



# ALL STAR COMPETITION RULES & POLICIES FOR PARENTS AND ATHLETES

1. EACH CSE ALL STAR ATHLETE IS REQUIRED TO ARRIVE AT ALL COMPETITION IN FULL UNIFORM. THIS INCLUDES CHEER SHOES. NO SLIPPERS, UGGS, OR OTHER CLOTHING
2. PARENTS ARE RESPONSIBLE FOR PROVIDING TRANSPORTATION TO AND FROM EACH COMPETITION VENUE, IN ADDITION TO LODGING. PLEASE PLAN CARPOOL AHEAD TO AVOID CONFLICT.
3. WHEN TRAVELING OUT-OF-TOWN, IT IS BEST TO HAVE YOUR UNIFORM WITH YOUR ALL STAR BACKPACK.
4. ALL TEAM MEMBERS MUST BE PROMPT TO COMPETITION LOCATIONS PER COMPETITION INFORMATION PACKETS.
5. UPON ARRIVING AT THE COMPETITION LOCATION, ALL ATHLETE'S MUST BE COMPETITION READY, FULLY DRESSED, UNLESS OTHERWISE INSTRUCTED BY YOUR TEAM COACH OR TEAM PARENT. NO CHANGING INTO UNIFORM, PUTTING ON MAKE-UP, ETC. AT THE VENUE.
6. TEAM MEMBER'S HAIR SHOULD BE WORN ACCORDING TO THE STANDARD BY CALIFORNIA SPIRIT. HAIR SHOULD BE PULLED TIGHT, IN A PONYTAIL OR HALF-UP HALF-DOWN. HALF-UP HALF-DOWN WILL BE ON 2 DAY EVENTS.
7. MAKE-UP SHOULD BE APPLIED ACCORDING TO STANDARD PROCEDURES BY CALIFORNIA SPIRIT.
8. JEWELRY IS NOT ALLOWED DURING WARM-UP OR COMPETITION, WHICH WOULD INCLUDE PIERCINGS. THIS IS FOR SAFETY REASONS. TEAM MEMBERS ARE RESPONSIBLE FOR PLACING THESE ITEMS IN A SAFE PLACE. IT IS NOT THE RESPONSIBILITY OF THE CSE STAFF OR TEAM PARENTS TO CARE FOR YOUR PERSONAL JEWELRY ITEMS.
9. TEAM MEMBERS ARE TO BE IN FULL UNIFORM AT THE AWARD CEREMONIES. THIS INCLUDES CHEER SHOES, ETC.
10. WHITE ANKLE SOCKS ARE TO BE WORN.
11. CSE ALL STAR ATHLETES AND PARENTS ARE A REFLECTION OF OUR COMPANY AND SHOULD CONDUCT THEMSELVES IN A MANNER THAT IS IN LINE WITH OUR BELIEFS.
  - INAPPROPRIATE BEHAVIOR, PROFANITY, AND LEWD CONDUCT IS NOT TOLERATED;
  - TOBACCO, ALCOHOL AND ILLEGAL SUBSTANCE CONSUMPTION IS NOT TOLERATED;
  - UNSPORTSMANLIKE BEHAVIOR OR DISRESPECT TO ANOTHER TEAM OR CSE TEAMMATE IS INAPPROPRIATE.
12. FULL RESPECT FOR THE CSE COACHING STAFF AND TEAM PARENTS IS EXPECTED OF EACH TEAM MEMBER AND PARENT. TEAM PARENTS ARE VOLUNTEERS AND SHOULD BE HIGHLY PRAISED FOR THEIR DEDICATION TO THE JOB. THEY WILL PROVIDE ALL INFORMATION AND UPDATES. PLEASE TREAT THEM WITH COURTESY AND CONSIDERATION FOR THEIR EFFORTS. PLEASE REFRAIN FROM RELYING ON THEM TO RELAY YOUR CONCERNS THAT CAN BE HANDLED BY THE STAFF ON A LATER DATE. THIS CAN TAKE AWAY FROM THEIR DUTIES THAT ARE CARRIED OUT BY THEM.
13. PARENTS ARE REQUIRED TO SET AN EXAMPLE TO NOT ONLY THEIR OWN ATHLETES, BUT TO ALL OF OUR TEAM MEMBERS. PLEASE MAKE SURE THAT YOUR ACTIONS DO NOT INTERFERE WITH THE RESPONSIBILITIES THAT YOU HAVE AS A REPRESENTATIVE OF CALIFORNIA SPIRIT. WE WOULD NOT WANT ANY ATHLETE TO BE REMOVED FROM THE PROGRAM BECAUSE OF THE ACTIONS OF THEIR PARENTS.
14. 11:30 PM CURFEW IS SUGGESTED SO THAT THE ATHLETE IS READY FOR THE COMPETITION. BOTH PARENTS AND ATHLETES SHOULD TAKE RESPONSIBILITY IN FOLLOWING THIS SET TIME.
15. PARENTS AND/OR ATHLETES SHOULD NOT HAVE ANY CONTACT WITH A COMPETITION OFFICIAL FOR ANY REASON. PLEASE SPEAK WITH A CSE REPRESENTATIVE IF YOU HAVE ANY QUESTIONS.

THANK YOU AND WE APPRECIATE YOUR SUPPORT,  
CHRIS YORK, CSE ALL STAR DIRECTOR