

Rockstar Athletics – CHEERPros State Championships
Sunday January 29th, 2012
LONG BEACH STATE UNIVERSITY – PYRAMID
 (Revised 1/26/12)

COMPETITION LOCATION:

Long Beach State University Pyramid 1250 North Bellflower Long Beach, California 90840

For further directions: www.cheerpros.com

NOTICE:

Please make sure to use clean, white cheer shoes for this event. All shoes, backpacks and our new Warm Ups should be in early February. We apologize for this delay, with several added members to our teams we had to revise the full gym order to ensure that everyone got their necessary items.

Reminder that all accounts must be fully up to date by **Tuesday January 31st, 2012**. Members unpaid with past due balances will not be allowed to practice or compete until account is paid up to date.

Also listed are member donations for Members Snack Bags. We have all gym members donate items so that we can provide snacks for our teams for the long day event. Please make sure to turn in your item by Saturday January 28th, 2012.

MEETING/WARM UP/PERFORMANCE/AWARD TIMES:

It's going to be an amazing event for ROCKSTAR with all 6 of our teams performing!!! It will be the debut of our Level 6 teams. Everyone please eat a good breakfast in the morning and bring water and snacks so you have something to eat and drink throughout the day. All teams will meet at the front steps of the Pyramid near the main entrance. Please look for ROCKSTAR Staff. Teams should be at the Pyramid main entrance at the times listed below. Please allow enough time to park and walk to the venue BEFORE your meeting time. Please don't be late. Thank you!

<i>Sunday</i>	Donation Item	Meet Time	Warm Up	Performance	Awards
Mini Lv. 1	Granola Bars	8:30am	9:45am	10:45am	12:30pm
Jr. Coed Lv. 3	Juices	10:00am	11:10am	12:10pm	12:30pm
Lrg. Sr. Lv. 2	Bags of Chips	11:30am	12:55pm	1:55pm	5:30pm
Sr. Coed Lv. 3	Gatorade	11:30am	3:10pm	4:10pm	5:30pm
Coed Lv. 6	Bottled Water	12:00pm	4:00pm	5:00pm	5:30pm
All Girl Lv. 6	Bags of Cookies	12:00pm	4:06pm	5:06pm	5:30pm

ALL team members must be present to watch all the other ROCKSTAR teams perform, including our Level 6 teams. We want to encourage each other and make our presence known! All ROCKSTAR team members must stay in full uniform during the awards ceremony for their team. Each athlete will be dismissed by their coach. Athletes are not permitted to leave until that point.

ROCKSTAR HAIR & MAKEUP, DRESS CODE:

All ROCKSTAR team members should arrive to competition in full uniform (top, skirt, cheer shoes and White no-show socks) with hair done. Team members may wear their warm-ups over their uniform if it is cold.

MEMBERS: PLEASE ONLY WEAR ROCKSTAR CLOTHING. YOU ARE ONLY TO ARRIVE IN UNIFORM. MEMBERS WHO HAVE WARM UPS MAY USE THEIRS. LEVEL 6 MEMBERS MUST ARRIVE IN SPECIFIED TEAM GEAR.

NO SUNGLASSES, UGG BOOTS, SLIPPERS OR SANDALS can be worn while in uniform. You must maintain a clean and professional look at all times! Please make sure that all athletes arrive to competition with hair done, and ready to go. Make up must be applied prior to arriving to the competition. Do not wear gear from other teams, schools, or any other colors than Red, Black and White.

Girls Hair Style:

High Pony w/ Loose Curls

Slick all hair back, No bangs. The bow should face forward (tails coming to front of head not back). ABSOLUTELY NO JEWELRY AND NO NAIL POLISH!!!! All nail polish must be removed. Body jewelry will be not allowed and MUST be removed. Any jewelry worn on the competition floor will result in a deduction for the team.

(WEBSITE WILL HAVE ADDITIONAL INFORMATION FOR HAIR & MAKE UP).

GENERAL INFORMATION:

1. Doors to the event will open at 9am; arrive on time to get a good seat!
2. **Admission \$15.00, Children 2 and under are Free**
3. Parking: \$5.00!!!
4. Only coaches and athletes are allowed in the warm-up area.
5. Family & Friends; Please try to sit together to cheer on ROCKSTAR!!!
6. Respect other gyms, teams and spectators. Wish EVERYONE good luck. Please do not stand in the aisles or walkways when other teams are performing.
7. No speaking to Competition officials or judges at any time. If you have a question about the judging or the competition, please contact Louie. Competition officials and Judges' decisions are final.
8. Any jewelry worn by an athlete during the performance will automatically result in a deduction from the team score for a safety violation.
9. Rockstar Athletics is not responsible for any lost or stolen items.
10. **If you need reach staff at any time the day of the event, please call or text Louie at (626) 224-7965.**