

CLASS SCHEDULE

(Effective 9/1/2011)



60 Minute Classes

CLASS	MON	TUES	WED	THURS	Sat
Youth Intro (4-7yrs)		5:00 Jessica/ Monica H		6:00 Jessica/ Monica H	
Intro	6:00 Amanda/ Charmayne		5:00 Monica E	7:00 Amanda	
Flip Flopping	5:00 Monica E/ Charmayne 7:30 Charmayne	5:00 Dillon 8:00 Josh R.	6:00 Dillon	6:00 Amanda/Britt	10:00 Josh J./ Amanda
Series	7:00 Josh R./ Amanda	6:00 Josh R.	4:00 Dillon	5:00Amanda	10:00 Dillon
Just Tucks	6:30 Ryein	8:00 Dillon	7:00 Josh R.	7:00 Kyle	11:00 Dillon/ Amanda
Layin' Out	8:00 Josh R./ Amanda	7:00 Josh R.	7:30 Kyle/ Josh J.		10:00 Josh R.
Ah Twist It	6:00 Josh/Josh	6:30 Kyle		6:00 Kyle	11:00 Josh R./ Josh J.
Elite			8:00 Josh R.	8:00 Kyle	
Extreme		8:00 Jay/ Demond			
What's Your Specialty?	7:30 Dillon				
Special Needs	6:30 Ambrel				
Conditioning				8:00 Amanda	
Open Gym					12:00 Staff

30 Minute Classes *(All ages 4 years old and up, all skill levels.)*

CLASS	MON	TUES	WED	THURS
Jumps	7:00 Josh J.		6:00 Josh J.	7:30 Britt
Stretching				7:00 Britt

PREREQUISITES *(must have BEFORE enrolling in that class)*

Youth Intro & Intro – None

Flip Flopping – Strong basics. forward roll, backward roll, cartwheel & round off

Series – Standing flip flop & round off flip flop

Just Tucks – Standing series & round off series

Layin' Out – Standing series to back tuck & round off series to back tuck

Ah Twist It – Standing series to layout & round off flip flop layout

Elite – Standing two to a full & round off flip flop full

Extreme – Round off flip flop double full

TUITION – all costs are per athlete

- \$35 annual gym registration fee
 - \$65/month for Tumbling classes
 - \$40/month for 30 minute classes
 - \$40/month for CA all-star athletes (any class)
 - \$10/Open Gym
- No-risk trial, enroll anytime! Anyone new to Cheer Athletics may participate in a no-risk trial. If after your first class you are not satisfied in any way, we will immediately refund your tuition. However, we feel confident that you will enjoy it!
 - Register online at www.cheerathletics.com. Follow the link to online registration. Once your account is created, you may request a class, transfer or drop a class.
 - Athletes are enrolled in the class until you go online and drop the class. Any athlete that does not properly withdraw from a class will be responsible for any outstanding tuition. You can make changes to your class schedule anytime as long as there is availability.
 - Class tuition is drafted through auto pay withdrawal on the 1st of each month. Once an athlete enrolls in Cheer Athletics, you must enable your auto pay information on the website. We accept Visa, MasterCard and American Express.
 - Any payments received between the 2nd between the 10th of the month will incur a \$10 late fee. Payments received on the 11th of the month or after will incur a \$25 late fee.
 - Class tuition is not based on attendance; it simply reserves your spot in the class. **No make-up classes will be offered.** You are guaranteed 48 classes a year, with the months that have 5 weeks making up for any classes missed due to holidays or gym closures. CA all-star athletes in a class will not receive prorated tuition.

www.cheerathletics.com

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