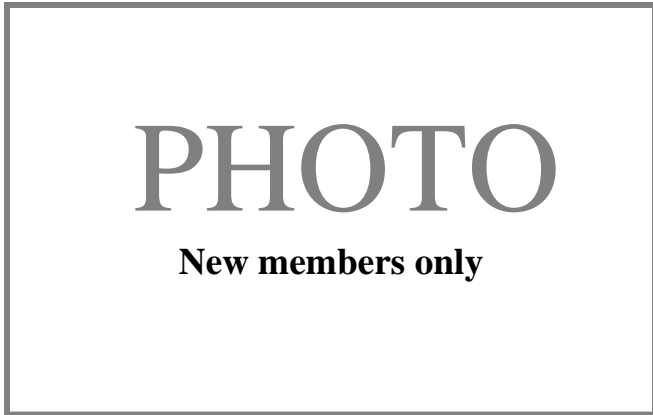




# TRYOUTS



Name \_\_\_\_\_ Grade Next Year \_\_\_\_\_  
 Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age as of Aug 31, 2010 \_\_\_\_\_

**Team Selection:** *This does not guarantee your team position. It is used as a guide to help us place you within the program.*

- Pre-Team (10 and under)
- Youth (11 and under)
- Tiny (5 and under)
- Junior (14 and under)
- Minis (8 and under)
- Senior (18 and under)

**Tumbling Requirement**

- Level 1 - no requirements.
- Level 2 - standing and running back handspring.
- Level 3 - triple toe touch back handspring and round off back handspring tuck.
- Level 4 - consecutive standing back tucks, triple toe touch to back handspring tuck, one back handspring to layout, round off back handspring-layout, whips preferred.
- Level 5 - multiple combination jumps to tuck, layout, full preferred.

Do you have all the required tumbling skills for the team and level you have selected?

yes  no

If no...Please help us understand why you feel qualified for the team you have chosen-

\_\_\_\_\_

\_\_\_\_\_

## Instructors only!!!

Instructor's Name \_\_\_\_\_

Motions: 1 2 3 4 5 \_\_\_\_\_

Dance: 1 2 3 4 5 \_\_\_\_\_

**Standing Tumbling:**

back handspring spot 1 2 3 4 5 \_\_\_\_\_

double bhs spot 1 2 3 4 5 \_\_\_\_\_

jump(s) to bhs spot 1 2 3 4 5 \_\_\_\_\_

back handspring tuck spot 1 2 3 4 5 \_\_\_\_\_

standing tuck- spot 1 2 3 4 5 \_\_\_\_\_

back handspring (s) to layout/full  
spot 1 2 3 4 5 \_\_\_\_\_

jumps to back handspring tuck  
spot 1 2 3 4 5 \_\_\_\_\_

jumps to tuck- spot 1 2 3 4 5 \_\_\_\_\_

**Running Tumbling:**

back handspring- spot 1 2 3 4 5 \_\_\_\_\_

bhs tuck- spot 1 2 3 4 5 \_\_\_\_\_

layout spot 1 2 3 4 5 \_\_\_\_\_

full- spot 1 2 3 4 5 \_\_\_\_\_

Optional pass \_\_\_\_\_

**Jumps:** 1 2 3 4 5 -

**Stunts:**

Flyer: \_\_\_\_\_

Base: \_\_\_\_\_

**Recommended Level:**    1    2    3    4    5