

FUTURE FLYERS STUNT CLASSES

These classes are optional but highly recommended for students hoping to move up to the next level in stunting and/or for students who want to learn how to be a flyer. These classes will focus on stunting technique and skills needed for each level of cheerleading. Students will have the opportunity to work with a stunt group of experienced bases to learn the new skills. Below are the classes that we will be offering. If your child is interested in beginning this class in February, please mark the class/day/time that will work for your schedule and turn in the form at the bottom by January, 10th. We will send out an email to let you know if any of the classes didn't fill up or if we need to add more! Students who are currently not a flyer on their team but wish to take this class in order to learn how to fly will need to get permission from Courtney in order to sign up for a class. Students must be able to properly perform at least 2 of the required flexibility positions (scorp, heelstretch, overstretch) in order to be in the class (with the exception of Flurries- they do not have to be able to perform the flexibility yet). The class will be 45min. in length and will cost \$25/month for students who are currently on a competition cheer team and \$40/month for recreational students. These classes will be great preparation for tryouts in April!



LEVEL 3/4 STUNT CLASS- students currently flying on a level 2 or 3 team are eligible for this class
Offered beginning in February- Tues. 7:30-8:15pm

LEVEL 2/3 STUNT CLASS- students currently flying on a level 1 or 2 team are eligible for this class
Offered beginning in February- Tues- 6:30-7:15pm

LEVEL 1/2- students who are currently flying on a Level 1 team or who are currently not flying on a team but want to learn how to fly and have received permission from Courtney are eligible for this class
Offered beginning in February- Tues-6:30-7:15pm and/or Wednesdays 5:15-6:00pm

*QUESTIONS about classes? Please email Courtney at courtneycapoun@cheeranddanceexpress.com

FUTURE FLYERS STUNT CLASS REGISTRATION FORM

Students Name: _____ Phone #: _____

Class Registering For: _____

Class Day & Time: _____

45min. Class: \$25/month for competitive students \$40/month for rec. students

*Payment must be received by the 5th of the month and you may pay by CASH or CHECK for this class.

***We will be holding these classes in February and March.**