



## **Frequently Asked Questions**

**Q. What exactly is All-Star Cheerleading?**

A. All-Star cheerleading is one of the fastest growing sports today, now nationally recognized on television networks such as ESPN, Fox Sports and others. It is a team sport for kids of all ages and abilities who come together to learn and practice skills such as tumbling, jumps, stunting and dance. These skills are then incorporated into a high-energy, acrobatic type routine that is scored by a panel of judges at local, regional and national competitions. The judging is subjective, similar to gymnastics or figure skating and incorporates elements such as difficulty of the various skills, execution, choreography, showmanship, etc.

**Q. What kind of commitment does being part of a team require?**

A. Weekly team practices and tumbling classes are required for the individual and team to learn their skills and eventually perfect them in a routine. Cheerleading, like gymnastics, is a year-round sport because of the tumbling elements that can be “lost” over time. In addition to the practices, the team competes & performs throughout the year. During the competition season, this will likely mean about 6—10 Saturdays between the months of November and April. There will also occasionally be special performances such as at the State Fair, local college games, Volcanoes games and/or parades. You will be given notice of these dates in advance so every effort can be made for your child to participate. We also recognize families like to travel & vacation during the summer and we allow for these “excused” absences with advance notice.

**Q. My daughter is young, will it be too much for her?**

A. Every team is geared specifically to the age. For example, our youngest “Tiny” team only practices once a week and we make sure we teach in a way that is FUN and understandable for even our youngest cheerleaders. At Champion Cheer, we pride ourselves in encouraging the kids to have fun while challenging them to succeed as an individual and a team. The music, uniforms & choreography are all age-appropriate, wholesome and display a high level of integrity that makes the cheerleaders & parents very proud.

**Q. Does my child need to know how to tumble to get on a team?**

A. No. That is what we are here for! We have a team for EVERY age & experience level, from 4 year old beginners to 18 year old elite gymnasts. We look forward to teaching all athletes safe tumbling progressions during team practices as well as during our tumbling classes.

**Q. Will I be able to afford it?**

A. All-star cheerleading is definitely an investment of time and money. However, for the quality & quantity of instruction you receive from Champion Cheer, we believe you are wisely investing in your child, helping them achieve their dreams and learn many life-long lessons including teamwork, sportsmanship, discipline, responsibility, kindness and much more. We also offer many fundraising opportunities for you to become involved with to help off-set your costs.

**If your questions were not answered here, PLEASE give us a call at (503) 391-7999 and we will be happy to speak with you. We also have many parents who have children in our program who would love to talk with you and give you a “parent’s perspective”. If you would like, please ask for the names & phone numbers of our “Parent References.”**