

# **SPIRIT XTREME**

*Building Champions...*



*One HEART At A Time*

**2011 – 2012**

**All-Star Team**

**Informational Packet**

**[www.spirit-xtreme.com](http://www.spirit-xtreme.com)**

# What It Means To Be XTREME!

Are you looking for a special gym for your athlete where they can stand apart from the crowd and be special? The goal of Spirit Xtreme is to develop a gym that touches the heart of each cheerleader, coach, and parent in an uplifting and positive environment. Walter and Melissa Meriwether have trained their coaching staff as a family and are models for their athletes, as well as the athletes they compete against. Each child is special to Spirit Xtreme and everyone works to build a relationship with them that will last a lifetime. We have a team for each child, and we treat each child as your most precious possession. Our athletes stand apart from the crowd everywhere they go.

Spirit Xtreme is a highly competitive cheer gym with a twist. Our girls have fun while working hard and winning competitions. We hope to stand out in the competitive cheer arena by providing a character building approach to competitive cheerleading that we all live each day. We set a standard of excellence that we will maintain throughout the year which is followed through with the names of our teams: Joy, Believe, Promise, Trust, Courage, Honor, Xcellence, Passion, Love and Respect.

Spirit Xtreme wants YOU to come and LET YOUR LIGHT SHINE. We are looking for athletes that are willing to commit a full year to competitive cheer, to work hard to improve individual skills and to be a loyal teammate. We are blessed to have the finest athletes and parents of any gym, and we are excited to continue our mission to become the best cheerleading program in the nation. We have had unbelievable success in our first six years and look forward to what the future holds!

Walter and Melissa

# Spirit Xtreme is UNIQUE!

We pride ourselves in being different than any other cheer program. Here are a few of the things that make Spirit Xtreme unique!

## **Choreography Camp Week**

This is a fun-filled week that we share together! Teams look forward to learning their routine themes and posing for pictures with their fun theme specific gifts. Our acclaimed choreographers are in town and we begin learning our routines for the 2011-2012 season.

## **Big Sis / Lil Sis Lock In**

An exciting night spent with ALL teams showing off the start of their routines, making new friends, playing games, eating, watching movies, and most importantly going on the traditional hunt for the "Big Sis"! There even is a little sleep. A fun time for all!!

## **Xtreme LEADERSHIP**

Xtreme LEADERSHIP begins at evaluations and continues throughout the year! We set very high expectations of our athletes. We challenge them to not just be a "cheerleader", but to be a leader who spreads cheer, thinking outside of themselves and reaching out to others. We are very proud of our Xtreme LEADERSHIP program and what it stands for. We look forward to taking our Xtreme LEADERSHIP even further during the 2011-2012 season by taking on a gym wide service project!

## **Holiday Celebration**

Teams come together during all holiday seasons to celebrate the special time of year. Spirit Xtreme was proud to collect and donate items of need to GRACE during the 2010 Christmas Season.

## **Xtreme Retreat and Family Cookout**

This will be our 5<sup>th</sup> year at Camp Copass! All teams spend a weekend bonding, playing games, singing, creating skits, and more at Camp Copass in Denton, Texas. The fun-filled weekend begins with a family cookout on Friday evening and ends on Sunday morning.

## **Spirit Xtreme Booster Club**

The Booster Club is a very important part of our program. The booster club helps organize team parties, fundraisers, parent socials, team snacks, end of year banquet, and other activities for the athletes. We appreciate our Booster Club!

## **End of Season Banquet**

At the end of the year we have a banquet where we celebrate everyone! Athletes, coaches, parents, Booster Club, and more...it takes us all to have a successful year. This is a celebration of the year's events that includes ALL team members and families.

# All-Star Cheerleading Overview

All-Star cheerleading has evolved into one of the most exciting, fast-paced and strenuous sports scored by a panel of judges in the world. Our sport is broken down into competitive levels by age and ability level. The USASF, United States All Star Federation, is currently the main governing presence in our industry, and Spirit Xtreme forms our teams based upon the age and ability levels specified by them.

**At Spirit Xtreme, there is a place for YOU to let your light shine!!**

The age groups are as follows:

Exhibition	3 - 5 years old as of August 31 <sup>st</sup> , 2011	(Non Competitive Team)
Tiny	5 years and younger as of August 31 <sup>st</sup> , 2011	
Mini	8 years and younger as of August 31 <sup>st</sup> , 2011	
Youth	11 years and younger as of August 31 <sup>st</sup> , 2011	
Junior	14 years and younger as of August 31 <sup>st</sup> , 2011	
Senior	18 years and younger as of August 31 <sup>st</sup> , 2011	

All-Star cheerleading is scored based upon the execution of tumbling, jumping, dancing, motion technique, tosses, stunting, performance and choreography. ALL are important in putting together a successful team. Athletes will be placed on teams based upon their abilities in ALL of the above mentioned categories.

Level	Ages	Tumbling
Exhibition	3 - 5 years old	Forward Roll
1	5 - 18 years	Cartwheel, Round-Off
2	5 - 18 years	Standing Back Handspring, R-Off Back Handspring
3	5 - 18 years	Standing 2 Back Handsprings, R-Off Back HS Back Tuck
4	5 - 18 years	Standing Back Tuck, R-Off Back HS Layout
5	5 - 18 years	Toe Touch Back Tuck, Working a Full w/Coaches Spot

The above tumbling skills are just guidelines. If an athlete demonstrates an exceptional strength in another area besides tumbling, like jumps, dancing, basing, or flying they may be placed on a team that is higher than their individual tumbling skills. On the reverse side, simply having the necessary tumbling skills does not mean that an athlete will automatically make that level. Tumbling skills alone do not decide team placement. We carefully and prayerfully consider each athlete and their team placement.

# Evaluation Information

The first and most important aspect of evaluations at Spirit Xtreme is that the atmosphere be **relaxed** and **comfortable**. We want each athlete to be excited and let us help them reach their potential.

## **Informational Parent Meetings:**

Exhibition "Joy" Team Monday, April 11<sup>th</sup> 5:30p.m.

Competitive Team Monday, April 11<sup>th</sup> 7:00p.m.

OR

Monday, April 18<sup>th</sup> 7:00p.m.

These meetings will be informational and helpful for all families new to Spirit Xtreme. It is a great way to ask questions, find out about Spirit Xtreme, and meet the coaches!

**Team Prep Classes:** Spirit Xtreme is offering a class option for athletes new to Spirit Xtreme and/or competitive cheer to help them prepare for the 2011-2012 Evaluations and cheer season. Athletes will learn all of the excitement of competitive cheer including: how to stretch, jump, stunt, tumble and dance the Spirit Xtreme way along with proper motion technique. This class is optional and not required for tryout evaluations. Class Cost: \$20 a class.

**Mondays April 18<sup>th</sup> and 25<sup>th</sup> 5:30p.m. – 6:30p.m.**

**Tuesdays April 19<sup>th</sup> and 26<sup>th</sup> 5:30p.m. – 6:30p.m.**

## **Items required for Evaluation:**

- Tryout Evaluation Registration Form with check made out to Spirit Xtreme for your evaluation fee. (\$30 paid by April 15<sup>th</sup>; \$40 paid by April 29<sup>th</sup>; \$50 Evaluation Week)
- Check made out to Spirit Xtreme for your commitment fee. (\$250)
- Spirit Xtreme Medical Release Form and \$35 fee (if not already registered for 2011)
- Athlete Current Skill Form
- ACH Direct Form
- Copy of Birth Certificate (new athletes only)
- Phone Directory Information Sheet

# Evaluation Information Continued

## Tryout Evaluation Dates and Times:

Athletes should attend **BOTH** dates and the evaluation time based on their age as of **August 31<sup>st</sup>, 2011**

### **Monday, May 2<sup>nd</sup>**

9 – 11 years old	6:00 – 7:30p.m.
15 – 18 years old	7:30 – 9:00p.m.

### **Tuesday, May 3<sup>rd</sup>**

5 – 8 years old	5:00 – 6:15p.m.
12 – 14 years old	6:00 – 7:30p.m.

### **Wednesday, May 4<sup>th</sup>**

9 – 11 years old	5:30 – 7:30p.m.
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### **Thursday, May 5<sup>th</sup>**

5 – 8 years old	5:00 – 6:15p.m.
15 – 18 years old	6:00 – 7:30p.m.

### **Friday, May 6<sup>th</sup>**

12 - 14 years old	5:30 – 7:00p.m.
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**Saturday, May 7<sup>th</sup>:** We will post all athletes in their practice groups

**Monday, May 9<sup>th</sup>:** Group practices begin based on age and ability level. First Payment is due at first group practice.

**Sunday, May 15<sup>th</sup>:** 2011-2012 Teams Announced!

**Monday, May 16<sup>th</sup>:** Team practices begin!

# Team Expectations at Spirit Xtreme

## Team Practices:

All competitive teams will practice twice each week.

- **May 16<sup>th</sup> – End of School Year:** Once teams are named in May until school is out the teams will only practice once a week.
- **June 6<sup>th</sup> – August 19<sup>th</sup>:** During the summer, we follow a revised practice schedule with two weekday practices, so that all of our athletes will have the weekends to spend with their families.
- **August 29<sup>th</sup> – April:** Beginning in August when school starts, all teams will practice on Saturday, and another day during the week. One weekday practice will be 1 to 1 ½ hour and weekend practices will be 1 ½ - 2 ½ hours. We have found that extending weekend practices and shortening weekday practices helps our athletes with weekly school and homework expectations.

## Attendance:

All-Star Teams are cheerleading's version of a "select" sport. It takes a full commitment from both the athlete and the family. Both parents must be aware of the Attendance requirements. If other activities become a conflict, the athlete will have to choose between cheer and the other activity. The team and individual can only be successful with everyone at practice. **Walter and/or Melissa must excuse absences in advance and must have seven days advanced written notice.** We understand that there are events that happen throughout the year that are "special" or "one of a kind" as listed under Excused Absences below. However, we NEED notice that an athlete will miss practice for ANY reason.

- Each athlete will be allowed **three absences** throughout the season. More than three absences will result in meeting with Walter and/or Melissa and may be cause for dismissal from the team. The absence policy will go into affect August 29<sup>th</sup> and will end after the last competition.
- **FAILURE to give seven days advanced written notice for an absence will result in the absence being counted as unexcused and will carry a \$100 fine.**
- Missing a practice **one week prior** to a regional/local competition or **two weeks prior** to a National competition will result in a **\$100 fine** regardless of the reason **and may result in the removal of the athlete from the team.**

Excused Absences	Unexcused Absences
<b>Family Event: Wedding, Birth, or Death</b>	<b>Absence without 7 days Written Notice</b>
<b>School Cheerleading</b>	<b>Family Celebrations</b>
<b>Graded School Events</b>	<b>Birthdays</b>
<b>Contagious Illness with Coaches Approval</b>	<b>Charity Functions or Concerts</b>
<b>Summer Vacation</b>	<b>Injury or Non Contagious Illness</b>
	<b>Home work/Studying</b>
	<b>Work</b>
	<b>Vacations during the School Year</b>
	<b>School or Recreational Sports</b>

# Team Expectations Continued

## Summer Attendance:

Summer practices are required. However, we will approve all requests for absences during the months of June and July. These absences will not count towards your excused or unexcused absences. Our sport is a year-long activity and we realize vacations and other events are much needed break from our rigorous schedule. We ask that all summer vacations and camp dates be turned into the office by June 1<sup>st</sup> or as soon as planned. Walter and Melissa recommend that no athlete misses two consecutive weeks during the summer.

## Competition Uniform:

Uniforms for the 2011-12 season will remain the same. We will also offer our warm-up this season, but the purchase is optional.

**Practice Clothes and Uniform Fitting:** Saturday, May 21<sup>st</sup> 10:00 – 4:00p.m.

All new and current athletes are required to attend.

**Used Uniform Fitting:** Saturday, May 14<sup>th</sup> 1:00p.m.

For athletes who would like to purchase a slightly worn uniform. Limited sizes available.

## Practice Wear:

All team members will be sized for practice wear at our uniform fitting. Each team member is expected to wear the correct practice outfit to each practice. Each team member will be fitted for: 2 shirts and 3 shorts. We will have three complete practice outfits for the 2011-2012 season. Team members should come to every practice with:

- Correct practice outfit
- Shoes must be worn
- Hair up tight and out of face
- No jewelry of any kind

## Shoes:

The Spirit Xtreme staff has selected several shoes for you to choose from: Asics, Nfinity, Nike and Reebok. The shoe must be white. Shoes may be ordered from our Varsity Allstar Specialist anytime during the year.

## Choreography: August 1<sup>st</sup> - August 12<sup>th</sup>

Choreography dates are very important and require mandatory attendance. Please make your plans now and notify your school coaches, work, family, etc. We fly in two choreographers from across the country once a year for our unique, award-winning routines for which we are famous.

August 1<sup>st</sup> – 4<sup>th</sup> Stunt Choreography

August 4<sup>th</sup> – 12<sup>th</sup> Routine Choreography

# Team Expectations Continued

## Competitions:

We expect to attend 2-3 regional competitions and 3-4 national competitions throughout the season. Competitions will most likely begin in November and end in April. We will finalize our 2011-2012 competition schedule no later than mid July. Spirit Xtreme may attend a competition requiring a hotel stay. However, any competition requiring a hotel stay will be within driving distance of the DFW area. **We have included tentative dates and options for the 2011-2012 season. Reminder: Competition schedule will be finalized by mid July.**

November	5 <sup>th</sup> / 6 <sup>th</sup> 19 <sup>th</sup>	NCA Classic; Allen Athletic Championships; Houston
December	10 <sup>th</sup>	NCA Classic; Allen
January	15 <sup>th</sup> /16 <sup>th</sup>	ACA National Championship; Fort Worth
February	12 <sup>th</sup> /13 <sup>th</sup> 25 <sup>th</sup> /26 <sup>th</sup>	Cheersport; Dallas NCA National Championship; Dallas
March	24 <sup>th</sup> /25 <sup>th</sup>	Athletic Championships; San Antonio
April	TBD 14 <sup>th</sup> /15 <sup>th</sup>	Athletic Championships; Garland All Levels Championship; Dallas

## Tumbling Class:

All team members are required to take a tumbling class while on a Spirit Xtreme team. The cost is included in the monthly tuition. This required class begins at the start of the summer program at **no additional charge.**

## Flyers:

All team members chosen as flyers will be required to attend one class a week for flyers only. This class will be in addition to the required tumbling class. The cost of the flyer class is \$40 a month. It is an honor to be a flyer and they must work hard on flexibility, body control and performance. This required class has been revised for the start of the 2011 season and begins at the start of the summer program.

## School Cheerleaders:

School cheerleaders will make communication between Spirit Xtreme and their school cheer coach a daily responsibility. We ask that you provide us with important dates such as: games that conflict with any practices, fundraisers, choreography, and competition dates as soon as you receive them. We can work around anything as long as there is **EARLY** communication.

# Important Dates for 2010-2011

Please check all of these dates carefully. All events and competitions are mandatory. If you have a conflict with any of the following dates please let us know prior to evaluations. **We will only consider excusing an absence for a major event if we are notified PRIOR to evaluations.**

## Events and Closings

April 11 <sup>th</sup>	Competitive Team Parent Informational Meeting 7:00p.m.
April 18 <sup>th</sup>	Competitive Team Parent Informational Meeting 7:00p.m.
May 2 <sup>nd</sup> – 6 <sup>th</sup>	Team Tryout Evaluations
May 9 <sup>th</sup>	Group Practices Begin
May 12 <sup>th</sup> <u>or</u> 14 <sup>th</sup>	Parent Meeting May 12 <sup>th</sup> 6:00p.m. or May 14 <sup>th</sup> 10:00a.m.
May 14 <sup>th</sup>	Used Uniform Fitting 1:00p.m.
May 15 <sup>th</sup>	Teams Announced
May 16 <sup>th</sup>	Team Practices Begin
May 21 <sup>st</sup>	Uniform Fitting, Practice Clothes and More 10:00 – 4:00p.m.
May 25 <sup>th</sup> – 27 <sup>th</sup>	Team Priority Privates and Class Sign Up for Summer
May 27 <sup>th</sup> – June 3 <sup>rd</sup>	Gym Closed for Memorial Day and Last Week of School TEAMS Practice – No Classes or Privates
June 6 <sup>th</sup>	Summer Hours and Practices Begin! (No Weekend Practices)
July 1 <sup>st</sup> – July 10 <sup>th</sup>	Gym Closed for Summer Break and 4 <sup>th</sup> of July
August 1 <sup>st</sup> – August 12 <sup>th</sup>	Mandatory Choreography Week
August 13 <sup>th</sup>	Parent Meeting 10:00 a.m. or 1:00p.m.
August 13 <sup>th</sup>	Spirit Xtreme Lock In and Big/Lil Sis Celebration
August 15 <sup>th</sup> – 19 <sup>th</sup>	Fall Team Priority Private and Class Sign Up
August 22 <sup>nd</sup> - 26 <sup>th</sup>	Gym Closed for First Week of School
September 3 <sup>rd</sup> – 5 <sup>th</sup>	Gym Closed for Labor Day
September 9 <sup>th</sup> – 11 <sup>th</sup>	Family Cookout and Xtreme Teams Retreat at Camp Copass
October 15 <sup>th</sup>	Parent Meeting Times TBA
November 19 <sup>th</sup> – 27 <sup>th</sup>	Gym Closed for Thanksgiving (NO PRAC Sunday After Thanksgiving)
December	Team Christmas Party
December 22 <sup>nd</sup> – Jan 1 <sup>st</sup>	Closed for Christmas Holidays
January 7 <sup>th</sup>	Parent Meeting Times TBA
March 12 <sup>th</sup> – 16 <sup>th</sup>	Closed for Spring Break
April	Banquet

# General Information

- Please log in to the member news on our website at [www.spirit-xtreme.com](http://www.spirit-xtreme.com) consistently. We place all information, scheduling, practice outfit designation, competition information, etc. on our website. You will receive instructions at our first parent meeting regarding registering in the member's area of our website. It is your responsibility to utilize the information we provide and stay informed. You will also receive mass emails, emails via team reps and Booster Club, and coaches throughout the season. Please READ them.
- As owners and coaches, Walter and Melissa have an overwhelming responsibility to manage the company as a whole. Quick questions can be answered before or after team practice. You may make appointments with them before 3p.m. or after 9p.m. through the front desk for extended questions or concerns. Abrupt interruptions can disrupt focus on what is important, the athlete. Sue, the Office Manager, is the best source for emergency information or to schedule an appointment.
- **If you have any major conflicts with any of our scheduled events, retreats, choreography dates, you must notify us in writing by attaching a note to your tryout registration form. REMEMBER.....we can work around almost anything if we know EARLY!!**

# Financial Guidelines

- All athletes must have their 2011-2012 Spirit Xtreme account paid in full to be eligible for tryouts.
- If you are placed on a team and choose not to take the spot, \$100 of the \$250 commitment fee will be returned. Refusing a spot on a team prevents someone else from making that team and can leave the team without the proper number of bases, flyers, etc.
- For the 2011-2012 competition season, all tuition and fees will be electronically processed. Spirit Xtreme will be using ACH (Automatic Draft) for monthly tuition payments. All changes to your ACH account including amounts, adds, drops, account numbers, card expirations, etc must be submitted in writing using our ACH change form in order to activate your request. An expired credit card will be charged a late fee and a NSF fee. Tuition will be electronically drafted on the 1<sup>st</sup> of each month.
- Spirit Xtreme has an all inclusive straight forward plan with no hidden or additional fees. Program costs may be paid up front or can be made in payments over 12 months. The monthly tuition includes regular practices, extra weekly practices, tumbling class, staff assistance at camp and competitions, practice wear, choreography, music, retreat, competition fees and more. Tuition will not be prorated for holidays, gym closings, and weeks without all star practices.
- All athletes are required to pay an annual registration during the year. This fee is paid when turning in tryout evaluation form and annually in January of each year. The fee is \$35. Current athletes do not pay an additional fee.
- Spirit Xtreme is a 12 month commitment. Tuition charges begin on May 1<sup>st</sup> of 2011 and continue through April of 2012. If anyone breaks this commitment at any time or for any reason, all uniforms and practice wear become the property of Spirit Xtreme. **NO** refunds will be given.
- If an athlete is unable to finish the year due to injury with doctor's note or relocation, please be aware that you may owe additional fees that were not yet covered through your prorated monthly fees. If an athlete quits without a doctor's written excuse, all uncovered expenses and a \$100 penalty fee will be due. Resignations must be in writing.
- Each athlete will purchase their own uniform that will include top, skirt/slacks, bloomers, bows, and makeup. Team warm up and bag are optional items for purchase. These costs are in addition to the regular tuition fees and are due upon ordering.
- The parents of all team members are expected to join the Booster Club, and we encourage you to be active in the organization.
- All team members and families are required to participate in Booster Club fundraising activities.
- If an athlete's account falls past due by more than 30 days, the athlete will be present but must sit out of all practices. When an account falls 60 days past due, the athlete will be choreographed out of the competition routine and will not be allowed to participate in practices or any other Spirit Xtreme activities until account is brought up to date. Past due fees are assessed on the 15<sup>th</sup> of each month.

# Payment Guidelines

Spirit Xtreme understands the financial costs of all-star cheerleading. We work hard to make this as easy as possible for everyone as it is a 12 month commitment. We are proud to offer some of the lowest prices in competitive cheer all while maintaining outstanding instruction, award-winning routines, and the quality activities you expect.

For the 2011-2012, we have included all fees into one total. The fees include:

## Commitment Fee

Team commitment fee which also includes USASF Athlete Membership fee required of all All Star Cheerleaders by the United States All Star Federation beginning in May of 2011.

## Monthly Tuition

12 months of regularly scheduled team practices, extra practices, and 1 tumbling class per week for 12 months.

## Mandatory Fees

Mandatory fees include practice clothes, choreography and music fees, Xtreme retreat weekend, and all scheduled regional and national competition fees.

The fees DO NOT include: competition uniform, competition makeup, hair bow, fundraisers, annual registration and tryout evaluation fee, or any travel expenses for out of town competitions.

## Due May 21<sup>st</sup> or by Final Order Placement in July:

**Required:** Uniform (Approx. \$395); \*New 2011-12 Hair Bow (\$15), Make-Up (\$30)

**Optional:** Warm-Ups (Approx. \$150) and Bag (\$20 - \$60 depending on style selection)

## We offer two payment plans for you to choose from:

- The first plan will save you 10% off of your monthly tuition by making one payment of the program fee less the commitment and the discount. The payment must be made by cash, cashier's check or personal check.
- The second plan allows you to pay off the program fee over the 12 month period of May 2011 to April 2012. Everyone who chooses the monthly plan must sign up for automatic payment (ACH) with a debit/credit card. The person responsible for the financial payment must fill out the financial information and sign the authorization for the credit card payment.

## Payments begin the week of May 3<sup>rd</sup>

**\*\*Discounts are given to families with multiple athletes. A pricing grid for multi athlete families is available in the gym office.**

Spirit Xtreme 2011-2012 Pricing	Mini and Youth	Junior and Senior
<b>Commitment Fee</b> (Due with Tryout Evaluation Forms)	<b>\$250</b>	<b>\$250</b>
<b>Monthly Tuition</b>	<b>\$150 / month</b>	<b>\$160 / month</b>
<b>Mandatory Fees</b>	<b>\$1160</b>	<b>\$1160</b>
<b>Total Season Financial Commitment</b>	<b>\$3210</b>	<b>\$3330</b>
<b>Option 1: Pay Up Front with 10 % Discount</b>	<b>\$2530</b>	<b>\$2638</b>
<b>Option 2: Monthly Installments</b>	<b>\$225</b>	<b>\$235</b>

# Parent Compliance Form and No Refund Form

- I have received a copy of the Spirit Xtreme All-Star Team information packet. I have all of the information provided in this packet and agree to abide by all of the rules and regulations of Spirit Xtreme. In addition, I will commit myself to the time involved in practices, fundraising, camp and competitions.
- I am fully aware that competition cheerleading is a large financial responsibility and, I will commit to Spirit Xtreme as per the financial requirements of a team member.
- I am fully aware that any items purchased and not received due to breaking the commitment or to dismissal are non refundable and become the property of Spirit Xtreme, Inc. The uniform will be returned to Spirit Xtreme.
- I understand that a 30 day written notice is required in order to stop tuition and/or fee charges through either payment options. Any tuition and/or fees paid before this notification period will not be refunded under any circumstances.
- I understand that all tuition and fee payments will be handled electronically on the first of each month. I understand that I must have an ACH form turned in with my registration information. I understand that all changes to my ACH account including amounts, adds, drops, account numbers, card expirations etc. must be submitted in writing using our ACH change form in order to activate your request. I understand that it is my responsibility to keep up with expiration dates to prevent late fees and NSF charges.
- I am aware that this is a one year commitment and will do everything in my ability to enable my child to participate in all practices, camps, retreats, and competitions throughout this season.
- I will do all that is necessary to get my child to practice and events on time and assure that he/she does not need to leave practice early.
- I understand that my child must wear the proper practice outfit that is scheduled for any specific day and will support the requirement with my child. If my child loses any part of their practice clothes, I understand that I must purchase a replacement immediately.
- I understand that as a member of Spirit Xtreme I am a reflection of the company and will conduct myself in a manner in line with Spirit Xtreme beliefs. I will be positive role model for my child and will encourage sportsmanship by showing respect at all times. I will demonstrate positive support for all athletes, coaches, and spectators at every practice and competition.
- I will attend parent meetings, check emails frequently and check the website frequently to retrieve information that Spirit Xtreme has prepared. I know that it is my responsibility as the parent to know what is going on and that I must keep other parents/care givers informed of all information, dates, and changes.
- I will plan ahead and compromise to have my athlete at every practice. I understand that teams depend on my child and will not miss due to illness, homework, my personal job, trips and other non emergency situations.
- I understand the Attendance Policy and will abide by the guidelines.

# Athlete Compliance Form

Spirit Xtreme demands a commitment of excellence from their athletes. Each team will set team goals, and we expect each athlete to set their own personal goals. Parents please read through the following expectations with your athlete.

- I understand that I am a reflection of Spirit Xtreme when in uniform or practice clothes, at competitions or in the gym. I will conduct myself with high morals following all guidelines set forth in this packet.
- I will keep parents and Spirit Xtreme informed of all school cheer events, classes, or field trips before the 7 day notice required by Spirit Xtreme.
- I will be on time to all practices, competitions, and events. I will keep track of what I am to wear and come ready to practice or compete.
- I understand I should have no jewelry on, my shoes should be on, and my hair should be up BEFORE the start of practice.
- I will bring a good attitude and strong work ethic each time I practice or compete even if I do not feel well or have conflicts at school. I will not disrupt practice with bad behavior.
- I understand that this is a full 1 year commitment and other athletes as well as my coaches are depending on me.
- I will not disrespect any coach, team member, parent or competitor.
- I understand that all material, music and routines are the property of Spirit Xtreme and are not to be used for any other purpose.
- I understand that breaking any of the rules in this packet may result in suspension or dismissal from Spirit Xtreme.

# **Material, Uniform and Property Rights Agreement**

## **Spirit Xtreme, Inc. Material Agreement**

As a member of Spirit Xtreme All-Star Program, any material (cheers, chants, pyramids, partner stunts, transitions, dances, music, routines, etc.) may not be used or taught for any purpose to anyone outside the Spirit Xtreme program. All material is owned by Spirit Xtreme and may not be reproduced or taught in any manner without prior written consent from Spirit Xtreme. This includes posting on Youtube, Facebook, or other internet websites. Anyone violating this agreement may be expelled immediately from Spirit Xtreme.

## **Spirit Xtreme Uniform Agreement**

Any and all parts of the Spirit Xtreme uniforms may only be worn during specific and official Spirit Xtreme activities. The uniform may not be worn for any other activity without prior written consent from Spirit Xtreme. No part of the uniform may be loaned to any person that is not a current member of the program.

## **Spirit Xtreme Logo**

The name Spirit Xtreme or any part of the trademark or logo may not be used without prior written consent from Spirit Xtreme. The company name and entity are solely owned by Spirit Xtreme. No Spirit Xtreme or Spirit Xtreme related team names may be sold or used without prior written consent from Spirit Xtreme. Any violation of this agreement may result in legal action.

# Tryout Evaluation Registration Form

Please fill out and return the following information:

**Returning Team Athlete:**

- \_\_\_ \*Evaluation Fee \$30 by 4/15; \$40 by 4/29; \$50 Tryout Week
- \_\_\_ \*\$250 Commitment Fee (separate check)
- \_\_\_ \*Athlete Current Skill Form
- \_\_\_ \*Phone Directory Information Sheet
- \_\_\_ \*ACH Direct Form

**New Team Athlete:**

- \_\_\_ \*Evaluation Fee \$30 by 4/15; \$40 by 4/29; \$50 Tryout Week
- \_\_\_ \*\$250 Commitment Fee (separate check)
- \_\_\_ \*Athlete Current Skill Form
- \_\_\_ \*Phone Directory Information Sheet
- \_\_\_ \*ACH Direct Form
- \_\_\_ \*Spirit Xtreme 2011 Medical Release/Gym Registration (\$35)  
(Available when turn in forms – not included in packet)
- \_\_\_ \*Copy of Birth Certificate

You may return your complete packet to the gym office or mail it to Spirit Xtreme, 2895 Market Loop, Southlake, Texas 76092. Make sure to write two separate checks. **Only complete packets will be accepted!**

Athlete's Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Age as of August 31<sup>st</sup>, 2011: \_\_\_\_\_ Grade for the 2011-12 School Year: \_\_\_\_\_

Address: \_\_\_\_\_ City, St: \_\_\_\_\_

Parent's name: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Parent's Cell: \_\_\_\_\_

Contact Email: \_\_\_\_\_

Referred By (2010-2011) Team Member: \_\_\_\_\_

**Please indicate the payment option that you have selected:**

- \_\_\_ Option One: Pay in Full
- \_\_\_ Option Two: Monthly Payments

**Special Notes concerning conflicts with Spirit Xtreme scheduled events or restricted practice days:**

\_\_\_\_\_  
\_\_\_\_\_

**Parent or Guardian must initial each.**

- \_\_\_ I have read the packet in its entirety and completely understand the rules and regulations as well as the packet governing the Spirit Xtreme All-Star Cheerleaders and promise to uphold and abide by all of the rules set forth.
- \_\_\_ I have looked ahead at important events and dates and have included any conflict with my tryout packet.
- \_\_\_ I have read and agree with the financial plan for the 2011-2012 season.
- \_\_\_ I understand by signing this release form I am financially responsible for the athlete named.
- \_\_\_ I have read and agree with the attendance expectations and policy for the 2011-2012 season.
- \_\_\_ I have read and fully understand the Parent Compliance Form, the Athlete Code of Conduct, and the Material, Uniform and Property Rights Agreement.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Person Responsible for Account: \_\_\_\_\_

# Athlete Current Skill Form

Athlete Name: \_\_\_\_\_

Age (As of August 31<sup>st</sup>, 2011): \_\_\_\_\_

Birth Date: \_\_\_\_\_ School: \_\_\_\_\_

Would you be interested in competing on more than one team? \_\_\_\_\_ YES \_\_\_\_\_ NO

Please place a check by all of the skills that you **currently have on your own without assistance.**

**Note:** There are **NO skills that are required.** This just gives us an idea of where to begin!

## Level One:

- \_\_\_\_\_ Forward Roll
- \_\_\_\_\_ Back Bend/Arch
- \_\_\_\_\_ Cartwheel
- \_\_\_\_\_ Round Off
- \_\_\_\_\_ Back Walkover
- \_\_\_\_\_ Front Walkover

## Level Two:

- \_\_\_\_\_ Standing Back Handspring (BHS)
- \_\_\_\_\_ Round Off BHS
- \_\_\_\_\_ Round Off BHS Series

## Level Three:

- \_\_\_\_\_ Standing BHS Series (2 or more connected)
- \_\_\_\_\_ Toe Touch BHS
- \_\_\_\_\_ Punch Front
- \_\_\_\_\_ Round Off Back Tuck
- \_\_\_\_\_ Round Off BHS Back Tuck

## Level Four:

- \_\_\_\_\_ Standing Back Tuck
- \_\_\_\_\_ Standing BHS Back Tuck
- \_\_\_\_\_ Toe Touch BHS Back Tuck
- \_\_\_\_\_ Standing Series to Layout
- \_\_\_\_\_ Round Off Layout/Round Off BHS Layout
- \_\_\_\_\_ Whip/Alternates

## Level Five:

- \_\_\_\_\_ Toe Touch Back Tuck
- \_\_\_\_\_ Standing Series To Full Twist
- \_\_\_\_\_ Standing Full
- \_\_\_\_\_ Round Off BHS Full
- \_\_\_\_\_ Arabian
- \_\_\_\_\_ Double Standing or Running

**OTHER:** \_\_\_\_\_  
\_\_\_\_\_

**\*For coaches use only\***

## Jumps:

- \_\_\_\_\_ Right Front Hurdler
- \_\_\_\_\_ Left Front Hurdler
- \_\_\_\_\_ Toe Touch
- \_\_\_\_\_ Double Toe Touch
- \_\_\_\_\_ Pike

## Motions / Dance Technique:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Technique: \_\_\_\_\_



# ACH FORM

## Automatic Credit Card Billing Authorization Form

Spirit Xtreme utilizes an automatic credit card payment/bank card system. All requested information is required. Upon approval, we will automatically bill your credit card/bank card for the amount indicated and your total charges will appear on your monthly credit card/bank card statement. If you cancel your credit card/bank card or it expires during the season you will need to provide new information to the Office before fees are added.

Name as it appears on card \_\_\_\_\_

Circle one:            CREDIT CARD            BANK CARD

Type of card \_\_\_\_\_

Card number/Bank number \_\_\_\_\_

Security Code/Routing number \_\_\_\_\_

Expiration Date \_\_\_\_\_

Cardholder Zip Code \_\_\_\_\_

I authorize Spirit Xtreme, Inc. to charge my card on or after the 1st day of each month for all charges due on my account. If my card is delinquent for any reason, I will take care of my balance due immediately. I understand if the credit card provided above is cancelled for any reason I will provide Spirit Xtreme, Inc. with a new credit card.

Cardholder signature \_\_\_\_\_ Date \_\_\_\_\_

Spirit Xtreme accepts    **Visa**                    **MasterCard**                    **Discover**                    **American Express**

# Phone Directory Information

**Cheerleader Name:** \_\_\_\_\_

**Birthday:** \_\_\_\_\_ (Month, Date and Year)

**Cheerleader Cell:** \_\_\_\_\_

**Cheerleader Email:** \_\_\_\_\_

**Parents:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_

**Mom Cell:** \_\_\_\_\_

**Dad Cell:** \_\_\_\_\_

**Family Email:** \_\_\_\_\_