

OPEN GYM
Damar Gymnastics, Inc.
2120 Robinson Creek Road, Corbin, Ky. 40701

GENERAL INFORMATION Open Gym is a non-structured program which provides an ideal opportunity for students to practice their class skills and routines. It is also a time just to have fun performing favorite gymnastic tricks in a safe, supervised environment. Although there is no direct instruction, staff will be on hand to provide coaching assistance.

WHO MAY PARTICIPATE? Kids from the age of 5 and older may participate as long as all rules/policies are followed. All non-members (individuals who are not currently enrolled in Damar Gymnastics, Inc.) are required to have a parent sign the attached waiver below. Handwritten waivers are not acceptable. Waivers are good for the entire year. Current members do not need a waiver signed. All pre-schooler's (children under 5) must be accompanied by an adult.

TIMES AND COST Open gym is on Friday evenings from 6:00 - 8:00 pm. The fee is \$10.00 per person for members and \$15.00 for non-members (\$1.00 off for each additional child in the same family). The cost is the same if you arrive late.

RULES OF OPEN GYM 1) We reserve the right to remove anyone from the gym who does not follow the rules or comply with the directions of the Staff. 2) Open Gym is to be used as a learning and practice time. Running around, rough-housing, horse play or interfering in any way with classes and/or squads, will not be tolerated. 3) No gum chewing, drinks or food in the gym. 4) One person on the apparatus at a time. 5) No flips on the tramp or into the pit unless you have received permission from the supervisor.

RESPONSIBILITY OF THE PARENTS Please read the "Rules of Open Gym" to your child and make sure the rules are understood. Please pick up your children on time. Thank you.

GUEST REGISTRATION FORM AND WAIVER

Student's Name: _____ : Age: _____ Sex: _____ Date of Birth: ____/____/____
Parent's Name: _____ Home Phone: _____ Work Phone: _____
Address: _____ City: _____ State: ____ Zip: _____
Email Address: _____ Emergency Contact Name & Phone: _____
Pre-Existing Medical Conditions of which we should be aware: _____

ASSUMPTION OF RISK: While gymnastics is exciting and challenging, participation involves certain risks. Even under the best conditions, accidents can occur. Most result in minor sprains or contusions. Although the incidence is extremely rare, some accidents result in serious or permanent injury. The directors and teachers of Damar Gymnastics, Inc. are dedicated to providing the safest possible teaching environment. Parents and students must appreciate, however, that no amount of matting, pit use, or excellent teaching can guarantee an injury-free program. I have read and understand the above and consent to my child's participation in Damar Gymnastics, Inc. In addition, I release Damar Gymnastics Inc., its directors and staff, from liability for failure to warn that injury may occur as a result of my child's participation in the aforementioned gymnastics program.

AUTHORIZATION OF MEDICAL CARE: In case of illness or injury (if a parent or emergency contact cannot be reached.) the Staff of Damar Gymnastics, Inc. may authorize medical care and treatment for the above named participant.

Parent's Signature Date _____