

# School Year 2010-11 Schedule



DAY	TIME	CLASS	DESCRIPTION
Monday	5:00-5:45pm	Rockets I	All Star Competitive Cheerleading
Monday	5:15-6:30pm	Rockets II	All Star Competitive Cheerleading
Monday	6:00-8:00pm	Rockets III	All Star Competitive Cheerleading
Tuesday	4:45-8:00pm	Hess' Oriental Martial Arts	Martial arts for all ages
Tuesday	4:30-6:00pm	PreTeam	Competitive gymnastics Invitation only
Tuesday	4:30-7:30pm	USAG Level 4-10 Gymnastics Team	Competitive gymnastics Invitation only
Tuesday	7:30-8:25pm	Intermediate Tumbling	Grades 5-12, round offs, handspring, RO Backhandsprings etc...
Wednesday	4:30-7:30pm	USAG Level 4-10 Gymnastics Team	Competitive gymnastics Invitation only
Wednesday	7:30-8:25pm	Advanced Tumbling	Back Tucks, layouts & twisting
Thursday	4:45-8:00pm	Hess' Oriental Martial Arts	Martial arts for all ages
Thursday	4:30-5:15pm	Advanced Gymnastics	Adv gymnastics skills invitation only
Thursday	5:20-6:05pm	Gym Kids	Ages 4-6 Gymnastics all events, rolls, handstands, cartwheels etc...
Thursday	6:15-7:00pm	Beginner Tumbling & Gymnastics	Grades 1-4, cartwheels, round offs, handsprings
Thursday	7:05-8:00pm	Intermediate Tumbling	Grades 5-12, round offs, handspring, RO Backhandsprings etc...
Friday	4:30-6:00pm	PreTeam	Competitive gymnastics Invitation only
Friday	4:30-7:30pm	USAG Level 4-10 Gymnastics Team	Competitive gymnastics Invitation only
Saturday	9:30-11:00am	Wrestling (all ages)	All ages beg- int techniques & open time
Saturday	10:00-10:30am	Tumble Buddies	Gymnastics for ages 2-3
Saturday	10:40-11:25 am	Gym Kids	Ages 4-6 Gymnastics all events, rolls, handstands, cartwheels etc...
Saturday	11:30am-12:15 pm	Beginner Tumbling & Gymnastics	Grades 1-4, cartwheels, round offs, handsprings
Saturday	11:00am-1:00pm	Hess' Oriental Martial Arts	Martial arts for all ages
Sunday	5:30-7:30pm	Rockets III	All Star Competitive Cheerleading



# School Year 2010-11 Prices



## Instructional Classes (9 week terms or per lesson)

Tumble Buddies	(Gymnastics)	ages 2-3	1 day \$83 /9wks
Gym Kids	(Gymnastics)	ages 4-6	1 day \$118 /9wks
Beginner Tumbling	(Handsprings & Cartwheels)	grades 1-4	1 day \$118 /9wks
Advanced Gymnastics	(Gym -Work all 4 events)	invitation only	1 day \$118 /9wks
Intermediate Tumbling	(Round offs & Handsprings)	grades 5-12	1 day \$118 /9wks
Advanced Tumbling	(Twist & more)	invitation only	1 day \$118 /9wks
Wrestling (all ages)	(Wrestling)	All Ages	1 month \$24

\*\*\*Families may request to pay ½ at the beginning of the term and the other ½ on the 4<sup>th</sup> week of the term.

## Competitive Programs (monthly)

PreTeam Gymnastics	call for prices
USAG Gymnastics Team	call for prices
Rockets I All Star Cheerleading	call for prices
Rockets II All Star Cheerleading	call for prices
Rockets III All Star Cheerleading	call for prices

## Private Lessons, Gym Rentals & Tumbling for School Cheer Squads (monthly/ per lesson)

1 Student	\$38/lesson or \$114/month
2 Students	\$22/lesson or \$66/month each
3 Students	\$17/lesson or \$51/month each
4 Students	\$15/lesson or \$45/month each

Gym Rentals	\$3/athlete Minimum of \$24/hr
Tumbling For School Cheer Squads	\$6/athlete (minimum 4 students, 4-5 students 30min lesson, 6 or more students 55min lesson)

## Calendar & Important dates:

Sept 7	Start of Fall schedule - Start of Term 1
Nov 7	End of Term 1
Nov 8	Start of Term 2
Nov 24 – 28	Thanksgiving Break
Dec 20 – Jan 2	Holiday Break
Jan 23	End of Term 2
Jan 24	Start of Term 3
Mar 27	End of Term 3
Mar 28	Start of Term 4
Apr 18-24	Spring Break
June 5	End of Term 4 and end of School Year Schedule
June 6	Possible start of Summer Schedule

## Important Information

- There are no refunds or gym credit given for lessons missed. Your fee will remain the same regardless of your attendance. 2 makeups per term are permitted. Make up must be scheduled at the desk. There are no make ups for competitive programs or private lessons.
- Students will receive gym credit or a makeup if your lesson is canceled due to weather or by your instructor.
- A \$35.00 fee is charged to all families enrolled in any of APA's programs. This fee is due yearly every September and is prorated for new students who start at other times of the year.
- If you have 2 or more children enrolled at APG you get a \$10 discount. All discounts are taken off the total due for the family not per child.
- Sign up for multiple classes and receive \$20 off your 2<sup>nd</sup> class & \$25 off additional classes.
- Canceled classes due to bad weather will be posted on our web site at [americanprideathletics.com](http://americanprideathletics.com)

