp Week

This is a fun-filled week that we share together! Teams look forward to learning their routine themes and posing for pictures with their fun theme specific gifts. Our acclaimed choreographers are in town and we begin learning our routines for the 2010-2011 season.

Big Sis / Lil Sis Lock In

An exciting night spent with ALL teams showing off the start of their routines, making new friends, playing games, eating, watching movies, and most importantly going on the traditional hunt for the "Big Sis"! There even is a little sleep. A fun time for all!!

Xtreme LEADERSHIP

Xtreme LEADERSHIP begins at evaluations and continues throughout the year! We set very high expectations of our athletes. We challenge them to not just be a "cheerleader", but to be a leader who spreads cheer, thinking outside of themselves and reaching out to others. We are very proud of our Xtreme LEADERSHIP program and what it stands for. We look forward to taking our Xtreme LEADERSHIP even further during the 2010-2011 season by taking on a gym wide service project!

Holiday Celebration

Teams come together during all holidays to celebrate the special time of year. Spirit Xtreme was proud to be a part of the Barefeet Ministries and sponsor a family during the 2009 Christmas Season.

Xtreme Retreat and Family Cookout

All teams spend a weekend bonding, playing games, singing, creating skits, and more at Camp Copass in Denton, Texas. The fun-filled weekend begins with a family cookout on Friday evening.

Spirit Xtreme Booster Club

The Booster Club is a very important part of our program. The booster club helps organize team parties, fundraisers, parent socials, team snacks, end of year banquet, and other activities for the athletes. We appreciate our Booster Club!

End of Season Banquet

At the end of the year we have a banquet where we celebrate everyone! Athletes, coaches, parents, Booster Club, and more...it takes us all to have a successful year. This is a celebration of the year's events that includes ALL team members and families.

The HEARTS of Spirit Xtreme

Spirit Xtreme works on athletes' spirit and their talent. This gym works on the athlete from the inside out. They build character on the mat the same way I would at home. We love this gym!

Tracey Chamberlain

The coaches at Spirit Xtreme push the girls to perform to the best of their abilities while looking for opportunities to praise and encourage them. I have seen great improvement in my daughter's confidence and recommend Spirit Xtreme to any athlete looking for a healthy balance of competitiveness and graciousness.

Tamara Bennett

As a parent who also has over 20 years experience working in the cheerleading industry, I have seen the world of 'All Star Cheer' from its beginning. Spirit Xtreme stands out because they cultivate more than just talent—Spirit Xtreme is about the heart of a cheerleader!

Christi McCall

Although winning is a goal that everyone has, the goal is never to win at all costs. Sportsmanship and showmanship are a huge focus and are two of the things that make our athletes stand out at competitions.

Debbie Kostroske

Walter and Melissa always maintain a positive attitude, even through the most intense competitive moments. Our cheerleader increased her confidence and competitive composure. These values will be with her always.

Read and Trish Ballew

Not only have my girls advanced far beyond their natural skill level in tumbling, they have also gained a confidence level and persistent, positive determination and spirit that they carry with them throughout their lives. They now 'believe' that anything is possible with hard work. They 'believe' that persistence pays and will be rewarded. Since joining Spirit Xtreme we have seen dramatic improvements in their school performances, public speaking/reading and their ability to speak to adults, their awareness of the importance of being on time and being prepared for activities. They have even improved in other sports.

Liz Thomas

Melissa's values shine through in the choices she makes for uniforms and dance movements. I am impressed that she is using her career as a platform to be a shining example for keeping your values first.

Nancy DeHaven

Spirit Xtreme keeps it fun! The coaches get good results because they set high expectations in an environment that inspires athletes.

Chloe

What makes Spirit Xtreme special is the faith based message that is always centered around the extremely hard work ethic that is reinforced at every practice. Each athlete is learning that if you remember and thank God for putting you in this place and work extremely hard, that you can achieve great things. Thanks for the time and effort you put into making Spirit Xtreme a great gym.

Scott and Stephanie Hickfang

The coaches truly do care so deeply about all of the athletes at the gym. From training, motivating and healing injuries, you are all amazing.

Tricia Park

All-Star Cheerleading Overview

All-Star cheerleading has evolved into one of the most exciting, fast-paced and strenuous sports scored by a panel of judges in the world. Our sport is broken down into competitive levels by age and ability level. The USASF, United States All Star Federation, is currently the main governing presence in our industry, and Spirit Xtreme forms our teams based upon the age and ability levels specified by them.

At Spirit Xtreme, there is a place for YOU to let your light shine!! Spirit Xtreme has a team for all ages and abilities. The age groups are as follows:

| | | |
|------------|---|------------------------|
| Exhibition | 3 - 6 years old as of August 31 st , 2010 | (Non Competitive Team) |
| Tiny | 5 years and younger as of August 31 st , 2010 | |
| Mini | 8 years and younger as of August 31 st , 2010 | |
| Youth | 11 years and younger as of August 31 st , 2010 | |
| Junior | 14 years and younger as of August 31 st , 2010 | |
| Senior | 18 years and younger as of August 31 st , 2010 | |

All-Star cheerleading is scored based upon the execution of tumbling, jumping, dancing, motion technique, tosses, stunting, performance and choreography. ALL are important in putting together a successful team. Athletes will be placed on teams based upon their abilities in ALL of the above mentioned categories.

| Level | Ages | Tumbling |
|------------|-----------------|--|
| Exhibition | 3 – 6 years old | Forward Roll |
| 1 | 5 – 18 years | Cartwheel, Round-Off |
| 2 | 5 – 18 years | Standing Back Handspring, R-Off Back Handspring |
| 3 | 5 – 18 years | Standing 2 Back Handsprings, R-Off Back HS Back Tuck |
| 4 | 5 – 18 years | Standing Back Tuck, R-Off Back HS Layout |
| 5 | 5 – 18 years | Toe Touch Back Tuck, Working a Full w/Coaches Spot |

The above tumbling skills are just guidelines. If an athlete demonstrates an exceptional strength in another area besides tumbling, like jumps, dancing, basing, or flying they may be placed on a team that is higher than their individual tumbling skills. On the reverse side, simply having the necessary tumbling skills does not mean that an athlete will automatically make that level. Tumbling skills alone do not decide team placement. We carefully and prayerfully consider each athlete and their team placement.

Evaluation Information

The first and most important aspect of evaluations at Spirit Xtreme is that the atmosphere be **relaxed** and **comfortable**. We want each athlete to be excited and let us help them reach their potential. **There are NO set levels or experience required of any athlete trying out for a Spirit Xtreme All-Star Team, just a HEART for cheerleading and fun!**

Informational Parent Meetings:

Exhibition "Joy" Team Monday, April 12th 5:15p.m.

Competitive Team Monday, April 12th 6:00p.m.

OR

Thursday, April 22nd 6:00p.m.

These meetings will be informational and helpful for all families new to Spirit Xtreme. It is a great way to ask questions, find out about Spirit Xtreme, and meet the coaches!

Team Prep Classes: Spirit Xtreme is offering two different options to help athletes prepare for the 2010-2011 Evaluations and cheer season. These classes are optional. For cost information and more please contact the gym office at 817-251-8984.

Option 1: A special class for those who are new to Spirit Xtreme and/or competitive cheer and think that they would like to be a part of the Spirit Xtreme family. Athletes will learn all of the excitement of competitive cheer including: how to stretch, jump, stunt, tumble, and dance the Spirit Xtreme way along with proper motion technique. This will be a fun-filled class where athletes will have the opportunity to work with all of the Spirit Xtreme coaches!

Tuesdays 6:30p.m. – 7:30p.m.; March 30th – April 27th

Option 2: A special class for all current team athletes and those new to Spirit Xtreme. These classes will be divided up by tumbling ability level for an intense two hour workout preparing you for the 2010-2011 season!

| | | |
|---|------------------------|---------------------------|
| Monday, April 19th/26th | 6:30 – 8:30p.m. | Level 4/5 Athletes |
| Tuesday, April 20th/27th | 5:00 – 7:00p.m. | Level 1/2 Athletes |
| Wednesday, April 21st/28th | 5:30 – 7:30p.m. | Level 3 Athletes |
| Thursday, April 22nd/29th | 6:30 – 8:30p.m. | Level 2/3 Athletes |

Evaluation Information Continued

Evaluation Dates and Times:

Athletes should attend **BOTH** dates and the evaluation time based on their age as of August 31st, 2010

Saturday, May 1st

| | |
|-------------------|-------------------|
| 5 – 8 years old | 9:00 – 10:30a.m. |
| 9 – 11 years old | 1:30 – 3:30p.m. |
| 12 – 14 years old | 4:00 – 6:00p.m. |
| 15 and older | 11:00 – 12:30p.m. |

Sunday, May 2nd

| | |
|-------------------|-----------------|
| 5 – 8 years old | 1:00 – 2:30p.m. |
| 9 – 11 years old | 2:45 – 4:15p.m. |
| 12 – 14 years old | 4:30 – 6:00p.m. |
| 15 and older | 6:00 – 7:30p.m. |

Evaluation Days:

**Wear Black Shorts and a White T-Shirt
Athletic Shoes and Hair Up out of Face**

Items required for Evaluation:

- Tryout Evaluation Registration Form with check made out to Spirit Xtreme for your evaluation fee. (\$30 paid by April 16th; \$40 paid by April 30th; \$50 Evaluation Weekend)
- Check made out to Spirit Xtreme for your down payment. (\$250)
- Spirit Xtreme Medical Release Form and \$35 fee (if not already registered for 2010)
- Athlete Current Skill Form
- ACH Direct Form
- Copy of Birth Certificate (new athletes only)
- Phone Directory Information Sheet

Sunday, May 2nd: We will post all athletes in their practice groups on our website.

Monday, May 3rd: Group practices begin based on age and ability level. First Payment is due at first group practice.

Tuesday, May 18th: Teams posted on website!

Wednesday, May 19th: Team practices begin!

Team Expectations at Spirit Xtreme

Team Practices:

All competitive teams will practice twice each week.

- Once teams are named in May until school is out the teams will only practice once a week.
- During the summer, we follow a revised practice schedule with two weekday practices, so that all of our athletes will have the weekends to spend with their families.
- Beginning in August when school starts, all teams will practice on Saturday, and another day Monday through Thursday.

Attendance:

All-Star Teams are cheerleading's version of a "select" sport. It takes a full commitment from both the athlete and the family. Both parents must be aware of the Attendance requirements. If other activities become a conflict, the athlete will have to choose between cheer and the other activity. The team and individual can only be successful with everyone at practice. **Walter and/or Melissa must excuse absences in advance and must have seven days advanced written notice.**

- Each athlete will be allowed **five excused absences** and **three unexcused absences**. More than three unexcused absences will be cause for dismissal from the team. The absence policy will go into affect August 1st and will end after the last competition.
- **FAILURE to give Walter and/or Melissa seven days advanced written notice for an excused absence will result in the absence being counted as unexcused.**
- Missing a practice during the two weeks prior to a regional/local competition due to an unexcused absence will be fined \$50 and may result in the removal of the athlete from the team.
- There will not be ANY absences allowed for ANY reason two weeks prior to our National competitions. All absences during these time periods will be fined \$100 and may result in the removal of the athlete from the team.

| Excused Absences | Unexcused Absences |
|---|--|
| Family Event: Wedding, Birth, or Death | Absence without 7 days Written Notice |
| School Cheerleading | Family Celebrations |
| Graded School Events | Birthdays |
| Contagious Illness with Coaches Approval | Charity Functions or Concerts |
| Summer Vacation | Injury or Non Contagious Illness |
| | Homework/Studying |
| | Work |
| | Vacations during the School Year |
| | School or Recreational Sports |

Team Expectations Continued

Summer Attendance:

Summer practices are required. However, we will approve all requests for absences during the months of June and July. These absences will not count towards your excused or unexcused absences. Our sport is a year-long activity and we realize vacations and other events are much needed break from our rigorous schedule. We ask that all summer vacations and camp dates be turned into the office by June 1st. Walter and Melissa recommend that no athlete misses two consecutive weeks during the summer.

Competition Uniform:

Uniforms for the 2010-11 season will remain the same. We love our new uniform from 2009-2010 and the "All American" statement that it makes in the cheer industry. We will add a warm-up this season, but the purchase will be optional.

New Uniform Fitting: Friday, May 21st 4:00 – 9:00p.m.
All new and current athletes are required to attend.

Used Uniform Fitting: Saturday, May 8th 12:00p.m.

Practice Wear:

All team members will be sized for practice wear at our uniform fitting. Each team member is expected to wear the correct practice outfit to each practice. Each team member will be fitted for: 2 shirts and 3 shorts. We will have three complete practice outfits for the 2010-2011 season. Team members should come to every practice with:

- Correct practice outfit
- Shoes must be worn
- Hair up tight and out of face
- No jewelry of any kind

Shoes:

The Spirit Xtreme staff has selected several shoes for you to choose from: Asics, Nfinity, Nike and Reebok. The shoe must be white. Shoes may be ordered from our Varsity Allstar Specialist anytime during the year.

Choreography: August 2nd - August 10th

Choreography dates are very important and require mandatory attendance. Please make your plans now and notify your school coaches, work, family, etc. We fly in two choreographers from across the country once a year for our unique, award-winning routines for which we are famous.

Team Expectations Continued

Competitions:

We expect to attend 2-3 regional competitions and 3-4 national competitions throughout the season. Competitions will most likely begin in November and end in April. We will finalize our 2010-2011 competition schedule no later than mid July. Spirit Xtreme may attend a competition requiring a hotel stay. However, any competition requiring a hotel stay will be within driving distance of the DFW area. **We have included tentative dates and options for the 2010-2011 season. Reminder: Competition schedule will be finalized by mid July.**

| | | |
|----------|---|--|
| November | 6 th 20 th | NCA Classic; Dallas Athletic Championships; Houston |
| December | 5 th 12 th | UCA Classic; Fort Worth NCA Classic; Dallas |
| January | 15 th /16 th 30 th | ACA National Championship; Fort Worth CHEERSPORT; Dallas |
| February | 26 th /27 th | NCA National Championship; Dallas |
| April | 9 th /10 th 16 th /17 th | Athletic Championships; Garland All Levels Championship; Dallas |

Tumbling Class:

All team members are required to take a tumbling class while on a Spirit Xtreme team. The cost is included in the monthly tuition. This required class begins at the start of the summer program at **no additional charge**.

Flyers:

All team members chosen as flyers will be required to attend one class a week for flyers only. This class will be in addition to the required tumbling class. The cost of the flyer class is \$25 a month. It is an honor to be a flyer and they must work hard on flexibility, body control and performance. This required class begins at the start of the summer program.

School Cheerleaders:

School cheerleaders will make communication between Spirit Xtreme and their school cheer coach a daily responsibility. We ask that you provide us with important dates such as: games that conflict with any practices, fundraisers, choreography, and competition dates as soon as you receive them. We can work around anything as long as there is **EARLY** communication.

Important Dates for 2010-2011

Please check all of these dates carefully. All events and competitions are mandatory. If you have a conflict with any of the following dates please let us know prior to evaluations. **We will only consider excusing an absence for a major event if we are notified PRIOR to evaluations.**

Events and Closings

| | |
|--|---|
| April 12 th | Competitive Team Parent Informational Meeting 6:00p.m. |
| April 22 nd | Competitive Team Parent Informational Meeting 6:00p.m. |
| May 1 st / 2 nd | Team Tryout Evaluations |
| May 3 rd | Group Practices Begin |
| May 8 th | Parent Meeting 10:00a.m. or 1:00p.m. Used Uniform Fitting 12:00p.m. |
| May 18 th | Teams Announced |
| May 18 th – 22 nd | Team Priority Privates and Class Sign Up |
| May 21 st | Uniform, Practice Clothes and More 4:00 – 9:00p.m. |
| May 29 th - June 6 th | Gym Closed for Memorial Day and Last Week of School |
| June 7 th | Summer Hours and Practices (No Weekend Practices) |
| July 1 st – July 7 th | Gym Closed for Summer Break |
| August 2 nd – August 10 th | Mandatory Choreography Week |
| August 7 th | Parent Meeting 10:00 a.m. or 1:00p.m. Fall Team Priority Private and Class Sign Up Begins! |
| August 9 th – 13 th | Fall Team Priority Private and Class Sign Up Continued |
| August 14 th | Spirit Xtreme Lock In and Big/Lil Sis Celebration |
| August 23 rd - 27 th | Gym Closed for First Week of School |
| September 4 th – 6 th | Gym Closed for Labor Day |
| Sept. 10-12 | Family Cookout and Xtreme Teams Retreat at Camp Copass |
| October 16 th | Parent Meeting Times TBA |
| November 22 nd – 26 th | Gym Closed for Thanksgiving |
| December | Team Christmas Party |
| December 18 th – Jan 1 st | Closed for Christmas Holidays |
| January 2 nd | Mandatory Practices Resume / All Athletes Must Be Available |
| January 8 th | Parent Meeting Times TBA |
| March 14 th – 18 th | Closed for Spring Break |
| March/April | Banquet |

General Information

- Please log in to the member news on our website at www.spirit-xtreme.com consistently. We place all information, scheduling, practice outfit designation, competition information, etc. on our website. You will receive instructions at our first parent meeting regarding registering in the member's area of our website. It is your responsibility to utilize the information we provide and stay informed. You will also receive mass emails, emails via team reps and Booster Club, and coaches throughout the season. Please READ them.
- As owners and coaches, Walter and Melissa have an overwhelming responsibility to manage the company as a whole. Quick questions can be answered before or after team practice. You may make appointments with them before 3p.m. or after 9p.m. through the front desk for extended questions or concerns. Abrupt interruptions can disrupt focus on what is important, the athlete. Sue, the Office Manager, is the best source for emergency information or to schedule an appointment.
- **If you have any major conflicts with any of our scheduled events, retreats, choreography dates, you must notify us in writing by attaching a note to your tryout registration form. REMEMBER.....we can work around almost anything if we know EARLY!!**

*Who wins 2 National Championships
at their 1st NCA National Championship
and
a National Championship at their
1st Cheersport National Championship?*

Spirit Xtreme

Don't Just Go...Go Xtreme!!

Financial Guidelines

- All athletes must have their 2009-2010 Spirit Xtreme account paid in full to be eligible for tryouts.
- If you are placed on a team and choose not to take the spot, you will be credited \$100 of the \$250 down payment to be used at Spirit Xtreme towards classes or privates.
- For the 2010-2011 competition season, all tuition and fees will be electronically processed. Spirit Xtreme will be using ACH (Automatic Draft) for monthly tuition payments. All changes to your ACH account including amounts, adds, drops, account numbers, card expirations, etc must be submitted in writing using our ACH change form in order to activate your request. An expired credit card will be charged a late fee and a NSF fee. Tuition will be electronically drafted on the 1st of each month.
- Spirit Xtreme has an all inclusive straight forward plan with no hidden or additional fees. Program costs may be paid up front or can be made in payments over 12 months. The monthly tuition includes regular practices, extra weekly practices, tumbling class, staff assistance at camp and competitions, practice wear, choreography, music, retreat, competition fees and more. Tuition will not be prorated for holidays, gym closings, and weeks without all star practices.
- All athletes are required to pay an annual registration during the year. This fee is paid when turning in tryout form and annually in January of each year. The fee is \$35. Current athletes do not pay an additional fee.
- Spirit Xtreme is a 12 month commitment. Tuition charges begin on May 1st of 2010 and continue through April of 2011. If anyone breaks this commitment at any time or for any reason, all uniforms and practice wear become the property of Spirit Xtreme. **NO** refunds will be given.
- If an athlete is unable to finish the year due to injury with doctor's note or relocation, please be aware that you may owe additional fees that were not yet covered through your prorated monthly fees. If an athlete quits without a doctor's written excuse, all uncovered expenses and a \$100 penalty fee will be due. Resignations must be in writing.
- Each athlete will purchase their own uniform that will include top, skirt/slacks, bloomers, bows, and makeup. Team warm up and bag are optional items for purchase. These costs are in addition to the regular tuition fees and are due upon ordering.
- The parents of all team members are expected to join the Booster Club, and we encourage you to be active in the organization. The Booster Club plans fundraisers, Big and Little Sis Activities, parties, goodies for teams, and the end of the year banquet.
- All team members and families are required to participate in Booster Club fundraising activities.
- If an athlete's account falls past due by more than 30 days, the athlete will be present but must sit out of all practices. When an account falls 60 days past due, the athlete will be choreographed out of the competition routine and will not be allowed to participate in practices or any other Spirit Xtreme activities until account is brought up to date. Past due fees are assessed on the 15th of each month.

Payment Guidelines

Spirit Xtreme understands the financial costs of all-star cheerleading. We work hard to make this as easy as possible for everyone as it is a 12 month commitment. We are proud to offer some of the lowest prices in competitive cheer all while maintaining outstanding instruction, award-winning routines, and the quality activities you expect.

For the 2010-2011, we have included all fees into one total. The fees include: 12 months of tuition, 12 months of tumbling classes, practice clothes, choreography and music, regional and national competition fees, and Xtreme retreat. The fees DO NOT include: competition uniform, competition makeup, hair bow, fundraisers, annual registration and tryout fee, or any travel expenses for out of town competitions.

We offer two payment plans for you to choose from:

- The first plan will save you 10% off of your tuition by making one payment of the program fee less the down payment and the discount. The payment must be made by cash, cashier's check, personal check or credit card.
- The second plan allows you to pay off the program fee over the 12 month period of May 2010 to April 2011. Everyone who chooses the monthly plan must sign up for automatic payment (ACH) with a debit/credit card. The person responsible for the financial payment must fill out the financial information and sign the authorization for the credit card payment.

Payments begin the week of May 3rd.

Exhibition "Joy" Team

| | 1st Child | 2nd Child | 3rd Child |
|-------------------------|-----------|-----------|-----------|
| 12 Monthly Payments | \$116 | \$96 | \$76 |
| Pay in Full 10% Savings | \$1,276 | \$1,060 | \$844 |

Mini and Youth Teams

| | 1st Child | 2nd Child | 3rd Child |
|-------------------------|-----------|-----------|-----------|
| 12 Monthly Payments | \$225 | \$200 | \$176.00 |
| Pay in Full 10% Savings | \$2,530 | \$2,260 | \$1,990 |

Junior and Senior Teams

| | 1st Child | 2nd Child | 3rd Child |
|-------------------------|-----------|-----------|-----------|
| 12 Monthly Payments | \$236 | \$211 | \$186 |
| Pay in Full 10% Savings | \$2,638 | 2368 | \$2,098 |

Due May 21st:

Required: Uniform (Approx. \$395); Hair Bow (\$15), Make-Up (\$30)

*Hair Bow and Make-Up are remaining the same from the 2009-2010 season

Optional: Warm-Ups (Approx. \$150) and Bag (\$20 - \$60 depending on style selection)

Parent Compliance Form and No Refund Form

- I have received a copy of the Spirit Xtreme All-Star Team information packet. I have all of the information provided in this packet and agree to abide by all of the rules and regulations of Spirit Xtreme. In addition, I will commit myself to the time involved in practices, fundraising, camp and competitions.
- I am fully aware that competition cheerleading is a large financial responsibility and, I will commit to Spirit Xtreme as per the financial requirements of a team member.
- I am fully aware that any items purchased and not received due to breaking the commitment or to dismissal are non refundable and become the property of Spirit Xtreme, Inc. The uniform will be returned to Spirit Xtreme.
- I understand that a 30 day written notice is required in order to stop tuition and/or fee charges through either payment options. Any tuition and/or fees paid before this notification period will not be refunded under any circumstances.
- I understand that all tuition and fee payments will be handled electronically on the first of each month. I understand that I must have an ACH form turned in with my registration information. I understand that all changes to my ACH account including amounts, adds, drops, account numbers, card expirations etc. must be submitted in writing using our ACH change form in order to activate your request. I understand that it is my responsibility to keep up with expiration dates to prevent late fees and NSF charges.
- I am aware that this is a one year commitment and will do everything in my ability to enable my child to participate in all practices, camps, retreats, and competitions throughout this season.
- I will do all that is necessary to get my child to practice and events on time and assure that he/she does not need to leave practice early.
- I understand that my child must wear the proper practice outfit that is scheduled for any specific day and will support the requirement with my child. If my child loses any part of their practice clothes, I understand that I must purchase a replacement immediately.
- I understand that as a member of Spirit Xtreme I am a reflection of the company and will conduct myself in a manner in line with Spirit Xtreme beliefs. I will be positive role model for my child and will encourage sportsmanship by showing respect at all times. I will demonstrate positive support for all athletes, coaches, and spectators at every practice and competition.
- I will attend parent meetings, check emails frequently and check the website frequently to retrieve information that Spirit Xtreme has prepared. I know that it is my responsibility as the parent to know what is going on and that I must keep other parents/care givers informed of all information, dates, and changes.
- I will plan ahead and compromise to have my athlete at every practice. I understand that teams depend on my child and will not miss due to illness, homework, my personal job, trips and other non emergency situations.
- I understand the Attendance Policy and will abide by the guidelines.

Athlete Compliance Form

Spirit Xtreme demands a commitment of excellence from their athletes. Each team will set team goals, and we expect each athlete to set their own personal goals. Parents please read through the following expectations with your athlete.

- I understand that I am a reflection of Spirit Xtreme when in uniform or practice clothes, at competitions or in the gym. I will conduct myself with high morals following all guidelines set forth in this packet.
- I will keep parents and Spirit Xtreme informed of all school cheer events, classes, or field trips before the 7 day written notice required by Spirit Xtreme.
- I will be on time to all practices, competitions, and events. I will keep track of what I am to wear and come ready to practice or compete.
- I understand I should have no jewelry on, my shoes should be on, and my hair should be up BEFORE the start of practice.
- I will bring a good attitude and strong work ethic each time I practice or compete even if I do not feel well or have conflicts at school. I will not disrupt practice with bad behavior.
- I understand that this is a full 1 year commitment and other athletes as well as my coaches are depending on me.
- I will not disrespect any coach, team member, parent or competitor.
- I understand that all material, music and routines are the property of Spirit Xtreme and are not to be used for any other purpose.
- I understand that breaking any of the rules in this packet may result in suspension or dismissal from Spirit Xtreme.

Material, Uniform and Property Rights Agreement

Spirit Xtreme, Inc. Material Agreement

As a member of Spirit Xtreme All-Star Program, any material (cheers, chants, pyramids, partner stunts, transitions, dances, music, routines, etc.) may not be used or taught for any purpose to anyone outside the Spirit Xtreme program. All material is owned by Spirit Xtreme and may not be reproduced or taught in any manner without prior written consent from Spirit Xtreme. This includes posting on Youtube, Facebook, or other internet websites. Anyone violating this agreement may be expelled immediately from Spirit Xtreme.

Spirit Xtreme Uniform Agreement

Any and all parts of the Spirit Xtreme uniforms may only be worn during specific and official Spirit Xtreme activities. The uniform may not be worn for any other activity without prior written consent from Spirit Xtreme. No part of the uniform may be loaned to any person that is not a current member of the program.

Spirit Xtreme Logo

The name Spirit Xtreme or any part of the trademark or logo may not be used without prior written consent from Spirit Xtreme. The company name and entity are solely owned by Spirit Xtreme. No Spirit Xtreme or Spirit Xtreme related team names may be sold or used without prior written consent from Spirit Xtreme. Any violation of this agreement may result in legal action.

Tryout Evaluation Registration Form

Please fill out and return the following information:

- Evaluation Fee \$30 by 4/16; \$40 by 4/30; \$50 Evaluation Day
- \$250 Down Payment
- Spirit Xtreme 2010 Medical Release/Gym Registration along with \$35 (New Athletes Only)
- ACH Direct Form
- Athlete Current Skill Form
- Copy of Birth Certificate (New Athletes Only)
- Phone Directory Information Sheet

You may return your complete packet to the gym office or mail it to Spirit Xtreme, 1602 Hart St., Suite 202, Southlake, Texas 76092. Make sure to write two separate checks. **Only complete packets will be accepted!**

Athlete's Name: _____ Birth Date: _____

Age as of August 31st, 2010: _____ Grade for the 2010-11 School Year: _____

Address: _____ City, St: _____

Parent's name: _____

Home Phone: _____ Parent's Cell: _____

Contact Email: _____

Referred By (2009-2010 Team Member): _____

Please indicate the payment option that you have selected:

- Option One: Pay in Full
 Option Two: Monthly Payments

Special Notes concerning conflicts with events or restricted practice days: _____

Parent or Guardian must initial each.

- _____ I have read the packet in its entirety and completely understand the rules and regulations as well as the packet governing the Spirit Xtreme All-Star Cheerleaders and promise to uphold and abide by all of the rules set forth.
- _____ I have looked ahead at important events and dates and have included any conflict with my tryout packet.
- _____ I have read and agree with the financial plan for the 2010-2011 season.
- _____ I understand by signing this release form I am financially responsible for the athlete named.
- _____ I have read and agree with the attendance expectations and policy for the 2010-2011 season.
- _____ I have read and fully understand the Parent Compliance Form, the Athlete Code of Conduct, and the Material, Uniform and Property Rights Agreement.

Parent Signature: _____ Date: _____

Signature of Person Responsible for Account: _____

For Office Use Only:

Date Rcvd: _____ Down Payment Rcvd: _____ Evaluation Fee Rcvd: _____ ACH Rcvd: _____
Med Rel Rcvd: _____ Birth Cert Rcvd: _____ Skill Form Rcvd: _____ Phone Dir. Rcvd: _____

Athlete Current Skill Form

Athlete Name: _____

Age (As of August 31st, 2010): _____

Birth Date: _____ **School:** _____

Would you be interested in competing on more than one team? _____ YES _____ NO

Please place a check by all of the skills that you **currently have on your own without assistance**.
Note: There are **NO skills that are required**. This just gives us an idea of where to begin!

Level One:

- _____ Forward Roll
- _____ Back Bend/Arch
- _____ Cartwheel
- _____ Round Off
- _____ Back Walkover
- _____ Front Walkover

Level Two:

- _____ Standing Back Handspring (BHS)
- _____ Round Off BHS
- _____ Round Off BHS Series

Level Three:

- _____ Standing BHS Series (2 or more connected)
- _____ Toe Touch BHS
- _____ Punch Front
- _____ Round Off Back Tuck
- _____ Round Off BHS Back Tuck

Level Four:

- _____ Standing Back Tuck
- _____ Standing BHS Back Tuck
- _____ Toe Touch BHS Back Tuck
- _____ Standing Series to Layout
- _____ Round Off Layout/Round Off BHS Layout
- _____ Whip/Alternates

Level Five:

- _____ Toe Touch Back Tuck
- _____ Standing Series To Full Twist
- _____ Standing Full
- _____ Round Off BHS Full
- _____ Arabian
- _____ Double Standing or Running

OTHER: _____

For coaches use only

Jumps:

- _____ Right Front Hurdler
- _____ Left Front Hurdler
- _____ Toe Touch
- _____ Double Toe Touch
- _____ Pike

Motions / Dance Technique:

Technique: _____

Phone Directory Information

Cheerleader Name: _____

Birthday: _____ (Month, Date and Year)

Cheerleader Cell: _____

Cheerleader Email: _____

Parents: _____

Address: _____

City: _____

Home Phone: _____

Mom Cell: _____

Dad Cell: _____

Family Email: _____



ACH FORM

Automatic Credit Card Billing Authorization Form

For the 2010-2011 season, Spirit Xtreme is utilizing an automatic credit card payment system. All requested information is required. Upon approval, we will automatically bill your credit card for the amount indicated and your total charges will appear on your monthly credit card statement. If you cancel your credit card or it expires during the season you will need to provide new credit card information to the Office before fees are added.

Name as it appears on card _____

Type of card _____

Card number _____

Security Code _____

Expiration Date _____

Cardholder Zip Code _____

I authorize Spirit Xtreme, Inc. to charge my card on or after the 1st day of each month for all charges due on my account. If my card is delinquent for any reason, I will take care of my balance due immediately. I understand if the credit card provided above is cancelled for any reason I will provide Spirit Xtreme, Inc. with a new credit card.

Cardholder signature _____

Date _____

Spirit Xtreme accepts Visa MasterCard Discover American Express

Office Use Only

Free Trial Date _____
Class _____ Team _____
Private _____



Office Use Only

Start Date _____ Shirt _____
CK / Cash / CC _____ New _____ Re-enroll _____

Athlete Information and Release

Name: _____ DOB _____ Main Phone: _____

Address: _____ Athlete Cell Phone: _____

City, State, ZIP: _____ Athlete E-mail: _____

Current School: _____ HS Graduation Year: _____ Fax Number: _____

Mom's Name: _____ Cell: _____

E-mail: _____ **Email mandatory for parent notification of updates and changes.** Work: _____

Dad's Name: _____ Cell _____

E-mail: _____ Work: _____

Emergency Contact and Numbers: _____

Insurance Co. _____ Medications Allergies _____

How did you hear about the gym? _____ Doctor _____ Phone _____

Authorization and Release

*I authorize Spirit Xtreme, Inc. and its representatives to consent to medical treatment for my child when I cannot be reached to so consent. No prior determination of life threatening emergency or danger of serious or permanent injury resulting from treatment need be made under this authorization

*I, the parent or legal guardian of the above named student hereafter referred to as 'student', do hereby permit the 'student' to participate in gymnastics, tumbling, cheerleading or any other physical activities while a student at Spirit Xtreme, Inc. I assume full responsibility for 'students' personal safety and release Spirit Xtreme, its supervisors and employees from any and all liabilities that may arise due to any injury including death to 'student' by reason of 'students' participation in any activity at Spirit Xtreme or in which Spirit Xtreme is participating elsewhere. I further attest and acknowledge that my child is in good health and condition and is physically able to participate in all activities offered through Spirit Xtreme, clinics, classes and all other gym related events.

*I authorize Spirit Xtreme, Inc. to use photographs, video, and/or other likenesses of my child for use in its promotional materials or sales and waive any rights of compensation or ownership thereto.

*I authorize Spirit Xtreme, Inc. to register my athlete for the Newsletter.

*I understand the first month's tuition as well as the yearly registration will be required to be paid in full when registering for activities at Spirit Xtreme. I understand that I must give 14 days written notice in advance of dropping any class/activity at Sprit Xtreme.

*I understand all monthly tuitions at Spirit Xtreme are due on the 1st day of each month. I understand that it is my responsibility to make sure Spirit Xtreme receives my full monthly tuition including any unpaid balance on my account on or before the 15th day of the month. I understand I will be charged a \$20 late fee if my account is not paid by the 15th of the month, and 'student' may be withheld from participating in activities at Spirit Xtreme.

*I understand I must pay an annual registration fee of \$35 to enroll in any activities at Spirit Xtreme.

*I understand any payment on my account returned unpaid for any reason (NSF, expired CC) will incur a \$25.00 NSF fee and a \$15 late fee. I understand Spirit Xtreme does not refund tuition for ANY REASON.

I have read, understand and execute this release and acknowledgment:

Parent/Legal Guardian Signature: _____ Date: _____

CC _____ ACH _____ IC _____

