

Cheer Alliance Families,

Once again we would like to help show our thanks to the community ~ by giving back to those not as fortunate as us. Again, we will be collecting items to be donated to the Lazarus House in St. Charles.

For those of you who don't know about Lazarus House check out their website www.Lazarushouseonline.com. It's amazing how many families they help each year by providing, shelter, clothing and a warm meal - along with counseling on how to get back on their feet in today's demanding society.

The following is the Lazarus House current "Needs List". We have asked that each team take a section and provide what you can. Feel free to donate as much or as little as you can. If you have an item you would like to donate and it's designated to another team, by all means put it in the basket.

Kittens: For Our Babies & Children - Laundry Basket to place items in.

Baby Wipes • Diapers (all sizes) • Baby Bath • Diaper Rash cream/ointment • Formula (powdered) • Children's Vitamins • Baby lotion • Baby Laundry Soap

Tigers & Calicos: Personal Care Items - Laundry basket to place items in.

Toothbrushes/Toothpaste • Shampoo • Conditioner • Body Soap • Deodorant • Hand/Body lotion • Feminine products • Disposable razors • Q-Tips • Combs

Leopards: Clothing & Blankets: - Laundry basket to place items in.

Blankets - Twin size only • Fold-up umbrellas • Hats, Gloves, scarves, mittens • Children underwear sweatshirts, sweatpants, and socks

Cheetahs: General - Laundry basket to place items in.

Laundry Soap • Windex • Paper towels • Kleenex • 13&33 Gallon Garbage Bags • All purpose cleaner (clorox, lysol etc)

Jaqs: For The Kitchen - Laundry basket to place items in.

Dishwashing Liquid • 12oz styrofoam cups • Paper plates/bowls • Plastic silverware • Napkins Aluminum Foil/Saran Wrap • Coffee creamer • Sugar, Salt & Pepper • Kool Aid & Crystal Light Tea & Hot Chocolate mix • Zip Lock Bags (all sizes)

Pumas: Clothing & Blankets - Laundry basket to place items in.

Adult size sweatpants, sweatshirts, socks - Various sizes especially Large & Xlarge • Long or short sleeve tshirts Underwear (adult sizes) • Blankets - twin size only

Lazarus House has also asked that we collect **Gift Cards from Target, Walgreens, Wal-Mart and Meijer**. These are used in the event someone is sick and needs a prescription or other medical needs. Any dollar increment would be greatly appreciated.

Bring your items to the gym Sunday, October 4th during the Open House. Items will be taken to Lazarus House immediately following the Open House. Last year we had 3 car loads of items...LET'S DO IT AGAIN!

Again, thank you for your support and remember TOGETHER WE ARE STRONGER!

Kim Bradner
CAPA