



Guidelines and Program Information

2009-10 Thunder All-star Program

Guidelines and Information

Table of Contents

1. Welcome Letter
2. Important Dates/Schedule of Events
3. Tuition, Summer, Absences
4. Tardiness Policy
5. Request for Absence
6. Gym Dress Code and Policies
7. Competition Operations
8. Competition Awards Ceremony
9. General Conduct
10. Friends and Family
11. Injuries
12. Strength and Conditioning
13. Trouble Shooting
14. Two Weeks - Clear Prior to Competitions
15. Out of Town Competitions
16. General Information
 - Feedback and helpful Criticism
 - Gossip
 - Miscellaneous
 - Psychological Focus and Mental Blocks
 - Calendars – Practice Schedules
18. Conduct outside of the Gym
19. Alcohol and Drug Policy
20. Drug Testing and Indemnification

21. FORMS
 - Tryout Application
 - Medical Release Form
 - Request for Absence
 - Honor Code
 - **Financial Information**
 - **Payments Coupons and Due dates**



March 30, 2009

Dear Prospective and Returning Thunder All-stars and Parents,

Thank you for considering the 2009-10 Thunder All-star Program. We have an exciting year lined up with a competitive and fun schedule. We have worked hard this year to limit our travel and all expenses to accommodate the struggling economy. I would like to personally thank you for considering Thunder All-stars. The Thunder all-stars were formed in 1999, and this coming season celebrates its 10th year in competition!

Thunder has built the foundation of its program on character development, discipline, professionalism, hard work, and dedication. At the cornerstone of Thunder All-stars, you will find that we pride our program on fair play, honesty, loyalty, and trust. We insist on sportsmanship (from parents and members) in all areas including everyday interaction with other program members, as well as at competitions and cheerleading functions. When we win, we want to arrive there by means of hard work, commitment, and discipline. The world today has become a competitive, cutthroat world. We are trying to teach our students that each of us can make a difference by refusing to adhere to these modern day acts. The age old cliché of “do unto others as you would want them to do unto you” seems to be fading. However, NOT at Thunder, we will earn the respect of our members and they will earn our coaches respect. We will support our parents and encourage that our member’s discipline is practiced first in the home and in school and then reinforced at the gym!

At Thunder, we want our gym to continue to be a fun, family environment for everyone. As a parent, if you have concerns, please bring them to us so that we can remedy them as soon as possible.

Again, thank you for considering Thunder all-stars as your child’s new home for personal and athletic development!

See you in the Gym!

Sincerely,

Matt Tremers

SCA Gym Director/Owner



Thunder All-stars

2009-10

Schedule of Events



DATE	EVENT	TIME LOCATION
Tuesday, March 31, 2009 OR Thursday, April 2, 2009 TBA	Required Meeting for all new and returning parents A parent MUST attend one of these two meetings Uniform, practice clothes, shoes – Fitting	7pm at SCA TBA
Sunday, May 10, 2009	Gym Closed - No practice - Mother's Day	CLOSED
May 24-25, 2009	SCA Closed for Memorial Day Weekend	CLOSED
Saturday, June 20, 2009	All-stars Beach Cookout (see Vicki for what to bring)	11-6pm Acworth Beach

Sunday, June 21, 2009	Gym Closed - No practices – Father's Day	CLOSED
July 4- July 9, 2009	SCA Closed for 4 th of July (every year)	CLOSED
Sunday, July 12, 2009	SCA Re-opens –all-star practice resumes	Reopens - SCA

CHOREOGRAPHY

July/August TBA 2009	Youth Level 3 Choreography Camp	9-3pm at SCA
June 29-30, 2009	Junior Level 2 Choreography Camp	9-3pm at SCA
July 20-21, 2009	Senior Level 1 Choreography Camp	9-3pm at SCA
July 23-24, 2009	Senior Level 3 Choreography Camp	9-3pm at SCA
July 28-29, 2009	Junior Level 4 Choreography Camp	9-3pm at SCA
August 7-8, 2009	Senior Level 4 Choreography Camp	Fri; 5-10pm, Sat; 9-3pm
August 14-15, 2009	Senior Level 5 Choreography Camp	Fri; 5-10pm, Sat; 9-3pm

COMPETITION SEASON

* Sunday, August 9, 2009	Regular season practice begins (Attendance is required from here on - no exceptions)	SCA
September 6-7, 2009	Labor Day Weekend (No Practice)	CLOSED
September 27, 2009 (Sunday)	Cheersport 6 Flags Cheer Scrimmage- OPTIONAL/team by team	6 Flags Over GA
Sunday, November 1, 2009	Cheersport Grand Championship	Gwinnett Arena
November 21, 2009	Jamfest – Big City Jam	Duluth, GA
November 24-28, 2009 (T-Sat)	Thanksgiving Day Holidays	CLOSED
* Sunday, November 29, 2009	Resume Mandatory Practice (Attendance is required - no exceptions)	SCA
December 4-6, 2009	Jamfest National Championship	Gatlinburg, TN
December 22-Jan 2 (Tues –Sat)	Winter holidays	

2010 BEGINS

* Sunday, January 3, 2010	Resume Mandatory Practice (Attendance is required – no exceptions)	SCA
January 11-22, 2010	Possible Extra Practices	SCA
Monday, January 18, 2010	SCA Closed for Martin Luther King Jr. Holiday	SCA Closed
January 24, 2010	The Dome – CS Grand Championship	Atlanta, GA
February 5-7, 2010	Cheersport Nationals	World Congress Center, GA
February 15, 2010	SCA Closed for President's Day	SCA Closed
February 20-21 OR 27-28, 2010	Atlanta or Macon Live Jam Brands Event	TBA Atlanta OR Macon
March 12-14, 2010	The American Open National Championship	Orlando, FL
March 2010	End of the year All-star banquet	TBA
March 2010	2010-11 All-star Tryouts	SCA
April 5 - April 9, 2010	Spring Break (Cobb County)	Be safe and Have Fun!

*** MANDATORY - Sunday practice immediately follows a break/holiday. Be sure to set your travel/vacation schedule accordingly.**

Missing one of these practices could result in members being suspended from next event.

➤ **TUITION and FEES**

The All-star tuition fee of **\$130** for instructional coaching should be paid to SCA on the **1st** of each month – we do NOT invoice, except after the 10th of each month at which time a \$10 late fee will be applied.

All-star tuition fee pays for **2 team practices per week and one scheduled tumbling class**, with more added team practices as we approach competitions. Unlimited tumbling is also included in the fee but extra tumbling classes must be called ahead for scheduling-please. Members that fall more than one month behind in tuition payment are subject to being removed from practice.

SUMMER

- Summer practices are mandatory for all members. However, members will be excused for summer vacation. All requests for absence must be submitted in writing to the team coach. Absences that are NOT given in writing will be counted as unexcused and may be grounds for suspension or removal. All absence requests for summer vacations must be submitted by June 1st. **IF YOU ARE IN TOWN, YOU ARE REQUIRED TO BE AT SUMMER PRACTICES.**

ABSENCES and TARDINESS

- **Only emergencies can excuse an absence: Call your coach personally.**

- ✓ Family emergency defined by serious illness
- ✓ Hospitalization
- ✓ Illness with a doctor's note

We will make every effort to not conflict all-star practice with school squad events. (GET US YOUR SCHOOL SQUAD SCHEDULE NOW)

- **Two (2) excused absences are allowed for the year. Un-excused absences are defined as an absence from a practice without prior written approval from the coach.** One (1) un-excused absence will constitute a parent meeting and possible suspension depending on the situation. **An un-excused absence may result in: loss of position or placement in the routine, suspension from the team, alternate status, or removal from the program at the coach's discretion.**

- **Members are REQUIRED to attend all scheduled competitions. Parents and members should carefully review the competition dates prior to committing to the Thunder program**

➤ **Request for Absence**

**** All requests for absence must be first made in writing to your head coach.** Then a carbon copy confirming this request will be returned to you for parent signature (see included request for absence form) - approved or not. PLEASE DO THIS EARLY TO AVOID ANY CONFLICTS. Last minutes requests will be very difficult to accommodate. Please allow a minimum of a one month's notice.

- **Members are required to be on time for each practice.** Tardiness is defined by arriving 10 minutes late to practice or leaving a practice early. Members that are constantly arriving late to practice may be suspended from the team, placed on alternate status, or removed from the program. Please do NOT make your team wait on you. Arrive to practice on time. (Parents please help to get members to practice on time) Coaches may elect to hold the practice over time according to how much time is lost from late arrivals. **SCA Time is 15 minutes early – practice and events.**

- We will make every effort to work with extracurricular activities that members participate in. If absences become excessive then the member may be suspended or removed from the team at the coach's discretion.

- **All personal, religious, family, academic absences MUST be submitted in writing during the summer month to avoid conflicts and hardship on the team!**

Parent's Initials _____ Cheerleader's Initials _____ Date ____ / ____ / ____

SCA GYM DRESS CODE and POLICIES

- No food or drinks are permitted in the gym area.
- **NO CELL PHONES ARE PERMITTED IN THE GYM AREA!!!!!!!!!!!!**
- Members are NOT permitted in the first gym prior to or after all-star practices.
- Unlimited tumbling is included as an SCA all-star. Members are **REQUIRED TO CALL FIRST** before coming to the gym for additional tumbling.
- Students are not permitted to use any gym equipment or trampolines with out instructor supervision.
- The use of inappropriate language, inappropriate conversation and or inappropriate behavior in the gym or on a team function will not be tolerated.
- No Blue-jean cut-offs, no biker shorts, baggy shorts or overly long or baggy T shirts are to be worn in classes or team practices. **Shorts may ONLY be rolled up ONE time to keep them at an appropriate length.**
- No sports bras worn as the primary top. However, sports bras should always be worn under t-shirts or tank tops.
- Cell phones must be left outside of the gym area. If an instructor confiscates a phone, the parent will have to come get it from the front office.
- **NO JEWELERY!** Including earrings, nose-rings, tongue-rings, eye brow or belly button rings. The wearing of jewelry could result in injury to the member or instructor.
- Practice clothes will be worn – matching to each practice. Team coaches will specify the exact combination of Top and shorts to wear on what days. Practices clothes should always be brought to competitions for any practice sessions that we may elect to have.
- SCA has provided XM radio for fun family listening. Students are not permitted to change this XM station at any time or adjust the stereo in any way.
- **Fingernails** must be kept at the GSH length. This states, that when viewing the palm of your hand, fingernails are not visible. Also, no fake fingernails are permitted in the gym for obvious safety reasons.

COMPETITION OPERATIONS

- All cheerleaders **must** abide by the following dress and conduct code when arriving and all during the day at competitions.
 1. There are entry fees for spectators at all competitions we attend. Fees range from \$10 to \$30 per person to enter.
 2. The all-star director will distribute and post on the website or email out the Thunder Competition Schedule by Wednesday prior to the competition. This schedule will have valuable information on it of when and where to meet and what time your team will be performing.
 3. At each competition, a specific room will be assigned to our program or we will designate a specific area to be called the “The Thunder Area”. If no specific room has been assigned, a staff member will be located at the meet area on the Thunder schedule to tell you where the Thunder Area is located.
 4. **All members are required to report to the Thunder Area or Thunder assigned meeting room immediately when arriving at the competition.** Each member must check in to see if there are any specific instructions, or if any meet times have changed.
 5. Coaches will be responsible for team members after the “meet time” indicated on the Thunder Schedule.
 6. A parent or chaperone is required to meet their child as they exit the competition floor. After a short meeting with their coach, the coach will instruct the team when/where to meet back or when to go to watch the next team perform. The coach will then release the team. From that point, the parent or chaperone is responsible for the team member.
 7. Members must be accompanied by a parent or chaperone while at all competitions and Thunder events. Thunder all-stars should NOT be wandering around by themselves during events.
 8. Members are NOT permitted to walk around in uniform partially dressed. Skirts must be zipped up all the way and tops must be fastened. Exception: On high turtle necks, these may remain slightly unzipped when NOT competing.
 9. When you arrive to competition, if you have a long time to wait, it is acceptable to wear uniform top and warm up pants or practice clothes top and warm up pants. NO jeans or random clothing of any kind is permitted.
 10. At no time can a skirt be worn over your pants or shorts. Pajama pants are NOT permitted to be worn under the skirt at any time.
 11. You must wear the correct socks and shoes at all times. You may **NOT** wear sandals, slip-on shoes or flip-flops of any kind.
 12. DO NOT arrive to a competition with jewelry of any kind on your body.
 13. If you are injured or have been suspended from your team for a Competition, you may wear your Thunder warm up pants, a Thunder T-shirt, cheer shoes and warm up jacket. You are still representing The Thunder All-stars and must represent our program well.

Parent's Initials _____ Cheerleader's Initials _____ Date ____/____/____

COMPETITION AWARDS CEREMONY

- All members are required to attend their awards ceremony. The full uniform **MUST** be worn completely on and zipped up with correct cheer shoes.
- Appropriate behavior will be used while waiting for awards to begin, during the ceremony, and after awards.
- No cell phones are permitted at awards ceremonies.
- Regardless of what place your team receives, all members will clap and accept their award with dignity.
- In the event that we are in the top two, if another team is announced in second place, under **NO** circumstances will any member cheer or get up before we are announced. Members will wait until Thunder all-stars are called before showing any reaction.
- **It is imperative to show good sportsmanship especially when receiving an undesirable place as well as when winning!**

GENERAL CONDUCT

The SCA all-star program strives to promote, project, and maintain an ethical and friendly atmosphere and environment. This mission requires each SCA all-star and parent to represent an appropriate image and persona in both appearance and conduct. All-star members **and all-star parents** are to conduct themselves and their affairs with dignity. All-star members and parents agree to utilize proper language and decorum at all times especially when they are in the presence of other SCA students, parents, and while present at any all-star functions, public events, games or competitions.

FRIENDS and FAMILY CONDUCT

As the SCA Thunder family we want all parents, friends and family to represent our program with kindness, dignity and understanding. Without a question, someone at a cheerleading competition will act inappropriately to you or be rude! It may be another Thunder parent (we hope not). As adults, we need to expect this and be the more mature individuals and handle the situation tactfully and calmly. If a situation is getting out of your control please contact a competition official or Staff member for assistance. Remember we want to be winners by the way we treat each other and by the way we act and react toward others.

SPORTSMANSHIP

Good sportsmanship and behavior including supporting other teams and being polite to competition officials is an imperative part of the Thunder program. We ask that Thunder all-stars make an extra effort to be friendly and polite to all other teams while representing our program. Be careful not to make fun of young or new programs. Remember that we are not perfect and at one time we were a young and new program also. These teams need our support! Teams that act rude or inappropriately to a Thunder member or parent will be treated no differently than friendly competitors. We **WILL** be the more mature and good sportsmanship gym and we **WILL** rise above insults or rude teams, parents or individuals. **DO NOT** drop the Thunder all-star's standard by lowering our gym to these type of people. We will show our greatest wins by ways of integrity in the manner in which we treat others even in tough and frustrating situations! **WE SET THE BAR FOR TREATING OTHER TEAM MEMBERS AND PARENTS IN THE RIGHT WAY. BE GENUINE AND ASK HOW THEY ARE AND WISH THEM GOOD LUCK. THIS IS THE CORE OF A THUNDER ALL-STAR. See honor Code.**

Parent's Initials _____ Cheerleader's Initials _____ Date ____/____/____

INJURIES

- Parents and members need to understand that cheerleading is a dangerous sport. With tumbling stunting and other rigors of this activity, injuries may occur.
- In the event that you are injured: Your position may be replaced. Depending on the extent of the injury every effort will be made to hold your position.
- For the well being of the team your position may have to be replaced.
- There are no refunds due to injuries.
- As a member of the team, even if you are injured, you will be required to attend all practices and competition unless it is a season ending injury and in that case special arrangements will be made.

STRENGTH and CONDITIONING

- The sport of cheerleading requires a tremendous amount of strength, flexibility, and general excellent health.
- If your coach feels that any member has dropped below this standard he/she may require them to take an additional class specifically targeted for the conditioning elements in need.

TROUBLE SHOOTING

- All-stars require an enormous amount of time, financial and personal commitment. You may feel like you “live at the gym”. For this reason, tension, and problems may arise. If you need to discuss a situation, please use the following chain of command and protocol.
 1. **Team Mom/Dad** This should be your first and most frequent source for additional information and questions.
 2. **Head coach** Set up a meeting to speak with the head coach of your team.
 3. **All-star Director** - Lennon Sullen If you feel that your problem has not been resolved by meeting with your coach,, set up a meeting with Lennon ASAP to resolve the problem
 4. **Owner** - Matt Cremers If you feel you still have not been able to remedy your situation feel free to contact owner Matt Cremers.

TWO WEEKS PRIOR TO ALL COMPETITIONS

- **Do not make any important plans 2 weeks before any competition.**

Our staff will make every effort to get all of the extra practices in an upfront, timely, and organized manner. However, with routine changes, new members, and sometimes injuries, occasionally, last minute practices will be necessary. **For this reason, be careful in scheduling anything important two weeks prior to competitions and be sure to consult with your coach before doing so!**

OUT OF TOWN COMPETITIONS

- Be sure to pack all parts of your uniform: Top-shell, skirt, socks, shoes, bloomers, hair ribbon, make up other??
- All members are required to stay at the TEAM hotel during out of town competitions.
- For out of town competitions, every member is required to have a parent or chaperone in their room. No exceptions.
- All members must have a parent or chaperone that is responsible for them at competitions.
- Each team will be assigned other teams to watch at competitions, and are encouraged to stay all day. At minimum, you are required to watch your assigned teams.
- Members that are found to be out after curfew or acting inappropriately may be sent home, suspended, or removed from the team.
- Parents, relatives, friends and cheerleaders are not permitted to speak with competition officials at any time.
- Thunder out of town competitions are meant to be fun, and for our teams to be as competitive as possible. Please do not ruin it for others by acting inappropriately before, during or after the competition.

Parent's Initials _____ Cheerleader's Initials _____ Date ____/____/____

GENERAL INFORMATION

- We welcome helpful criticism to better our program. However, PLEASE DO NOT voice an opinion right before, during, or right after a practice. Timing is everything and specific problems often require time to discuss matters in a closed door quiet environment.
- If you are watching from the parent viewing area and find something to be inappropriate or wrong, please notify our front desk office manager and she will make every effort to help you as soon as possible.
- Please make a special effort to **avoid gossip in the gym** and at all-star/gym functions. This can be a harmful problem to other members and families. We want to make every effort to keep SCA a fun and enjoyable, family atmosphere for everyone.
- **Psychological focus** is an important part to any sport. In Cheerleading and tumbling it is imperative that the athlete learn excellent mind and body control. **Mental blocks** can become overwhelming and even career ending. If an all-star gets a “mental block” he/she may be suspended from practice and or competition until the situation can be resolved.
- Events, practices, and competition will be posted on the website MASTER Thunder Calendar inside the Member’s Area. Individual team calendars will also be available. Practices may be added or taken away throughout the year.
- **Friends, family and parents are NOT permitted in the gym area at any time. Only coaches and students are permitted in the gym area. This is a severe liability issue and MUST be strictly enforced. Thank you.**

- **Member conduct outside of the gym.** We expect that Thunder all-stars act appropriately in and outside of the SCA gym. We ask that parents do not discipline all-star member’s domestic or academic behavior by not allowing them to come to practices or competitions. This can hurt the entire team and their performance. If the situation is serious, and a practice or competition is in question, a meeting can be arranged to discuss how the parent wants to proceed with punishment.

OTHER and REITERATION

1. SCA coaches reserve the right to condition students for undesirable behavior during practices, competitions, or during any all-star function.
2. The use of inappropriate language, inappropriate conversation and or inappropriate behavior in the gym or on a team function will not be tolerated.
3. **A warning will be given for not performing to the expected skill level (see your coach), after which the member may be moved to alternate status, or moved to a different team at the coaches’ discretion.**
4. All SCA and Thunder Logos remain the property of Southern Athletics, Inc. All logos must be returned at the end of the season unless the member is returning or graduating. If the member is leaving on desirable terms, SCA at their discretion may allow the logo(s) to be kept. Logo’s are defined as anything that has the lettering SCA or its logo design or Thunder All-stars or its logo design.
5. **In the event an all-star member leaves a team for any reason, they forfeit all monies invested in the program and are not entitled to any refunds or exchanges.**
6. **Members are required to stay at the team hotel.** Cancellations are not permitted.
7. Any resale of SCA uniforms/outfits must be done through SCA and with the sole permission of Matt Cremers/SCA. Uniform resale may or may NOT be possible depending on the demands of new members.
8. The required grade point average will be a 2.5. Failure to maintain the required GPA will result in a mandatory parent meeting to resolve how the grades will be brought up to the required level.
9. The head coach for the team in question or Matt Cremers reserves the right to remove a member from any SCA Thunder team at any time without notice.

ALCOHOL AND DRUG POLICY

The consumption of alcoholic beverages, smoking, the use of illegal drugs, and the abuse of any other controlled substance is strictly forbidden on all SCA/Thunder all-star functions and practices. This rule also applies to out of the gym/all-star functions. These and or related infractions in violation of state, federal, or local laws (barring misdemeanors) are grounds for immediate dismissal from the SCA gym and program. SCA has a zero tolerance for drug abuse and or use.

DRUG TESTING AND INDEMNIFICATION

SCA reserves the right to drug test any of its all-star members at any time on a random basis without notice. In the event a member is tested positive for a controlled substance, all testing and laboratory fees will become the sole responsibility of the student’s parent or legal guardian.

SCA Thunder all-stars reserve the right to remove a member from any team at any time at the coach’s and Matt Cremers’ discretion

I have read and agree to all rules and regulations and will adhere to the set guidelines, as established by the coaches and SCA Thunder All-stars.

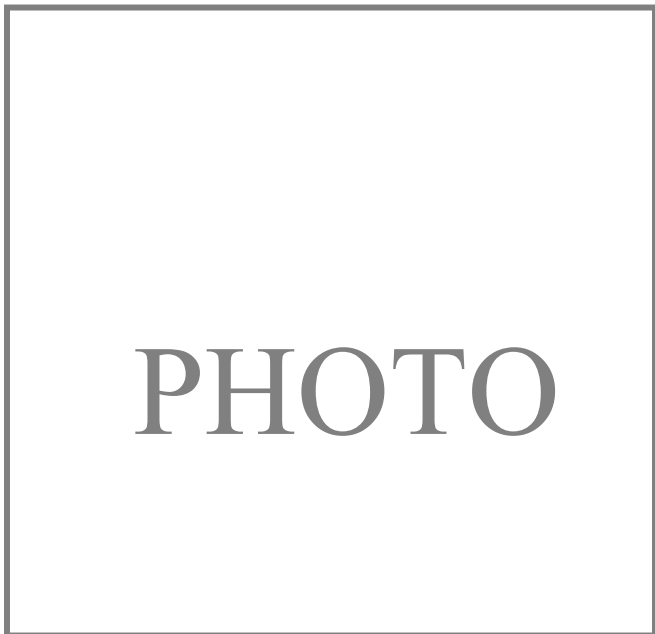
Signature of Parent _____

Date ___/___/___

Signature of Student _____
(Youth members and above)

Date ___/___/___

Tryout Application



Name _____ Grade Next year _____
Date of Birth ____/____/____ Age as of August 31, 2009 _____

Team Selection: *This does not guarantee your team position. It is used as a guide to help us place you within the program.*

TEAM SELECTION

- tiny kindergarten (5 and under) minis 1st-3rd grade (8 and under)
- youth 4th-6th grade (11 and under) junior 7th-9th grade (14 and under)
- senior 10th-12th grade (18 and under)

GENERAL Tumbling Requirement (see website for exact details)

- Level 1 - no requirements**
- Level 2 - standing and running back handspring preferred.**
- Level 3 - triple toe back handspring and round off back handspring tuck**
- Level 4 - consecutive standing back tucks, 2 back handsprings to tuck. Layout**
- Level 5 - combination jumps to tuck, layout, full preferred**

Do you have all the required tumbling skills for the team and level you have selected? yes no
If no...Please help us understand why you feel qualified for the team you have chosen-

Motions: 1 2 3 4 5

Dance: 1 2 3 4 5

Standing Tumbling:
back handspring - spot 1 2 3 4 5

double bhs- spot 1 2 3 4 5

triple toe bhs- spot 1 2 3 4 5

standing tuck- spot 1 2 3 4 5

stand bhs tuck- spot 1 2 3 4 5

jumps to tuck- spot 1 2 3 4 5

Running Tumbling:
back handspring- spot 1 2 3 4 5

bhs tuck- spot 1 2 3 4 5

layout spot 1 2 3 4 5

full- spot 1 2 3 4 5

Optional pass _____

Jumps: 1 2 3 4 5-

Stunting:-

- | | <u>Level 1</u> | <u>level 2</u> | <u>level 3</u> | <u>Level 4</u> | <u>Level 5</u> |
|---------------------------------|----------------|----------------|----------------|----------------|----------------|
| <input type="checkbox"/> Mini | | | | | |
| <input type="checkbox"/> Youth | | | | | |
| <input type="checkbox"/> Junior | | | | | |
| <input type="checkbox"/> Senior | | | | | |



Southern Athletics, Inc.



Medical Authorization /Absolute Liability Release

Student's Name _____ / _____ / _____
Last First Middle

Address _____

City _____ State _____ Zip _____

Date Of Birth ___/___/___ AGE _____

Home Phone Number (____) _____

Mother's Name _____

Mother's Mobile Phone number (____) _____

Father's Name _____

Father's Mobile Phone Number (____) _____

Emergency Contact (other than Family) _____

Emergency Contact Number (____) _____

I hereby authorize Southern Athletics, inc. d.b.a. SCA or anyone they may designate to treat my son/daughter _____ for injuries or illness they may incur while participating in activities, tumbling, cheerleading etc. at Southern Athletics, inc. d.b.a. SCA. I authorize necessary treatment and admission for any hospitalization designated by Southern Athletics, inc. d.b.a. SCA or their designate.

It is understood the parents or their agents will be called upon to give additional authorization if advanced treatments are necessary.

ABSOLUTE RELEASE OF LIABILITY

I recognize the potential for injury which can occur in gymnastics/tumbling/Cheerleading/competition/camp type activity. I hereby consent for myself and for the above named student to participate in gymnastics/tumbling/cheerleading activity on equipment used by Southern Athletics, inc. d.b.a. SCA/Thunder All-stars, and do hereby, for myself and the above named student, waive and release any and all rights and claims for damages that I or the above named student may have at any time against Southern Athletics, inc. d.b.a. SCA/Thunder All-stars, or any of its agents for any injury or damages in connection with my or my child's association with gymnastics/tumbling competition and not limited to and or any other activity associated with or sponsored by Southern Athletics, inc. d.b.a. SCA/Thunder All-stars.

_____/_____/_____
PARENT/ LEGAL GUARDIAN SIGNATURE DATE
E-Mail Address _____



Request for Absence Form

(A minimum of a two weeks notice is required for all requests)

Today's Date ___/___/___

Date Received (office ONLY) ___/___/___

Team Member's Name _____

Squad Name (i.e., small seniors) _____

Home Phone Number (____) _____ - _____

Parent(s)Name _____

Parent's Mobile/Cell Phone Number (____) _____ - _____

Date of Requested Absence ___/___/___ - ___/___/___ _____ (Please indicate day of the week)

Day(s) of week

Reason For Absence (please explain in full)

OFFICE USE ONLY

Approved Coach's Signature _____

Not Approved Coach's Signature _____

Reason for not being approved: _____

Be sure to get your signed copy!

2009-2010 SCA Thunder All-star Program - Competition and Equipment Fees

Member's Name _____ Team Division/Level _____

➤ **Team Annual Registration** **\$140.00**

Non-refundable Fee: Registration, req. insurance, and team fee secures your team position.

➤ **Uniform and Equipment Fee**

- Shell & Skirt (used may be available) \$225.00 (new)
- Infinity Cheer Shoes - 1 pair * \$65.00 (optional)
- Practice Clothes (2 tops/2 shorts/sports bra) (optional) * \$80.00
- Competition custom Hair Ribbon \$20.00
- Awards Banquet, plaque, coaches and specialty \$60.00

** These items are optional and are not included in the total.

Total Uniform, Equipment and Deposit Fees **\$445.00** (new members)
\$220.00 (returning members)

➤ **Customized Choreography and Music** **\$250.00**

Description/Explanation: Includes routine development fee, choreographer's routine fees, digital music production, coach's fees, follow ups, music and routine alterations, etc.)

➤ **Competition Entry Fees**

Cheersport Grand Championship, Gwinnett Arena - November 1, 2009 - (Sunday only)

Entry Fee	\$80.00	
Coaches Fees	\$5.00	
Total Fees		\$85.00

Jamfest, Big City Jam - Duluth, GA - November 21, 2009 (Saturday only)

Entry Fee	\$80.00	
Coaches Fees	\$5.00	
Total Fees		\$85.00

Jamfest Nationals, Gatlinburg, TN - December 4-6, 2009 (2 day event)

Entry Fees	\$140.00	
Coaches Fees	\$20.00	
Total Fees		\$160.00

Cheersport Grand Championship, Atlanta, GA – January 24, 2010 (Sunday only)

Entry Fee	\$75.00	
Coaches Fees	\$10.00	
Total Fees		\$85.00

Cheersport National Championship – Atlanta, GA February 5-7, 2010 (2 day event)

Entry Fees	\$145.00	
Coaches Fees	\$10.00	
Total Fees		\$155.00

Atlanta Live Jamfest Championship – Atlanta, GA February 20-22, OR February 27-28

Entry Fees	\$80	
Coaches Fees	\$5.00	
Total Fees		\$85.00

American Open – National Championship - Orlando, FL - March 12-14, 2010 (2 day event)

Entry Fees	\$140.00	
Coaches Fees	\$25.00	
Total Fees w/out hotel		\$165.00

- I have read all the dates and fee requirements above and agree to the travel, and financial commitments as outlined in this description.
- Members must attend ALL competitions.
- Fees are non-refundable

Parent's Signature

____/____/____
DATE

2009-10 Thunder All-stars - Financial Agreement and Payment Coupons

NAME _____ Squad _____

We do accept Vista and Master Card

➤	Choreography and Deposit Fees	ALL MEMBERS	
			\$140.00 (Team Deposit) + \$250.00 (Choreography Fee)
Amount Due:			\$390.00
			Payment is Due on or before April 15, 2009

➤	Uniform and Equipment Fees - NEW MEMBERS		
	Options		
<input type="checkbox"/>	New uniform OR	\$225.00	
<input type="checkbox"/>	Used Uniform (first come first serve)	\$150.00	
<input type="checkbox"/>	Practice Clothes	\$80.00	
<input type="checkbox"/>	Shoes	\$65.00 per	
	Sub total		\$ _____
	Not optional		
	Hair bow	\$20.00	+
	Banquet	\$60.00	
	Required items total		\$80.00
	TOTAL Uniform and Equipment		\$ _____
	½ of this Payment is Due on or before May 15 AND June 15, 2009		

➤	Uniform and Equipment Fees - RETURNING MEMBERS		
	Options		
<input type="checkbox"/>	Practice Clothes	\$80.00	
<input type="checkbox"/>	Shoes	\$65.00 per	
	Sub total		\$ _____
	Not optional		
	Hair bow	\$20.00	+
	Banquet	\$60.00	
	Required items total		\$80.00
	TOTAL Uniform and Equipment		\$ _____
	Payment is Due on or before May 15, 2009		

➤	Competition Fees PAYMENT #1	ALL MEMBERS	Amount Due: \$136.67
			Payment is Due on or before July 15, 2009

➤	Competition Fees PAYMENT #2	ALL MEMBERS	Amount Due: \$136.67
			Payment is Due on or before August 15, 2009

➤	Competition Fees PAYMENT #3	ALL MEMBERS	Amount Due: \$136.67
			Payment is Due on or before September 15, 2009

➤	Competition Fees PAYMENT #4	ALL MEMBERS	Amount Due: \$136.67
			Payment is Due on or before October 15, 2009

➤	Competition Fees PAYMENT #5	ALL MEMBERS	Amount Due: \$136.67
			Payment is Due on or before November 15, 2009

➤	Competition Fees PAYMENT #5	ALL MEMBERS	Amount Due: \$136.67
			Payment is Due on or before December 15, 2009

Please Read Carefully

All fees must be paid by the due dates listed. Each due date is considered a separate obligation and will go into collection after 30 days. All debts that are delinquent more than 60 days may be referred to credit agencies as a derogatory report.

I understand that all-star registration, travel, and uniform fees are paid in advance by SCA and are non-refundable. In the event of resignation, termination, or injury, I understand that I am still fully responsible for my child's all-star uniform, travel and entry fees (not tuition). I understand that I am responsible to pay for any changes, transfers, or cancellations that I make.

All fees MUST be paid by December 15th or the Student may NOT continue the program.

NAME of Responsible Party – please print

Responsible Party/Parent/Guardian Signature

____/____/____
Today's DATE