

	Level 2
Stunts	
Difficulty	
1--2	Liberty at shoulder (prep) level and Extensions without cradle
3--4	Single leg variations at prep level and Extensions with cradle
5--6	Extended 2 leg stunt transitions and Single leg transition variations at prep level
Pyramids	
Difficulty	
1--2	Two leg extended pyramid
3--4	One leg extended pyramid (braced on both sides)
5--6	One leg extended pyramid with transitions and combinations
Tosses	
Difficulty	
1--2	Load-in position, squishy, and/or sponge toss with straight ride
3--4	Basket toss with straight ride
5--6	Basket toss with with arm sequence (ie. pretty girl)
Standing Tumbling	
Difficulty	
1--2	Cartwheel
3--4	Back handspring
5--6	Back handspring with majority of squad
Running Tumbling	
Difficulty	
1--2	Cartwheels and Rounds offs
3--4	Round off back handspring
5--6	Series of round off back handsprings
Jumps	
Difficulty	
1--2	Spread eagle, tuck, and double hook
3--4	Side hurdler (herkie) and toe touch with no transition
5--6	Front hurdlers, pike, and around the world with transitions & creativity