

# NC★ELITE

## All-Stars

# Cheerleading Camp

## Where:

The camps we hold are private camps at your school, gym, field, or which ever location of mutual agreement. The purpose of holding private camps is to allow teams to get individual instruction.

## Cost:

We offer several different prices:

- One Day private camp is \$35 per cheerleader (5 hour camp)
- Two Day private camp is \$65 per cheerleader (10 hour camp)
- Three Day private camp is \$90 per cheerleader (15 hour camp)
- The fee includes instruction of stunts, jumps, basic sideline choreography for one of your cheers
- A minimum of 25 cheerleaders are required for these low prices

! Customized Pricing Available!

## General Information

It is our belief that a great cheerleading camp is composed of great camp instructors and at our camp we are comprised of some of the best cheerleaders around! Our

program and curriculum are specifically designed to help improve cheerleaders with techniques needed to become an elite cheerleader. Our program's main focus is on stunts. We teach the very basic stunts to the most advanced stunts while focusing on **safety**.

**Times:** customize to meet your needs.

**Snacks:** There will be breaks throughout the camp. Please bring your own food to the camp. We will have a lunch break.

**Dress:** Cool and comfortable, T-shirt and comfortable tennis shoes. Uniforms may be worn the last day if desired.

**Registration:** There will be **LIMITED** space available camps this season. It is suggested that each squad, team, or league complete the registration form on the back of this brochure and send it in prior to the start of camp.

**SQUADS** attending camp need to be registered ASAP.

**Location:** The camp will be held at your school, gym, field, or which ever location of your choice. Keep in mind it is your responsibility to provide a safe surface to perform stunts.

**Release of Liability** Release of Liabilities will mailed to each team. Each cheerleader must fill out this form before the start of camp.

## The Program

**Cheers and Sidelines:** The staff will be incorporating your cheers and sideline chants with basic stunt choreography that promise to be fun and exciting. Proper motion technique and projection will be emphasized.

**Stunts:** These classes will strongly emphasize proper technique and safety procedures necessary to perform some of cheerleading's most basic to advanced partner stunts and pyramids. Stunt progression will be based on individual levels and capabilities.

**Seminars:** There will be a brief seminar given each day on topics that relate to developing into a better cheerleader.

## Example of a Daily Schedule

9:00-9:15- Warm Up  
 9:15- 11:00- Stunts/ Jumps/ Seminars  
 11:00-11:15- Break (Water)  
 11:15-12:00- Stunts/ Pyramid/ Baskets  
 12:15-1:00-Lunch  
 1:00-2:00- Cheers/ Private Coaching

- This Schedule can be customized to ensure the needs of your participants are met

## Registration

To make a reservation for NC Elite Cheer Camp, complete the information on this form and return it. **Make PAYMENT** payable to: **NC Elite All-Stars**

**Send Entry Form and Fee to:**  
 PO Box 301773  
 Escondido, CA 92030  
 760-781-1555  
 Fax 760-690-8655  
 E-mail: [Richard@northcountyelite.com](mailto:Richard@northcountyelite.com)  
 Website: [www.northcountyelite.com](http://www.northcountyelite.com)

Total # of Participants per team: \_\_\_\_\_ x \$35 ea. = \_\_\_\_\_  
 \_\_\_\_\_ x \$65 ea. = \_\_\_\_\_  
 \_\_\_\_\_ x \$90 ea. = \_\_\_\_\_

Discounts - \_\_\_\_\_

Total \_\_\_\_\_

Check # \_\_\_\_\_

Total Amount of Check \_\_\_\_\_  
 (DO NOT SEND CASH)

### \*Name of Team:

Name: \_\_\_\_\_

Advisor/Coach \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**PERSON TO RECEIVE CORRESPONDENCE:**  
 Send to  HOME  SCHOOL/GYM

Person to Receive Correspondence:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

E-mail \_\_\_\_\_

