

COMPETITION TEAMS SCHOOL YEAR SCHEDULE- CLASSES BEGIN TUESDAY, SEPTEMBER 6TH

COMPETITION CHEER TEAMS- SCHOOL YEAR PRACTICE SCHEDULE				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SUNDAY
4:20-4:30 Twisters Flyers Flex	4:20-4:30 Lightning Flyers Flex	4:20-4:30 Twisters Flyers Flex	4:20-4:30 Lightning Flyers Flex	4:50-5:00 Frost & Cyclones Flyers Flex
4:30-6:30 Twisters	4:15-4:30 Youth Hip Hop	4:15-4:30 Jr. Hip Hop	4:15-4:30 Youth Hip Hop	4:45-5:00 Jr. Hip Hop
5:30-6:30 Flurries	4:30-6:30 Lightning	4:30-6:30 Twisters	4:30-6:30 Lightning	5:00-7:30 Frost
5:50-6:00 Blizzards Flyers Flex	4:50-5:00 Frost Flyers Flex	5:30-6:30 Flurries	4:50-5:00 Cyclones Flyers Flex	5:00-7:30 Cyclones
6:00-7:30 Blizzards	5:00-7:30 Frost	5:50-6:00 Blizzards Flyers Flex	5:00-7:30 Cyclones	6:20-6:30 Ice Flyers Flex
6:20-7:00 Fire Flyers Flex	5:45-6:45 Thunder	6:00-7:30 Blizzards	5:45-6:45 Thunder	6:30-9:00 Ice
7:00-9:00 Fire	6:20-6:30 Ice Flyers Flex	7:30-7:45 Mini Hip Hop	7:30-8:30 Sunshine	6:50-7:00 Fire Flyers Flex
7:30-7:45 Mini Hip Hop	6:30-9:00 Ice			7:00-9:00 Fire
	7:00-7:45 Sunshine Little Rays			9:00-9:15 Sr. Hip Hop
SCHOOL YEAR TUMBLING & STUNT CLASS SCHEDULE				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SUNDAY
5:00-6:00 Tumbling 1/2 Ages 6-10	6:30-7:30 Tumbling 1/2 Ages 7-12	5:00-6:00 Tumbling 2/3 Ages 6-11	4:30-5:30 Mini Tumbling Ages 5-9	5:00-6:00 Tumbling 2/3/4 Ages 8-15
6:00-7:00 Tumbling 1/2 Ages 11-18	7:30-8:30 Tumbling 3/4/5	6:30-7:30 Tumbling 2/3 Ages 9-18	6:30-7:30 Tumbling 2/3 Ages 7-12	6:00-7:00 High School Tumbling Ages 13 & Up
	8:00-9:00 High School Tumbling Ages 13 & Up	7:30-8:30 Open Gym- \$5 per class	6:30-7:30 Tumbling 3/4/5	
			7:30-8:00 Coed Stunting- Intermediate Level	
			8:00-8:30 Coed Stunting- Beginning Level	
			8:30-9:00 Coed Stunting- Advanced Level	

Cheer and Dance Express- Registration Form for Competition Team Students

Family Name: _____ **Email Address** (For ALL important info to be sent to): _____

Student's Name: _____ **Competition Cheer Team:** _____ **Hip Hop Team:** _____

Additional Class(es) Registering For: _____ **Day:** _____ **Time:** _____

_____ **Day:** _____ **Time:** _____

_____ **Day:** _____ **Time:** _____

2nd Student's Name: _____ **Competition Cheer Team:** _____ **Hip Hop Team:** _____

Additional Class(es) Registering For: _____ **Day:** _____ **Time:** _____

_____ **Day:** _____ **Time:** _____

_____ **Day:** _____ **Time:** _____

3rd Student's Name: _____ **Competition Cheer Team:** _____ **Hip Hop Team:** _____

Additional Class(es) Registering For: _____ **Day:** _____ **Time:** _____

_____ **Day:** _____ **Time:** _____

_____ **Day:** _____ **Time:** _____

*Please circle the method of payment that you are choosing to use for the entire school year.

#1- Pay through auto-withdrawal

#2- Pay by Cash

Monthly Tuition Amount: _____

*Please mail in or drop off, this registration form on or before August 5th. Your monthly tuition amount will change beginning September 5th with your new school year classes.

*ALL Competition Cheerleaders receive 20% off of their dance class tuition!

*Reminder that competition Hip Hop Team members will pay \$52 (August-December). This is \$5/month tuition and the remainder is paying towards your Hip Hop costume and competition entry fees. If you want to skip this payment method and pay the \$188 in fees you can do so by August 5th and then you will only have the \$5/month Hip Hop team tuition added to your cheer tuition for the school year.

*If you are adding/dropping a class you MUST email Renee at office@cheeranddanceexpress.com by the 15th of the month in order to change your auto-withdrawal tuition amount for the following month. If you contact Renee after the 15th you will be charged for the class you're dropping for another month.

Cheer & Dance Express: 4001 S. 8th St. Suite 104 Lincoln, NE 68502